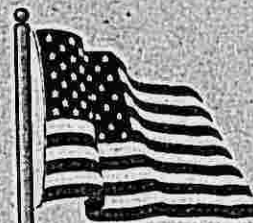


ANTIOCH JOURNAL

LAKELIFE

"Lulu" to be
performed in
Lake County
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LOCAL NEWS

Judge denies gag
order in Burger King
homicide trial.

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COMMUNITY NEWS

Trap Attack ice
fishing tournament to
come to Antioch.

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LAKE COUNTY

The second
installment in a three-
part series examining
gangs in Lake County.

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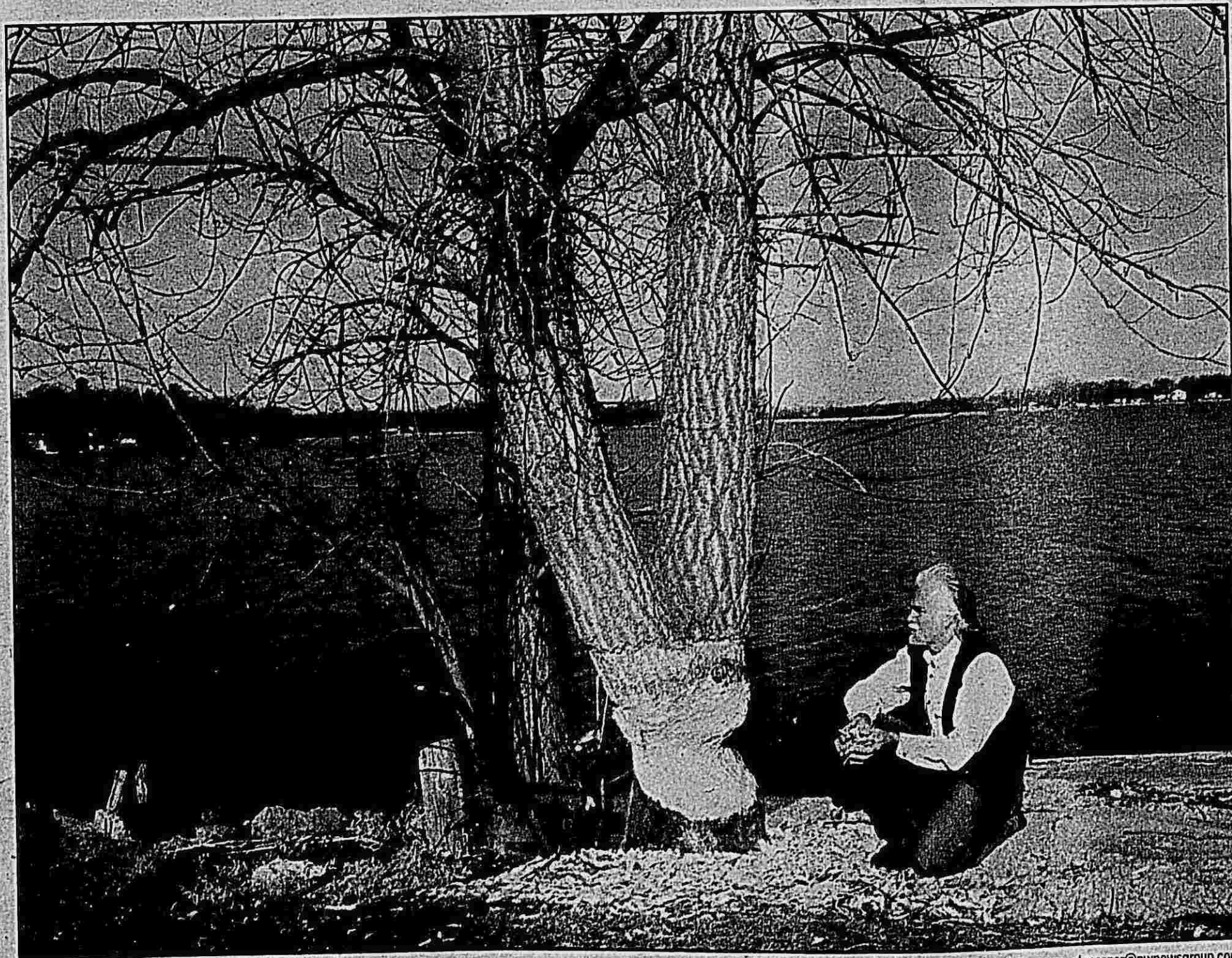
SPORTS

Second season: A
preview of Sunday's
Bears-Seahawks
playoff game.

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Nibblin' beavers

Area trees being chewed, killed by beavers / Page A5



Artist Dennis Downes, a resident of Antioch, shows where a beaver has chewed its way around a tree on the former Mentones property, located on Channel Lake in Antioch. Several trees in the area, including those in Downes' yard on the lake, have been chewed and killed by beavers.

Sandy Bressner - sbressner@nwnewsgroup.com



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OF GREATER CHICAGO

Volume 121
No. 2



Round Lake Area Park District



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LAKE COUNTY

Gag order denied, Ealy case heads to trial

Court date set for April in death of Lindenhurst Burger King manager

By TARA CLIFTON
tclifton@nwnewsgroup.com

WAUKEGAN — James Ealy pleaded not guilty to seven counts of a first degree homicide charge before Circuit Judge Fred L. Foreman on Jan. 4.

Foreman set Ealy's next court date for 9 a.m. on Monday, April 2, to allow his lawyers time to gather evidence for his defense.

Ealy, 42, 102 N. Milwaukee Ave. in Lake Villa, is being held in the Lake County Jail without bond in connection with the death of Mary Hutchison.

Hutchison, 45, of Trevor, Wis., was found dead on Nov. 27 at the Lindenhurst Burger King that she managed.

The restaurant is located at Munn Road and Route 132.

Police said that she had been strangled and stabbed.

Foreman also shot down the defense team's motion for a gag order on Jan. 4.

Keith C. Grant, felony supervisor for the Lake County Public Defender's Office who is leading Ealy's defense, said that extensive media coverage of the case

“It seems the majority of the press has passed on this and there is no need for a gag order.”

Jeffrey Pavletic

Lead felony prosecutor in the Lake County State's Attorney's Office

could hurt Ealy.

But Jeffrey Pavletic, chief deputy of the Criminal Division who is leading the prosecution, said that news coverage has dropped.

“It seems that the majority of the press has passed on this,” Pavletic said, “and there is no need for a gag order.”

Foreman agreed with prosecutors, but still urged lawyers to limit their interaction with the news media.

Sanctions may be issued later on if too much publicity hurts the trial proceedings.

“I caution everybody to appreciate

what their responsibilities are,” Foreman said.

Daniel B. Shanes, chief of the felony review division for the state's attorney's office, said that if convicted of all seven counts, Ealy could be sentenced to 100 years in prison or face the death penalty.

Three of the counts are for a “brutal and heinous” murder, Shanes said.

Four of the counts are for the fact that a murder was committed during a robbery.

Cook and Lake county court records have shown that Ealy has a violent criminal past.

In 1982 a jury convicted Ealy of killing a woman and four children in Chicago on Aug. 16 of that year, Pavletic said.

The victims were Christine Parker, 33, and her children Mary Ann, 15, Cora, 13, and Jontae, 3.

All four were strangled, but Pavletic said that Jontae was raped before he was murdered.

However, in 1986 an appellate court overturned Ealy's conviction, saying that police did not have probable cause to hold him.

Timeline

Monday, Nov. 27: Mary Hutchison, 45, of Trevor, Wis., is found dead around 5:15 a.m. at the Burger King she managed on Munn Road and Route 132 in Lindenhurst.

Friday, Dec. 1: The Lake County Major Crimes Task Force and the Lindenhurst Police Department arrest James Ealy, 42, of 102 N. Milwaukee Ave., Lake Villa, in connection with Hutchison's death.

Wednesday, Dec. 13: Judge Valerie Boettel-Ceckowski assigns Ealy a public defender, who files a motion for a gag order.

Wednesday, Dec. 27: A grand jury indicts Ealy on seven counts of a first degree homicide charge. If convicted of all counts, Ealy could serve life in prison or be sentenced to death.

Thursday, Jan. 4: Ealy pleads not guilty to all seven counts of the first degree homicide charge.

Monday, April 2: Next court date.



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● **Editor's Choice** by Larry Lough

News first at LakeCountyJournals.com

Your Journal this week contains some
stories you might already have read.

We published them early.
Not in print, but on
LakeCountyJournals.com.

Emily Previti's report about Tank
Johnson's plea of not guilty is an exam-
ple. That story was posted on our Web site
soon after the court appearance of that
troubled member of the Chicago Bears, a
resident of Gurnee.

Same with the resignation Monday

night of an Avon Township trustee, as re-
ported by Helen Mansfield.

We no longer wait for the weekly print
edition to bring you such developments.
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LakeCountyJournals.com.

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check our online edition regularly.

You never know what you might find.

If you look among the multimedia of-
ferings, you will find a collection of the
best work of 2007 by our corps of award-

winning photographers: Sandy
Bressner, Chris Padgett and Annie
Christie.

Newspapers are not dying, as some
people have suggested. They're changing.
Improving with technology. Finding bet-
ter ways to serve their customers.

As always, we are interested in your re-
actions. Send them to llough@nwnews-
group.com.

And thanks for reading the Journal -
on paper or online.

● **This Week's Highlights**



**FOREST PRESERVE
CONSIDERS BUYING FOUR
WINDS GOLF COURSE**
PAGE A11

**ADVOCATE HEALTH CARE
PROPOSES HOSPITAL IN
ROUND LAKE**
PAGE A12

**LOCAL SOLDIER VISITS
SUPPORTERS WHILE
HOME ON LEAVE**
PAGE A16



Sandy Bressner - sbressner@nwnewsgroup.com

● **Plus**
**CELEBRATE THE LIFE OF
MARTIN LUTHER KING JR.**

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WEDDINGS 2007
INSIDE

**NORTHWEST
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them better places to live"

COMMUNITY

Quote of the Week

"They took 200 years to grow and one to two nights to kill. You don't get trees like that back."

—Dennis Downes, Antioch resident, on beavers gnawing on trees in his neighborhood along Channel Lake (see story below)

Page A5

LakeCountyJournals.com

Friday, January 12, 2007

AN



Artist Dennis Downes, a resident of Antioch, measures a tree on his neighbor's property to estimate its age. A beaver has allegedly chewed its way around the more than 100-year-old tree.

Sandy Bressner - sbressner@nwnewsgroup.com

Leave it to beavers

Resident cites problems with area rodents

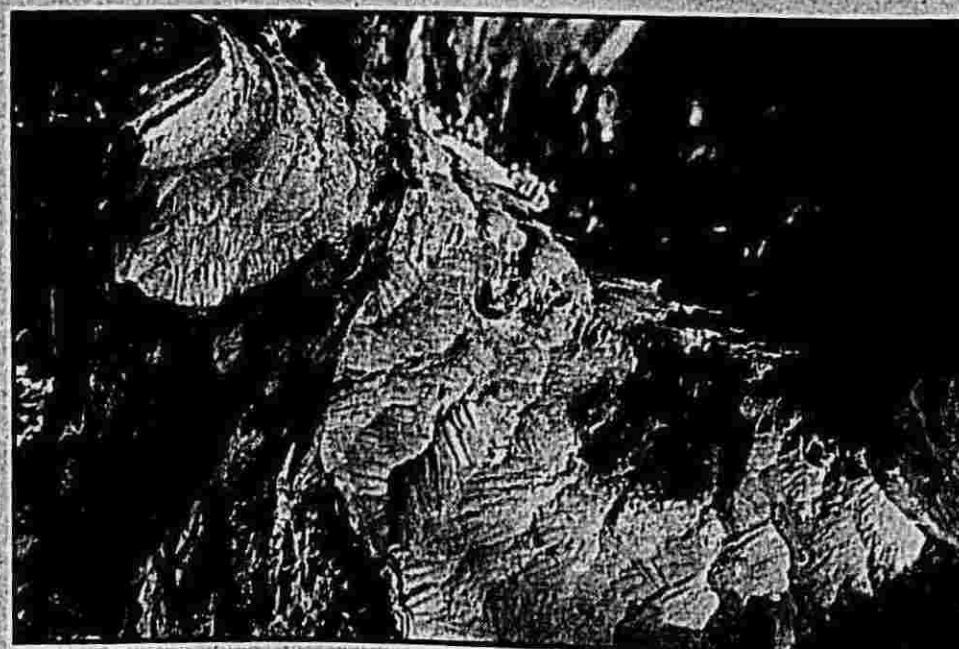
By TARA CLIFTON

tclifton@nwnewsgroup.com

ANTIOCH — Dennis Downes, who is known for his love of nature, has a problem with some of its residents.

Beavers are killing off mature trees in his neighborhood, he said, and authorities don't seem willing to help.

Many trees along Channel Lake and Lake Catherine display tan, deep rings around the bases where beavers have gnawed the wood down, readying the tree to fall so it can be used to build dams.



Sandy Bressner - sbressner@nwnewsgroup.com

A now-dead tree on Channel Lake in Antioch is scarred by bite marks from a beaver. At least 15 mature trees have died because of beaver bite marks.

Once the chewed ring has been formed, the tree dies.

However, the beavers also are going for the old trees, which are too big to fall down and end up as standing corpses.

"They took 200 years to grow and one to two nights to kill," Downes said. "You don't get trees like that back."

At least 15 mature trees in his neighborhood have died because of beavers, Downes

said. That number is probably higher when counting entire lake shores.

Downes is a locally-known artist who has had his nature-themed artwork displayed throughout the Chicago area.

His home on Channel Lake is rustic and woody, and he takes great care to protect the wildlife around him.

So he doesn't blame the beavers for doing what comes naturally to them, he said.

However, he blames environmental authorities for not keeping the beaver population in check and leaving residents to take care of the problems the animals cause.

Jennifer Filipiak, a wildlife biologist for the Lake County Forest Preserves, said people call with beaver complaints constantly.

See BEAVERS, page A6

Our Town

Joyful celebration

St. Peter Church in Antioch is calling out to all middle school students.

The church will host a kick-off celebration for its new Middle School Youth Group from 7 to 9 p.m. on Friday, Jan. 19, in the church gym.

All sixth, seventh and eighth grade students are welcome to

attend the event where they can enjoy live music by local band Third Stall and also from St. Peter's Youth DJs. Raffle prizes, soda and snacks also will be on hand.



Tara Clifton

Admission is \$3 a teenager. If you're interested, contact Jackie Zogran at (847) 395-0246 or e-mail her at jzogran@stpeterantioch.org.

Meredith Schnelle will be the featured artist for January at the Antioch Fine Arts Foundation. A special reception in Meredith's honor will take place from 1 to 4 p.m. on Saturday, Jan. 13, at the gallery, 983 Main St.

Meredith is known for her photography that captures nature, including birds, landscapes, insects and flowers.

Call the Antioch Fine Arts Foundation at (847) 838-2274 for more information.

Congratulations to Kathy Gance and Madeline Lipka, both of Antioch. They were recently promoted at their respective jobs.

Kathy is now assistant vice president of Meeker-Magner Company, an insurance company based in Des Plaines.

Madeline has been bumped up to Chief Executive Officer of Community Trust Credit Union, based in Gurnee.

If you have interesting information or anecdotes to submit for "Our Town," e-mail Tara Clifton at tclifton@nwnewsgroup.com

LINDENHURST

Park district asking for residents' input

Lindenhurst looks into possible aquatic center

By TARA CLIFTON
tclifton@nwnewsgroup.com

LINDENHURST – The Lindenhurst Park District is studying the possibility of building an aquatic center, and officials want public input.

A special meeting is open to residents and representatives from Lake Villa, Lake Villa Township and other towns that will take place at 6:30 p.m. on Wednesday, Jan. 17, in meeting room A at the Lake Villa District Library. The library is located at the intersection of Route 132 and Deep Lake Road.

Sente Rubel Bosman Lee Architects have been conducting an aquatic center

feasibility study, and the meeting is part of the process, said Tom Lippert, executive director of the Lindenhurst Park District.

The architects will display several conceptual drawings for the aquatic and recreational facility, funding options will be discussed, and residents will get to voice what options they like best, Lippert said.

"That's why we're doing this study," Lippert said. "We're not going to assume anything."

The Antioch Parks and Recreation Department also has been looking into building its own aquatic and recreational center.

Lippert said he contacted Antioch Mayor Dorothy Larson about partnering with the village to build a pool, but Larson said that Antioch already has its own plans.

“

This is what the people have been asking for.

Tom Lippert

Executive director of the Lindenhurst Park District

”

"They're going on their own right now," Lippert said.

Laurie Stahl, director of Antioch's parks department, said neither she nor the Antioch Park Board was contacted about teaming up with Lindenhurst to build an aquatic center.

And that option sounds very appealing, Stahl said.

"It might be a good idea if we looked into the possibility of doing an indoor pool for the schools to share," Stahl said.

However, Antioch already owns property at 22821 West North Avenue, and Stahl said that officials would probably still build a recreational center and an outdoor pool on the site.

"We're open to discussing the possibilities," Stahl said.

As for Lindenhurst's aquatic center, it is the third phase in the park district's master plan, Lippert said.

Phases I and II included building a new headquarters for the park district and adding on a gym, senior rooms, a multi-purpose room and more.

Phase III is the possible aquatic center, Lippert said.

"This is what the people have been asking for," he said.

ANTIOCH

Thrill of the hunt

Antioch, Channel Lake to host ice fishing qualifying round

By TARA CLIFTON
tclifton@nwnewsgroup.com

ANTIOCH – Fishing pros will once again converge upon Antioch for a wintry competition.

The North American Ice Fishing Championship will have qualifying rounds called Trap Attacks, and Channel Lake will be the site for one of these tournaments from Saturday, Jan. 27, to Sunday, Jan. 29.

The Thirsty Turtle Beach Bar and Grill, 42273 N. Woodbine Ave., will be the launch site for 150-two-person fishing teams, said a spokesperson with the Department

Community Services.

The prey: bluegills.

The grand prize winners will receive \$25,000 in cash and prizes and qualify for the championship.

Kids who are interested in ice fishing also can get in on the fun with a "Kids' Clinic" which will take place from 9 a.m. to noon at the Thirsty Turtle.

They will have a classroom session to learn about fish, ice safety, and fishing tools, then get out on Channel Lake to try out what they learned.

For a full schedule of events, call the Department of Community Services at (847) 395-6342.

Antioch police charge couple in area Dunkin' Donuts theft

ANTIOCH – Just two days after Christmas, police arrested a couple for stealing \$18,000 from a Dunkin' Donuts during a two-week period.

Michael L. Mullins, 32, and Kathleen M. Mullins, 36, both of the 23000 block of Route 173 in Antioch, were arrested on charges of felony theft and obstructing justice.

At 2:45 p.m. on Dec. 27, the general manager of the

Dunkin' Donuts, located at 475 E. Route 173, called police after discovering that the money had been taken from the store's business bank deposits during two weeks in December.

Police approached Kathleen at her home asking for Michael, and she told them she hadn't seen him in several days when Michael was actually hiding in the house.

Michael was held in the

Lake County Jail on a \$50,000 bond. He will appear in court at 1:30 p.m. on Tuesday, Jan. 16, in Waukegan.

Kathleen was arrested and released on bond. Her court date is set at 9 a.m. on Wednesday, Jan. 24, in Waukegan.

Michael could serve 3 to 7 years in prison, while Kathleen could be punished with a year in prison.

Residents look to stop beaver's tree damage

• BEAVERS

Continued from A5

She said that if the animals cause property damage or are a constant nuisance for residents, the county will hire professional trappers to break down dams and trap and kill the beavers.

But if the beavers aren't causing any major problems, "we let them take whatever trees they want," Filipiak said.

A large beaver population isn't really the culprit, Filipiak said. Rather, it's the intrusion of suburban life upon natural habitats.

"We're talking about [inconveniences] to people, so it's people that are saying it's too much," Filipiak said. "But in terms of the natural system, it's not overwhelming."

The best thing to do, Filipiak said, is to wrap wire mesh around tree bases or hire a professional trapper.

But Downes said he doesn't feel that residents should be left to clean up the beavers' messes. "I just don't see that it's the job of the homeowners," he said. "It's kind of odd that no one wants to take responsibility."

Downes said he was even more shocked when he contacted the Illinois Department of Natural Resources.

He said he talked to a man who told Downes that many IDNR officials are aware of the beaver problems in northern Lake County. The man asked Downes whether he wanted a permit to trap and kill the beavers. Downes said yes and one was sent in the mail shortly after.

But Filipiak said that those who want such permits must go through an application process.

The IDNR's Division of Wildlife Resources could not be reached for comment.

Downes said he hasn't gone beaver hunting. He'll just keep using wire mesh in his own yard and hope for the best.

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ANTIOCH

Warrant

Brandie M. Deran, 20, 200 block of Main Street, Antioch, wanted on an in-state warrant, Dec. 27.

Intoxicated pedestrian

Michael Wakatani, 41, 1000 block of Main Street, Antioch, public intoxication, soliciting rides on a roadway, Dec. 27.

Theft

Emily R. Daus, 18, 49 Hennings Court, Antioch, theft, Dec. 22.

Suspended license

Steven C. Seibel, 25, 1800 block of Joppa Avenue, Zion, driving with a suspended driver's license, speeding, Dec. 24.

Disorderly conduct

Aaron M. Starnes, 25, 36000 block of Route 83, Antioch, disorderly conduct, aggravated

assault, Dec. 20.

Possession

Preston E. Davis, 19, 23000 block of Margate Terrace, Antioch, possession of marijuana, possession of drug equipment, driving without tail lights, Dec. 22.

Anthony M. Olsen, 23, 77000 block of Ravina Drive, Spring Grove, possession of marijuana, speeding, Dec. 27.

LAKE VILLA

Speeding

Maria H. McCall, 41, 10713 Red Hawk, Spring Grove, speeding, driving without insurance, Jan. 4.

Expired driver's license

Scott M. Bierman, 31, 4713 Williams St., Johnsburg, driving with an expired driver's license, speeding, Jan. 1.

DUI

Christopher M. Heersche, 41, 37135 N. Hampshire Lane, Lake Villa, driving under the influence,

improper lane use, driving without insurance, Dec. 30.

Suspended license

Mark T. Haley, 47, 24105 W. Beach Grove Road, Antioch, driving with a suspended driver's license, possession of marijuana, Dec. 25.

LINDENHURST

Suspended license

Michael C. Shanholtz, 36, 705 Waters Edge, Lake Villa, driving with a suspended driver's license, driving without proof of insurance, Jan. 2.

Susan C. Vonbruenchenhein, 37, 24837 West Fox Trail, Lake Villa, driving with a suspended driver's license, driving with expired registration, Jan. 3.

Derrick E. Dawson, 19, 24592 W. Orchard Place, Round Lake Heights, driving with a suspended driver's license, driving without proof of insurance, Jan. 3.

Jesus Sanchez, 18, 1503 Pine Grove, Round Lake Beach, driving

with a suspended driver's license, driving with suspended registration, driving without proof of insurance, Dec. 29.

Su Young Lee, 55, 4864 Carol, Skokie, driving with a suspended driver's license, driving with improper lighting, Jan. 5.

Jeanette D. Evert, 28, 239 Dittmer Lane, Lindenhurst, driving with a suspended driver's license, Jan. 5.

Alan R. Bruehl, 48, 2120 Bonniebrook, Waukegan, driving with a suspended driver's license, Jan. 5.

DUI

Timothy E. Leary, 27, 33713 Lake Shore, Gages Lake, driving under the influence, speeding, improper lane use, failure to yield to an emergency vehicle, driving without proof of insurance, transportation of open liquor, Jan. 7.

Minor consumption

Ashley N. Jeziorski, 18, 2566 Mallard Drive, Lindenhurst, minor

consumption of alcohol, speeding, Jan. 6.

GRAYSLAKE

DUI

Nicholas Cross, 38, 327 Vine St., Woodstock, driving under the influence, driving with expired registration, failure to reduce speed, Jan. 3.

Sherry Ledon, 53, 728 Crossland Drive, Grayslake, driving under the influence, operating an uninsured motor vehicle, Jan. 5.

Francisco J. Lopez, 47, 5598 Chapel Hill, Gurnee, driving under the influence, driving without a valid license, driving with no insurance, driving with no rear registration light, Jan. 7.

Suspended license

Daniel Acevedo, 22, 35658 N. Lake St., Ingleside, driving with a suspended license, Dec. 27.

Tonya Poole, 42, 1720 Lincoln St., North Chicago, driving with a suspended license, Jan. 1.

Unique Octagon Home in Barrington Gets Makeover

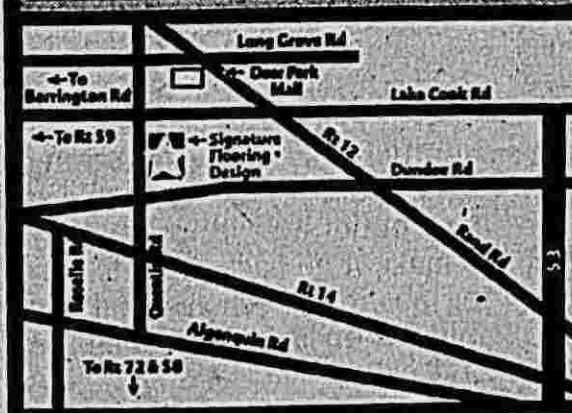
Irene Richardson and her family moved into her home in the winter of 1979. The octagon home was built and designed by Erickson & Stephens, a firm heavily influenced by Frank Lloyd Wright. After living there for over 25 years, she decided she wanted to modernize the interior and chose Signature Flooring & Design to install new five inch wide Brazilian Cherry exotic hardwood floors throughout the living room and dining room, and a rich, thick contemporary shag carpet in the bedrooms and fireplace seating area.

When asked how she decided to use Signature Flooring & Design as her flooring contractor, Irene said, "I went out and got four quotes. I saw the look I wanted at one of those big box retail stores but found out after talking with John at Signature that I was not able to have 3/4 inch thick solid wood installed in my home because my home has concrete floors and an indoor pool. John came out to my home and inspected areas I wanted to have done and verified it should be engineered wood flooring installed in my home because of the concrete and pool which would effect the humidity levels of my wood."

When asked if she had any anxiety about having her home under construction she said, "No, I had complete confidence in them because of the way I was treated before the installation. John returned all of my calls and followed through on everything he said he would do. After talking with John, I spoke with other stores and 3 out of 4 agreed that he was correct, I needed engineered wood. The one flooring store still thinks I can put 3/4 inch solid wood in my home. Could you imagine what I would've gone through with them? I am very happy with the experience, if you have any one interested in getting new floors and need a referral, just have them call me!"

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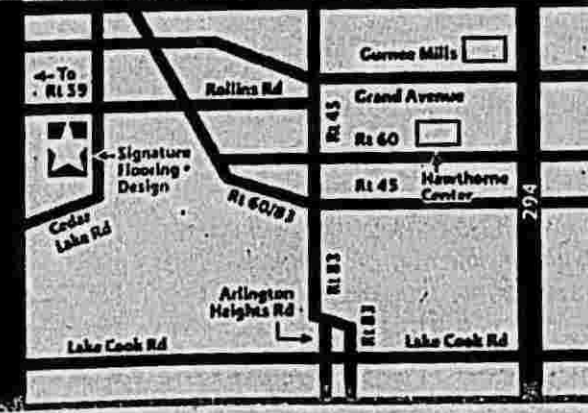


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Neighbors



Erica Fisher of Round Lake Beach

I grew up in:
Kentucky

My family:
Two kids, one husband

My pets:
A dog

Occupation:
CVS in Lindenhurst

Hobbies:
Playing with my kids

My favorite band or music right now:
R&B

Last good book I read:
"A Million Little Pieces"

Favorite restaurant:
Applebee's

Favorite meal:
Chicken fried chicken

Favorite place to shop:
The mall

If I could have one super power, it would be:
Flying

My dream job:
Something that makes good money

My dream car:
Mustang

My pet peeve is:
The house not being clean

My dream vacation would be:
Australia

If you have a "Neighbor" whom we should profile in this column, call the Lake County Journals at (847) 223-8161, or e-mail antioch@weeklyjournals.com.

Teen eyes area school board seat

By MATT PERA
mpera@nwnewsgroup.com

WAUKEGAN — Jeremy Cribb had never addressed the school board before he stepped in front of the microphone at the Lincoln Center in late September.

He had signed up to speak during the public comment portion of the Waukegan Community Unit School District 60 Board of Education meeting in order to express concerns that he thinks needed attention.

Among them were outdated textbooks, the installation of metal detectors at the high school and the feeling that members of the board had "turned their backs on" residents in District 60.

As he read his two-page speech, he sprinkled in quotes, including a statement from author Mary Pettibone Poole that read, "To repeat what others have said requires education; to challenge it requires brains."

Cribb's challenge to the school board and administration was magnified when he made his closing comments with his back to them.

"So, for the students, I turn my back on the school board, just like they have turned their back on District 60, the community and most important of all, the students," he said.

As Cribb returned to his seat, he received loud applause from a group of students.

When it was Board President Fernando Shipley's turn to speak, he defended his and his colleagues' intentions.

"This board is more kid-friendly than any board I know of," he said. "If it wasn't for the kids, I wouldn't be up here."

The school board has seen a good deal of Cribb since that speech. The 19-year-old Waukegan resident has attended nearly all of their meetings.

And, if things go his way during April's local elections, he will move from the audience to a board member's chair.



Chris Padgett - cpadgett@nwnewsgroup.com

Jeremy Cribb, 19, of Waukegan, plans to run for a position on the Waukegan School Board next year. Cribb said he is in touch with some of the school's needs after recently graduating from the school.

With some encouragement from his parents, Jeff and Jenny, along with his friend Jessica Armstrong, 17, a senior at Waukegan High School, Cribb filed as a candidate for school board member in District 60.

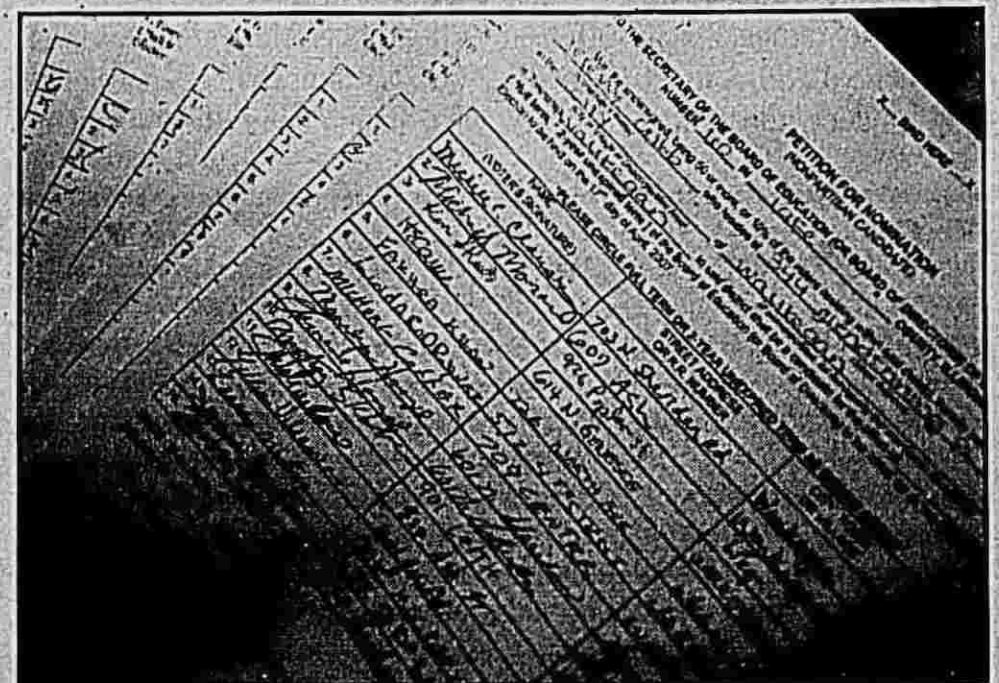
Because he graduated from Waukegan High School in January 2006 he is by far the youngest candidate in the race. He said he can offer a different perspective than anyone else.

And, since word has spread about his candidacy, he said supporters had been stopping in at his parent's Waukegan grocery store, Cribb Fine Foods Inc., to voice their solidarity.

"They're all willing to help," he said. "They think it's a good idea."

Cribb explained that his foremost goal is to be a voice for students in District 60 who he believes would not otherwise be heard.

Armstrong is promoting his candidacy by handing out fliers and talking to classmates, and



Chris Padgett - cpadgett@nwnewsgroup.com

A stack of petitions are signed by various citizens of Waukegan for the nomination of 19-year-old Jeremy Cribb to run for a position on the Waukegan School Board next year.

said kids at the high school were excited about that prospect.

"Everyone at school is screaming his name at assemblies and [saying], 'Vote for Jeremy' ... and he's not even there," she said. "Everybody's wanting to help and for everyone to come together for such a positive cause, especially [in] Waukegan, how can people disagree with that or not see how great this is going to be?"

Jenny Cribb said she was initially surprised when her son told her of his plans to run for public office, but said the fact that he has a brother who is a freshman at the high school and a sister who will enter the school

next year was a driving force.

"I'm very excited and I think it will be a great learning experience for him," she said.

Cribb, who is now a student at the College of Lake County, is still busy gathering the signatures to get his name on the ballot. Once that is completed, he said, he planned to meet with students and school officials to discuss his campaign issues.

"[I'll] just try to get the community involved in what's going on, instead of trying to block them out of everything, and try to make it go back more to caring about the schools and the students [instead of] politics," he said.

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ANTIOCH

- **Antioch Village Board regular meeting.** 7:30 p.m., third Mondays. Village Hall, 874 Main St.
- **Village of Antioch Park Board meeting.** 7 p.m., third Wednesdays. Municipal Building, 874 Main St. For more information, call (847) 395-1000.
- **Antioch Community High School Board meeting.** 7:30 p.m., third Thursdays.
- **Bingo.** 12:45 p.m., Mondays. The Senior Center. Call (847) 395-0139 for details.
- **Bingo.** 6:45 p.m., Tuesdays. Antioch VFW. Doors open at 4:30 p.m. Call (847) 395-5393 for more information.
- **Pinochle.** 12:30 p.m., Thursdays and Fridays. The Senior Center. Call (847) 395-0139 for details.
- **Lake County Community Health Partnership Immunization Clinic.** 4-6 p.m., third Wednesdays. VFW Post 4551, 75 North Ave. Call (847) 377-8470 for details.
- **Take Off Pounds Sensibly meeting.** 6:30 p.m., Wednesdays, weigh-in, 7 p.m. meeting. The Senior Center, 817 Holbek Dr. Call Dorothy Stark at (847) 395-7407 or Betty Muller at (847) 838-3907 for more information.
- **Kiwanis Club of Antioch meeting.** Noon, Tuesdays. Bacchus Restaurant. The public is welcome to join and share experience, knowledge and service project ideas. Call Melissa at (847) 489-8044 or e-mail at mjingo-ni@hotmail.com for more information.
- **The Antioch Township Republican Club meeting.** 7 p.m., third Wednesdays. Antioch Township offices. Call Brent Bluthardt at (847) 838-0212 for more information.
- **Antioch Coin Club meeting.** 7:30 p.m., third Mondays. Antioch Library, 757 Main St. Open to the public. Call JoAnne at (847) 395-4738 for more information.
- **Lake County Spinner's Guild meeting.** 10 a.m., third Thursdays. Call Chris at (847) 840-6464 for details.
- **Lakes Area Community Band rehearsal.** 7-9 p.m., Mondays. Antioch Community High School band room. Area musicians high school age and older are welcome to join. No auditions. Call Debbie Davis at (847) 395-0272 to learn more.
- **Open gym.** 7-9 p.m., Sundays. Antioch Community High School. \$2. Adults only.

CRYSTAL LAKE

- **Crystal Lake Toastmasters Club meeting.** 8-10 a.m., first and third Saturdays at Amcore Bank Building, Rt. 14 and Pingree Rd. Develop your presentation and leadership skills. For information, call Steve at (847) 526-1525 or visit <http://user.mc.net/~toast1>.

FOX LAKE

- **Lakeland Cardinals Coach and**

Football/Cheerleading Parents

meeting. 7:30 p.m., third Wednesdays at Harris Bank, 1310 Rt. 12. For more information, call Dennis Whiton at (847) 587-0070 or visit www.lakeland-cardinals.com.

GRAYSLAKE

- **Members' Exhibition.** Jan. 12-Feb. 18. Robert T. Wright Community Gallery of Art, College of Lake County, Washington St. For more information, call (847) 543-2240 or visit www.colli-nis.edu.
- **Zurko's Antique Market.** 8 a.m.-3 p.m., Sunday, Jan. 14. Lake County Fairgrounds, Rts. 120 and 45. For more information, call (715) 526-9769 or visit www.zurkopromotions.com.

GURNEE

- **Network Lake County meeting.** 8-9 a.m., Thursdays. A business networking group meeting in Gurnee. Call Boyce Buckner at (847) 838-0058 to learn more.
- **Lake County Chamber of Commerce networkers group meeting.** 7:30 a.m., first and third Fridays. In-Laws Restaurant, 720 N. Milwaukee Ave. Call (847) 249-3800 for information.
- **LeTip Networking Group meeting.** 7:01-8:31 a.m., Wednesdays. Panera Bread, 6557 Grand Ave. Local business owners promote their businesses and exchange leads. Guests are free. For more information, call Dennis Dean at (847) 231-3009.
- **Gurnee Jaycees, Gurnee/Lindenhurst chapter, meeting.** 7:30 p.m., third Wednesdays. In-Laws Restaurant, 720 N. Milwaukee Ave. Visit www.gurneejaycees.org or write to Jaycees, P.O. Box 465, Gurnee, IL 60031 for more details.
- **Daniel Wright Toastmasters Club meeting.** 7-9 p.m., first and third Tuesdays. In-Laws Restaurant, 720 Milwaukee Ave. Members meet to develop communication and leadership skills. For more information, call Sam Valenti at (847) 722-2828, or visit <http://daniel-wright.toasthost.org>.
- **Lake County Spinner's Guild meeting.** 1:30-4 p.m., second Sundays. Warren-Newport Public Library. Enjoy the art of fiber spinning and meet fellow spinners. Call Carol at (847) 234-0778 or Chris at (847) 367-2536 to learn more.
- **Singles (ages 55+) Breakfast Group meeting.** 8:30 a.m., Saturdays. In-Laws Restaurant, 720 Milwaukee Ave. Call Chuck at (847) 362-5458 for details.
- **Heather Ridge Conservation Club meeting.** 7:30 p.m., third Thursdays. Heather Ridge Community Center.
- **Gurnee Garden Club meeting.** 7 p.m., third Thursdays. Viking Park, 4374 Old Grand Ave. Guests welcome. Call

Hilde at (847) 549-0853 for details.

- **Lake County Gem and Mineral Society meeting.** 7 p.m., third Tuesdays. Warren-Newport Public Library, 224 N. O'Plaine Rd. For more information, call Rachel Schreiner at (847) 973-1808.

HIGHLAND PARK

- **Highland Park Historical Society presents "Full Tea with Bertha Palmer."** 1 p.m., Sunday, Jan. 21. Highland Park Community House, 1911 Sheridan Rd. Leslie Goddard portrays the Chicago socialite through a four-course tea. Admission is \$45. For more information, call (847) 432-7090.

INGLESIDE

- **The Shutterbugs photography club meeting.** 7-9 p.m., third Wednesdays. Volo Bog State Natural Area. Ages 16 to adult welcome. Workshops, guest speakers and competitions. Call (815) 344-1294 for information.
- **Lake County Astronomical Society meeting.** 8:30-10 p.m., third Fridays. Volo Bog State Natural Area. Meeting followed by a 9:30 p.m. viewing period. For information, call (815) 344-1294 or visit www.lcas-astronomy.org.

LAKE VILLA

- **Friends of Lake Villa District Library Used Book Sale.** Saturday, Jan. 20, 9 a.m.-4 p.m., and Sunday, Jan. 21, 1-4 p.m.; \$1 per bag on Sunday. Lake Villa District Library, 1001 E. Grand Ave. For more information, call (847) 356-7711.
- **Weigh to Win meeting.** 7-8 p.m., Tuesdays. Calvary Christian Center, Monaville Rd. Call (847) 356-6181 to learn more.
- **Lake Villa Township AARP Chapter 3978 board meeting.** 10:30 a.m., first Thursdays. Township Offices.
- **La Leche League of Central Lake County meeting.** 10 a.m., third Wednesdays. Lake Villa United Methodist Church on Sherwood. No fee or registration required to attend. La Leche League is dedicated to support for women who choose breastfeeding. Children of all ages are welcome. Call any of these group leaders: Karen (847) 918-1257, Valerie (847) 838-0581 or Chris (847) 367-2536.
- **Lake Villa Take Off Pounds Sensibly meeting.** 5:30 p.m., Wednesdays. Church of the Holy Family, 25291 W. Lehman. Call Cathy at (847) 587-7710 or Debbie at (847) 687-5531 for details.
- **Chain O'Lakes Model A Ford Club meeting.** 7:30 p.m., third Tuesdays. Lake Villa City Park, Fairfield and Grand Avenue.
- **MOMS Club of Lake Villa/Lindenhurst meeting.** 9:30 a.m., Mondays. Lake Villa District

Library, 1001 Grand Ave. Children welcome. For more information, call Erin Bearss at (847) 546-1545.

LIBERTYVILLE

- **Crafters wanted for Spring Arts & Crafts Show.** 10 a.m.-4 p.m., Saturday and Sunday, March 10-11. Libertyville Sports Complex, corner of Rt. 45 and Peterson Rd. Crafters may rent a 10-by-10-foot booth for \$75. Electricity is available. For more information or an application, contact the GLMV Chamber of Commerce at (847) 680-0750 or visit www.glmvchamber.org.

LINDENHURST

- **Lindenhurst Lakes Commission meeting.** 7:30 p.m., Tuesday, Jan. 16. Village Hall Board Room. Call (847) 356-8252 for more information.
- **Lindenhurst Planning Commission meeting.** 7:30 p.m., first and third Wednesdays. Village Hall. Call (847) 356-8252 to learn more.
- **Free blood pressure screening.** 8 a.m.-noon, Mondays. Victory Lakes Continuing Care Center. Call (847) 356-5900 to learn more.
- **Alzheimer's support group meeting.** 4 p.m., third Wednesdays. Victory Lakes Continuing Care Center, 1055 E. Grand Ave. Call (847) 356-5900 to learn more.
- **Lindenhurst/Lakes Area Kiwanis Club meeting.** 7:30-8:30 a.m., first and third Thursdays. Victory Lakes Continuing Care Center. For information, call (847) 356-7912.

MCHENRY

- **Tourette Syndrome Assn. of Illinois support group meeting.** 7-8:30 p.m., third Fridays. Elm Street Place Office Complex, lower level meeting room, 5400 W. Elm St. For additional information, call (815) 675-0436.

MILLBURN

- **Lake County Doll Collectors meeting.** 1 p.m., third Saturdays. Millburn Congregational Church, Rt. 45 and Grass Lake Rd. Call (847) 623-2072 for details.

ROUND LAKE

- **A Safe Place support group meeting.** Wednesdays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to asafeplaceforhelp.org for more information.
- **Big Brothers, Big Sisters meeting.** 6:30-8 p.m., Mondays. Calvary Presbyterian Church, 510 Cedar Lake Rd. Call (847) 350-0770 for information.

ROUND LAKE BEACH

- **Seniors and Law Enforcement Together meeting.** 10 a.m., second Fridays. Round Lake Beach Police Department, 1947 Municipal Way (next

to post office), call Tom Finnegan at (847) 546-2351.

ROUND LAKE HEIGHTS

- **Round Lake Area Community Band rehearsal.** 7-9 p.m., Tuesdays. Indian Hill School, 1920 N. Lotus Dr. New musicians and all instruments are always welcome. Call Christi at (847) 546-8558, ext. 422, to learn more.

SKOKIE

- **Jewish Genealogical Society of Illinois meeting, "Beginners' Workshop."** 1-4 p.m., Sunday, Jan. 14. Temple Beth Israel, 3601 W. Dempster St. For more information, call (312) 666-0100 or visit www.jewishgen.org/jgsi.

WADSWORTH

- **Knights of Columbus Council Free Throw competition.** Saturday, Jan. 13; registration and warm up at 8 a.m., competition at 9 a.m. St. Patrick School gymnasium, 15020 Wadsworth Rd. Boys and girls ages 10 to 14 are invited to participate. Participants must bring a copy of birth certificate for proof of age and have a parent sign a parental consent form. Age bracket winners will be eligible for district competition. Awards ceremony immediately after completion of competition.

WILDWOOD

- **Wildwood Park District Board meeting.** 7:30 p.m., third Tuesdays. Rule House.

ZION

- **A Safe Place support group meeting.** Mondays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to asafeplaceforhelp.org for more information.
- **Lake County Community Health Partnership Immunization Clinic.** 9-11 a.m., second Saturdays. Memorial United Methodist Church, 2935 Sheridan Rd. Call (847) 872-6062 for details.
- **Zion Park District Senior Citizens Club meeting.** 10 a.m., Wednesdays. Shiloh Center, 2600 Emmaus Ave.

BURLINGTON, WIS.

- **Burlington Genealogical Society meeting.** 7 p.m., third Wednesdays. Burlington Public Library, Pine and Jefferson St. Call Marion at (414) 763-6981 or Marilyn at (414) 728-2225 to learn more.

• **To submit an item to the Calendar,** e-mail to wjcalendar@weeklyjournals.com, phone (847) 223-8161 or fax (847) 223-8810 at least 14 days before the event.

WAUCONDA

Golf course's future is uncertain

Forest preserve considers buying Four Winds

By STEVE PETERSON

speterson@nwnewsgroup.com

WAUCONDA — The Lake County Forest Preserve's Land Preservation and Acquisition Committee is considering buying the Four Winds Golf Course.

The golf course is located just east of Wauconda off of Route 176, and is 145 acres. The purchase price is \$14.5 million.

Some golfers wished that the Lake County Forest Preserve would reconsider its decision to close the site as a golf course.

"The committee is only interested in it, though, if it is not a golf course," said land preservation vice chair Diana O'Kelly, R-Mundelein. "It would be a housing development or a forest preserve."

The finance committee of the Lake County Forest Preserve Board was expected vote on the acquisition Jan. 11, and the full board is expected to vote Jan. 18.

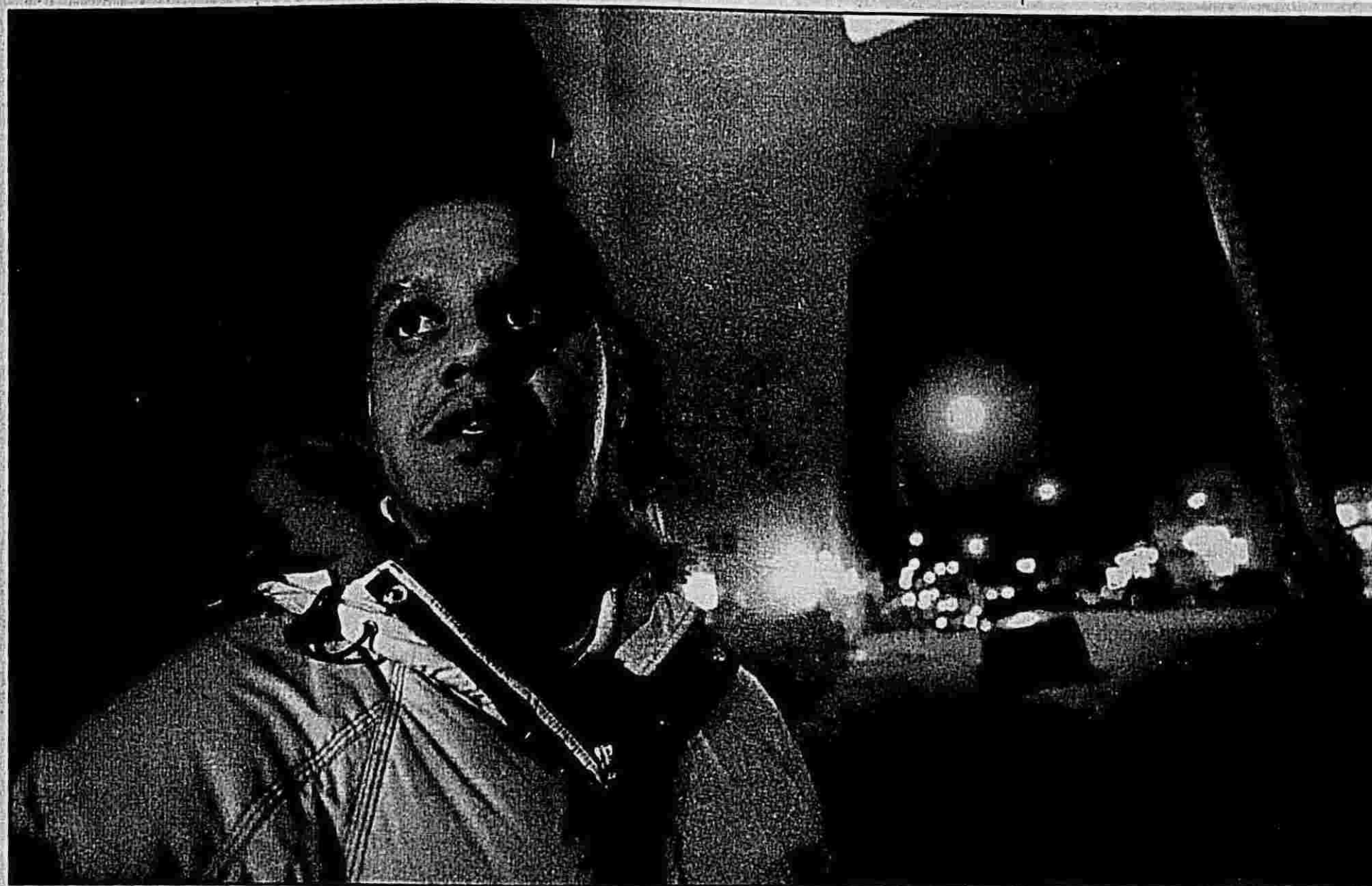
Larry Schifley, of Mundelein, argued for keeping the site as a golf course.

"The Lake County Forest Preserve would be paying the highest price ever paid for a piece of property," she said. "This is a premium price for a golf course property versus the price paid for previous purchases of woods, farmland and preservation areas. Four Winds Golf Course is currently a revenue producing, self-supporting property. Closing the golf course would create additional expense and potential tax liability."

Golfers said that other forest preserve golf properties should be considered for closing before Four Winds.

"Golfing rounds are down nationally," said land preservation chair Ann Maine, R-Lincolnshire.

See GOLF COURSE, page A18



Chris Padgett - cpadgett@nwnewsgroup.com

Luis Aponte stands on 10th Street, in Waukegan, where he has lived most of his life. For more than half of it, he was a gang member. He still frequents 10th Street, now as a gang outreach worker. "There's a better way to live," Aponte said of his life.

Working to make a change

Officials say economic status might influence gang involvement for teens

By EMILY PREVITI

epreviti@nwnewsgroup.com

WAUKEGAN — Luis Aponte, stood on 10th Street, once territory of the gang he controlled.

The 41-year-old's youthful appearance belies his age. From his face, scarred from an "accidental" stabbing, to his feet, clad in immaculate sneakers, Aponte's appearance still solicits glances from gang members, current and former, that he encounters as he walks through the neighborhood. Aponte knows several men who drive and walk by, and said he served time with two of them.

But Aponte has not been one of them, since he cut ties five years ago.

On Jan. 7, dusk turned to dark as Aponte faced a vacant building, one of several along the stretch, where he was shot during a drug deal.

Before it closed about a dozen years

ago, the former bar served as a retail outlet of sorts to Aponte.

He said he would pay the owner \$800 weekly to use the establishment as such, and estimated he pocketed \$1,500 to \$5,000 daily through selling cocaine, heroin and marijuana to locals, young professionals, and high school students.

After seven trips to prison, Aponte decided to distance himself from gang life.

After a struggle with drug addiction and brief return to the Illinois Department of Corrections, Aponte landed a factory job that paid \$6.50 an hour doing, he said, the kind work ex-offenders can secure because "no one else wants to do it."

He now splits his time between working with recovering addicts for Alexian Brothers Chemical Dependency Program, and preventing community violence for CeaseFire, a Chicago-based nonprofit.

Aponte hails from Chicago. He started

Keeping tabs

This series uses December's Zion shooting as a lens through which to examine gangs and youth violence in Lake County.

•Part one: Focused on how gang activity impacts families, in general, and the impact of youth violence upon two local families.

•Part two: Details economic impacts of gangs, and economic influences that prompt youth violence and gang activity.

•Part three: Will look at community response and preparedness for youth violence, as well as the history of law enforcement, schools, and other agencies' efforts to confront the issue in Lake County.

running errands for gang members, like his older brothers, before he moved to Waukegan at age 11.

Within three years, he had started selling drugs, and had done a stint in juvenile detention.

"It was inevitable," he said. "I was a product of my environment ... [but] I tell the kids, there's a better way to live."

See GANGS, page A18

ROUND LAKE

Former police chief reaches settlement with Round Lake

By HELEN MANSFIELD
hmansfield@nwnewsgroup.com

ROUND LAKE - Former Round Lake Police Chief Charles "Charlie" Foy has acknowledged that he discussed his misconduct investigation with members of the police department, violating a direct order not to do so.

With that admission, the village of Round Lake has agreed not to pursue other charges that, as chief, Foy acted inappropriately with other employees.

Round Lake Police Chief Cliff Metaxa filed an eight-count complaint in March of 2006, that alleged Foy exhibited conduct unbecoming a member of the police department, engaging in lewd behavior toward female officers and civilians in the department.

Metaxa's complaint also alleged that Foy co-mingled DUI funds with police operative

funds for items "unrelated to the prevention of alcohol related criminal violence." Three of the finance-related charges have since been dropped.

The out-of-court settlement brings an end to nearly a year of hearings. The village has paid out \$45,000 on Foy-related legal fees to this point, but the figure will increase.

Chief Metaxa would not comment on the settlement, but said he was "glad it was over."

"This has been a distraction for over a year," he said. "Getting it behind us is important."

Bill Gentes, Round Lake village board president, said he too

was glad the matter was settled.

"When you boil it down, we could have fought forever," Gentes said. "We need to stop living in the past."

Gentes said the Village Board trustees unanimously approved the settlement following an executive session at their Jan. 2 meeting. Foy will receive 13 months of pay for his suspension period, minus one month for unpaid suspension. He will resign next month and be eligible for his police pension.

Foy was not reappointed to the post of chief in June of 2005, a position he had since 2000. Gentes did not reappoint Foy, citing his poor management skills, and Foy was offered a severance package if he resigned. Foy opted to take a demotion to lieutenant, the rank he was prior to becoming chief.

Metaxa placed Foy on administrative leave on Sept. 30 of 2005.



Charles Foy
Former Round Lake police chief

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Affiliate Chambers: Gurnee • Hispanic • Waukegan

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LAKE COUNTY CHAMBER OF COMMERCE



Health care making its way to Round Lake

Advocate Health Care proposes new hospital

By MATT PERA
mpera@nwnewsgroup.com

Advocate Health Care announced plans Jan. 5 for a 144-bed, 300,000-square-foot hospital that officials hope would be approved to be constructed in Round Lake.

The health-care system also filed a letter of intent Jan. 5 with the Illinois Health Facilities Planning Board, said Scott Powder, Advocate's senior vice president of strategy and growth.

"We've been looking at Lake County for a couple of years now in terms of looking at what the needs of the community are and whether there are needs going unmet," Powder said.

The facility would be built on a 57-acre site at the corner of Route 120 and Wilson Road in Round Lake, with a overall cost estimated to be about \$230 million.

Advocate's proposal comes about six weeks after Vista Health System, which manages two hospitals in Waukegan, submitted a letter of intent to the Illinois Health Facilities Planning Board to build a similar facility in Lindenhurst, less than 10 miles from the proposed Round Lake site.

The 215,000-square-foot Vista facility would cost \$99.8 million and have 140 beds.

Vista President and CEO Barbara Martin said in a written statement that Vista Health would submit its certificate of need application to the planning board "immediately following the 60-day waiting period," toward the end of this month.

"We are confident our plans are ideal for serving the community and bringing better access to health care to all Lake County communities," Martin said in the statement.

Powder said Advocate would submit its certificate of need application in March, after the re-

quired 60-day waiting period, and anticipated the planning board would consider both proposals this summer. As of now, there is no official timeline for construction if the proposal were to be approved, said Advocate spokesman Tony Mitchell.

"We certainly think that we have a great case for providing care in Lake County," Powder said. "We think this is a great location ... but at the end of the day, it's up to the planning board, and they will determine what's best for the community."

Highlights of Advocate's proposed Round Lake hospital, Powder said, would be general surgical services, obstetrics, an intensive-care unit, and "a robust cardiac-care program."

Powder added that many Lake County residents already use facilities run by the faith-based, nonprofit system. The cardiac-care center at Barrington's Advocate Good Shepherd Hospital was named the top cardiac surgery program in the state based on patient outcomes in national ratings released Oct. 16 by HealthGrades

We certainly think that we have a great case for providing care in Lake County.

Scott Powder

Advocate Health Care senior vice president of strategy and growth

Inc., a health-care rating organization based in Colorado.

Advocate Lutheran General, located in Park Ridge, is a Level I Trauma Center that treats some critically injured patients from Lake County.

Powder said that the proposed hospital in Round Lake, which Advocate has proposed as a Level II Trauma Center, would collaborate with both nearby facilities to provide care for its patients.

Round Lake Mayor Bill Gentes said he had been interested in bringing a hospital to the area for several years and it caught Advocate's attention.

"Advocate was not the only one [to come forward], but Advocate was the most persistent one," he said. "They had a vision for this area that predated my call for a hospital, [and] we went from there."



Photo Provided

Elva Hernandez, of Waukegan, gave birth to Brian Alexis at 6:03 a.m. on New Year's Day at Vista Health System in Waukegan. She was the first baby born at the hospital in 2007.

Hospitals welcome first babies of new year

Both newborn's parents from Waukegan

LAKE COUNTY JOURNALS

Two local hospitals sent the first babies of the new year delivered at their respective facilities home with gifts.

The new year rang in a little late for Vista Health System, in Waukegan, as Brian Alexis was the first baby born at 6:03 a.m. on New Year's Day.

He and his mother, Elva Hernandez, of Waukegan, also received a large gift basket full of items for each of them.

Two large gift baskets filled with items were delivered to the room of the first baby born at Lake Forest Hospital in 2007 just before she and her mother went home Jan. 2.



Photo Provided

Brianna Michelle Rivera, who was born at 4:25 a.m. New Year's Day and weighed 7 pounds, 6 ounces, was the first baby to be born at Lake Forest Hospital in 2007.

Brianna Michelle Rivera was born at 4:25 a.m. on New Year's Day and weighed 7 pounds, 6 ounces. Her parents are Rigoberto and Karina Rivera, of Waukegan.

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Our View

Secrecy hurts state, people

Gov. Rod Blagojevich, who initially ran for election to end business as usual in Illinois, doesn't like to talk about federal investigations.

It is hard to keep track of how many investigations are being conducted by federal prosecutors, but it might take two hands to count them.

Recently, the Better Government Association filed a lawsuit to force the governor to produce copies of subpoenas that federal prosecutors have issued in their fraud investigation about state hiring.

The Chicago-based watchdog group says the subpoenas fall under the state Freedom of Information Act. In October, state Attorney General Lisa Madigan wrote that subpoenas were public records.

Blagojevich said federal prosecutors did not want the information to be divulged, and Blagojevich was more than willing to comply. To do otherwise might make him look bad. Either in prosecutors' eyes or the public's.

"Just because the subpoena makes a request for confidentiality doesn't mean it trumps FOIA," a Madigan

spokeswoman said.

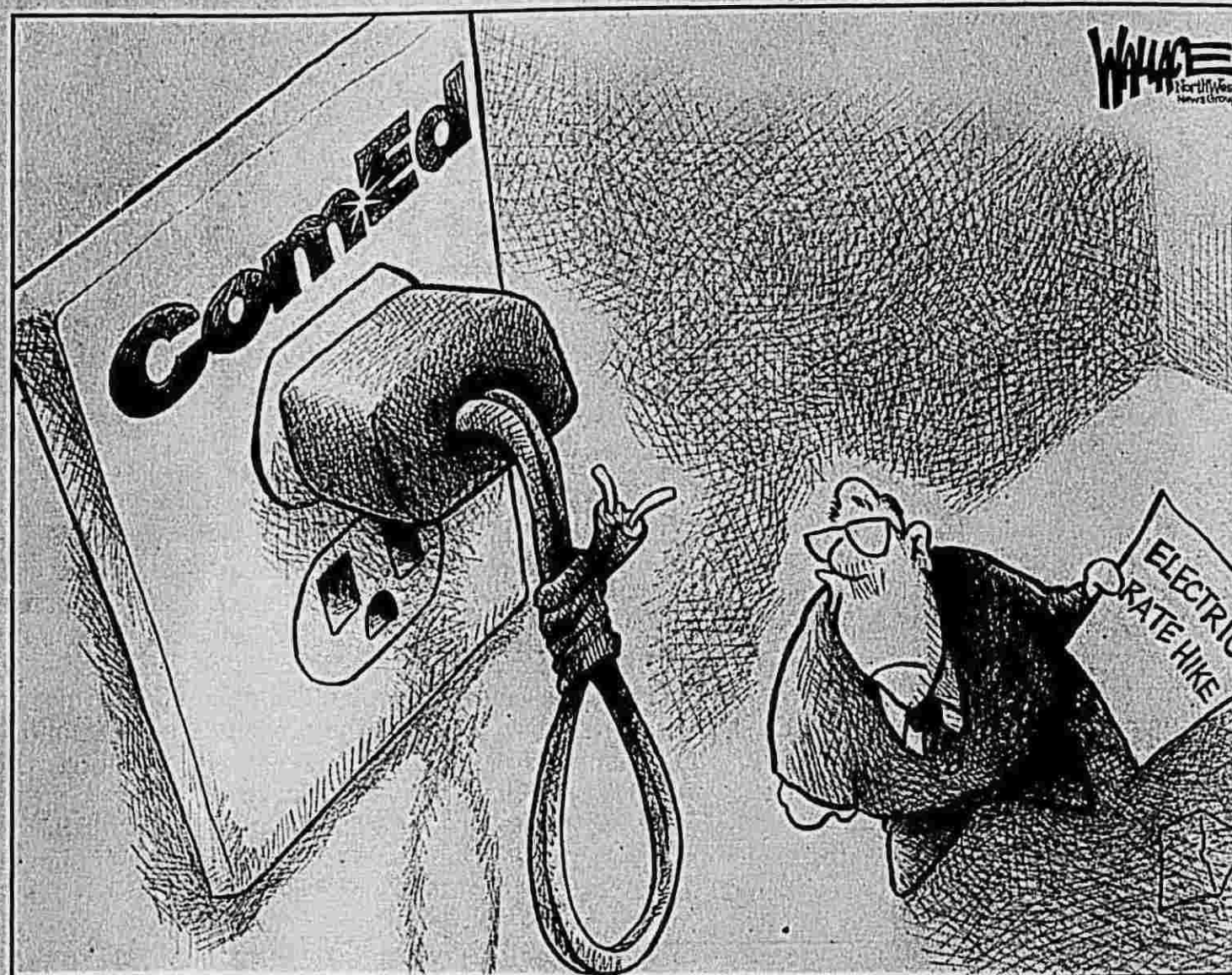
In 2005, less than two years after vowing to end business as usual in state politics, Blagojevich admitted that his office and three state departments had received federal subpoenas. He then said he no longer would talk about the matter. So, there.

Business, as usual, thrives in secrecy.

However, the people of Illinois are interested in what is going on with these investigations. The governor's office, and the departments of Children and Family Services, Transportation and Corrections have been subpoenaed. If state government is being investigated for fraud in state hiring, the people deserve to know the details, barring an order by a judge.

In this case, the Sangamon County circuit court should rule that the records fall under the rules of the Freedom of Information Act. Illinois is known for corrupt government - Blagojevich's predecessor George Ryan should be in prison - and the transparency of open government fights that reputation.

The governor should willingly lift the shroud.



Seeing it Through

College football coaches are becoming instant millionaires

By now, many of you watched some of the 30-plus football bowl games on TV during the holidays.

I am old fashioned enough to have enjoyed, so much more, the days when there were only four major bowls (the Sugar, Orange, Cotton, and Rose), plus a handful of other bowls.

The proliferation of bowl games is proof enough of how college football has become big business.

Move over, the college variety is inching closer to NFL big-time status.

So much of the way that college football operates isn't amateur at all, except for the players, themselves.

At times, though, issues crop up that some players have crossed the amateur line, contrary to university rules.

It wasn't until I read a study by USA Today about two months ago called "Million-dollar coaches move into the

mainstream" that I learned how really big college football has become.

For starters, as a football fan, I recall the long-time University of Iowa coach Hayden Fry, who did an outstanding job until he retired in 1997-98 season. In his last year as head coach, he earned a whopping salary of \$264,159.

Well, it was whopping at that time.

Fast forward to this football season where Kirk Ferentz, who replaced Fry, and has been coach at Iowa for eight years, will pocket a guaranteed \$4.6 million from his 13-month period ending in June, not includ-

ing incentive bonuses.

The article said with incentive bonuses Ferentz could make more than \$4.7 million. Now, that is whopping.

It used to be that people complained that university presidents, and even college professors, were overpaid.

If I read the survey right, university presidents are in the wrong racket.

They might know their "P's and Q's," but they would do better learning the "X's and O's."

While the Iowa football coach racked up the almost \$5 million dollar figure, the university president made a meager \$390,250.

At least the disparity gives the people another horse to ride, or shall I say deride.

This escalating boom in college coaches' salaries is a recent phenomenon.

See MATUEVICH, page A15



John S. Matijevich

Letters to the editor

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LAKE COUNTY JOURNALS

● **Snapshot**

Your thoughts on this week's hot topic

"What impact do you think the execution of Saddam Hussein will have on the war in Iraq?"



"It will motivate both sides."

Clayton Booth
Vernon Hills



"Positive."

Bret Weber
Lake Villa



"I don't think it will have any effect."

T. Larson
Fox Lake



"Probably not in a good way. And we keep sending more troops over there."

Paul Wachter
Grayslake

● **Partylines**

compiled from staff reports

Local officials host discussion on county gateway

Thanks to an intergovernmental agreement approved by the Lake County Board and by the villages of Old Mill Creek and Wadsworth, property at the intersection of Route 173 and I-94 will serve as a future gateway to Lake County.

Community members were scheduled to learn about the agreement during an open house meeting on Jan. 9 at Millburn School in Wadsworth.

"The goal of this agreement is to collaborate with Old Mill Creek and Wadsworth to create a cohesive gateway to Lake County," said Lake County Board Member Randy Whitmore, R-Wadsworth, in a release. "Now that the agreement is approved by all three parties, it will coordinate development, promote high-quality economic development and create jobs for the area."

Under the agreement, uniform standards for sewer, water and other infrastructure and services within the interchange area were established, regardless of which jurisdiction approves development.

The agreement includes land-use concept plans that designate areas for possible office, light assembly/warehouse, retail/service, and residential use. Heavy manufacturing, warehouse operations and high-traffic trucking will be prohibited under agreement terms.

A first of its kind in Lake County, the

intergovernmental deal could be used as a model for other areas of the county. As part of the agreement, the county and villages will consider amending their respective comprehensive planning and zoning ordinances to be consistent.

The Lake County Regional Planning Commission will review the proposed amendment to the County's Regional Framework Plan at a meeting at 4 p.m. on Jan. 23. The meeting will take place at the Lake County Division of Transportation, 600 W. Winchester Road, in Libertyville. The meeting is open to the public so that it will be able to comment on the proposed plan amendment.

Reconnecting residents

As part of Gov. Rod Blagojevich's Keep Warm Illinois campaign, officials from his administration announced Jan. 2 the start of the Good Samaritan Initiative for the 2006-07 winter season.

The initiative provides more affordable reconnection to Low Income Home Energy Assistance Program (LIHEAP) recipients who have had their utilities services disconnected.

Nicor Gas, Peoples Energy, and Ameren have agreed to participate in the Good Samaritan initiative for the fourth consecutive year. For information on energy assistance or conservation tips, visit the Keep Warm Illinois Web site at www.keepwarm.illinois.gov or call (877) 411-WARM.

Lt. Governor Pat Quinn also encouraged Illinois citizens to contribute to the Good Samaritan Trust Fund.

The fund, which was established by law in 2003, allows Illinois residents and businesses to voluntarily contribute money toward the heating bills of low-income families.

Contributions will benefit low-income residents of the county from which funds were donated and are tax deductible. To voluntarily contribute to the Good Samaritan Energy Trust Fund, send tax-deductible donations to the Good Samaritan Trust Fund, P.O. Box 19154, Springfield, IL 62794.

Sheriff promotions

Lake County Sheriff Mark Curran promoted seven members of the sheriff's office during a ceremony on Jan. 3 at the Lake County Building.

The sheriff's office members scheduled for promotion were - Michael V. Blazincic - to chief of administration, Stephen Bjorkquist - to deputy chief of court security, David Godlewski - to deputy chief of criminal investigations division, Kevin Parker - to lieutenant/deputy chief of highway patrol division, Martin Bertrand - to lieutenant, Jeffrey Burke - to sergeant and Timothy Jonites - to sergeant.

Moderate meeting

The Moderate Party was scheduled to

meet on Jan. 9 at the Fremont Public Library in Mundelein.

Bill Schuerer, of Lindenhurst, ran for Congress in the 8th District under the Moderate ticket in November, garnering 5 percent of the vote, which places the party on the 2008 ballot.

Items on the agenda included lessons learned from 2006, setting the course for 2008 in terms of fielding candidates and building a district party, and voting on party bylaws and officers.

Therapy coverage

New legislation recently signed by Gov. Rod Blagojevich will help people with multiple sclerosis (MS) pay for physical therapy.

Senate Bill 2917, sponsored by State Rep. Frank Mautino, D-Spring Valley, and State Sen. William Haine, D-Alton, took effect this month and applies to all health insurance plans in Illinois that are subject to mandates.

The legislation makes Illinois the first state in the nation to mandate coverage for preventative physical therapy for MS patients.

"Any treatment that can help delay or prevent the disabling effects of multiple sclerosis is vitally important for those living with this disease," Blagojevich said. "This new law is in line with our aggressive efforts in Illinois to make sure people have access to the health services they need."

Big business mode makes its way into college football

● MATIJEVICH

Continued from A14

Seven years ago, there were only five football coaches in NCAA Division I-A universities who earned at least \$1 million.

Now there are at least 42 coaches in millionaire status.

The large salaries can be ballooned by incentive clauses and perks.

Some coach contracts include incentives amounting to

more than \$100,000 if they lead their team to a bowl invitation.

The incentives can be a big deal.

We find that, often in the corporate world, executives are rewarded with fat bonuses if they produce.

So, college football, in its big business mode, has found to be just as generous.

Ferentz who, from all that I have gathered, is in the top three of the money pack this

year, has capitalized in spite of having a less than spectacular season. I guess that's big business too.

In other words, you can be on the high end of the salary game yet there are no penalty clauses if you don't produce. Iowa did so poorly this year, it lost to Northwestern University, which finished 4-8 overall.

By the way, many of my friends are Notre Dame fans.

When I told one about the high rewards of coaching at the universities, he asked if I knew what Irish coach Charles Wells earned.

I said that the study couldn't find out his salary because Notre Dame, as a private university, was under no obligation to disclose it. I'm sure that it is sky-high, too.

How long can this salary bonanza last?

There's no end in sight, as

long as the big revenues from television continue.

As long as apparel or other marketers provide lucrative contracts. As long as sky boxes and suites bring in big revenues. It's all about big business.

You can't stop a rushing tide. Those universities that want to see this escalating insanity reversed can't buck that tide. They are fighting a valiant, but probably a losing cause.



Sandy Bressner - sbressner@nwnewsgroup.com

Army Sgt. Mike Kempinski assists Westmoreland Nursing Center resident Margaret Berg, 100, to a party in Kempinski's honor. Kempinski worked as a security officer at Lake Forest Hospital, which is adjacent to the nursing center, before he was deployed to Iraq.

Soldier receives support while home

By MATT PERA

mpera@nwnewsgroup.com

LAKE FOREST — Sgt. Mike Kempinski stood in the cafeteria at Lake Forest Hospital in full uniform, greeting a steady flow of employees who had stopped by to wish him well.

They smiled and shook his hand and told him how happy they were to see him.

It was Jan. 4 and Kempinski had been home from Iraq for about a week. He was invited to the hospital, where he worked as a security guard from 2004 to 2005, to have lunch with co-workers.

He was surprised when he arrived to find a party had been organized in his honor.

"The fact that [co-workers are] showing their support and appreciation is a big boost," he said. "I didn't expect a lot when I was coming here. In fact, I almost came in here in jeans and a T-shirt, but I had a request from a co-worker to come in uniform ... and I'm glad I did ... because now a lot of people got the chance to see who I am and where I've been, what I've been doing."

Kempinski, 26, of Lake Bluff, was called back to duty from inactive ready reserve (known in the Army as IR) status in August

of 2005. The 1998 Libertyville High School graduate had enlisted in the Army straight out of high school and completed active duty in 2002.

Soldiers who have completed their required four years, however, remain on IR for four more after that, during which time the U.S. government maintains the ability to call them back.

Such was the case for Kempinski, who was working at Lake Forest Hospital and had 20 credit hours left on a degree in criminal justice and political science from Northeastern University when he got the call.

He has since served 10 months in south central Iraq, about 50 miles south of Baghdad, patrolling the capital city's suburbs.

Kempinski still has at least 80 days to go in Iraq, but came back to Lake County for two weeks of rest and recreation before fulfilling the requirement. He currently serves as the 1st Squad Alpha Team Leader with the 1/34 Brigade Alpha Company 1-125 3rd Platoon.

Since he has been home, Kempinski has been in high demand with family and friends.

See SOLDIER, page A18



Sandy Bressner - sbressner@nwnewsgroup.com

Margaret Berg, 100, a resident of the Westmoreland Nursing Center in Lake Forest, talks with Army Ranger Mike Kempinski during a party in Kempinski's honor. Berg paid \$500 in postage to send Kempinski and his unit several care packages.

CLC notes

CLC honors students eligible for scholarships

High-achieving students looking for tuition-free classes should apply for the College of Lake County Honors Program.

For the spring semester 2007, CLC will offer four class sections that are open only to honors students. Participants are eligible to receive in-district tuition scholarships to cover the cost of honors courses.

The honors option will be offered in the following credit courses: ENG 122 English Composition II, from 7 to 9:45 p.m. on Thursdays, taught by Mike Latza; ART 240 History of Art I, from 1 to 2:15 p.m. on Tuesdays and Thursdays, taught by Bob Lossmann; HUM 221 American Decades, from 2:30 to 3:45 p.m. on Tuesdays and Thursdays, taught by John Kupetz; and SOC 222 Social Problems, from 9:30 to 10:45 a.m. on Tuesdays and Thursdays, taught by Fred Hutchinson.

"Students who should apply to the CLC Honors Program are highly motivated students who enjoy challenges and high-level class discussions," said Nick Schevera, English instructor and Honors Program coordinator. Honors classes are noted on students' transcripts.

To be eligible for the honors program, students must have earned a 3.5 out of 4.0 grade point average or higher in high school or college and must fill out a simple application.

Students must be accepted into the honors program to enroll. Applications to the honors program are now being accepted. The program is open to both current CLC students and high school seniors who wish to begin earning college credits.

High school students must apply to the college as well as the honors program.

Information about how to enroll at CLC while still in high school is available at

www.clcillinois.edu/earlycollege.

To apply for the honors program or for more information, contact Schevera at (847) 543-2959 or by e-mail at com409@clcillinois.edu.

Spring classes begin Jan. 16 and registration is currently underway.

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Welcoming a New Year!

It's time to ring in the new year! That means making resolutions that everyone will try to keep. Everyone has their own unique goals, but here are ten resolutions that are common.

1) Get a [better] job

Was money a big source of stress in your life last year? Join the millions of Americans who have resolved to spend this year getting a handle on their finances. Usually that means looking for a better job, that will help ease that stress.

2) Get into shape

This has always been a favorite resolution for men and women all over the US. Everyone wants to be healthier, more attractive and feel good about themselves.

3) Spend less or pay down debt

If you overspent on Christmas or have been having trouble making ends meet for a while, this is the year to pay off those credit cards and/or start saving.

4) Give up a habit (smoking, drinking, etc.)

We all have those bad habits we need to give up and now is as good a time as any. People resolve to beat their demons. Start by putting down that cigarette.

5) Spend more time with family & friends

Recent polls conducted shows that more than 50% of

Americans vow to appreciate loved ones and spend more time with family and friends this year.

6) Find a mate

Is love on your list? You'll never find that special someone sitting on a computer... or will you?

7) Take a trip

Do you want to see the world, or see a nearby national park? Regardless of how big your plans are, taking a vacation to a dream destination is a popular goal.

8) Be more organized

Many people want to clear the clutter from their lives. Settle for just learning to organize it better. Learn better time & space management.

9) Find a hobby

Perhaps you're bored and you feel like you need to channel your creativity into something. Try out a few different hobbies to see what suits you best.

10) Help others

A popular, non-selfish New Year's resolution, volunteerism can take many forms. Whether you choose to spend time helping out at your local library, mentoring a child, or building a house, there are many non-profit volunteer organizations that could really use your help.

How to make a New Year's Resolution

Tradition dictates that every 365 days, you should try to kick bad habits and start your life anew. So sit down with a cup of coffee, a paper and a pen, and reflect: What kinds of resolutions will you make for yourself this New Year's?

STEP 1: Be realistic by setting achievable goals. Winning the lottery, for example, is out of your grasp.

STEP 2: Describe your resolutions in specific terms. Instead of "I don't want to be lazy," opt for "I want to exercise regularly" or "I will cut down on my television watching."

STEP 3: Break down large goals into smaller ones. For instance, commit to losing weight by resolving to join a gym and improve your eating habits.

STEP 4: Find alternatives to a behavior that you want to change, and make this part of your resolution plan. So you want to quit smoking but you smoked to relax yourself? What other forms of relaxation are available to you?

STEP 5: Above all, aim for things that are truly important to you, not what you think you ought to do or what others expect of you.



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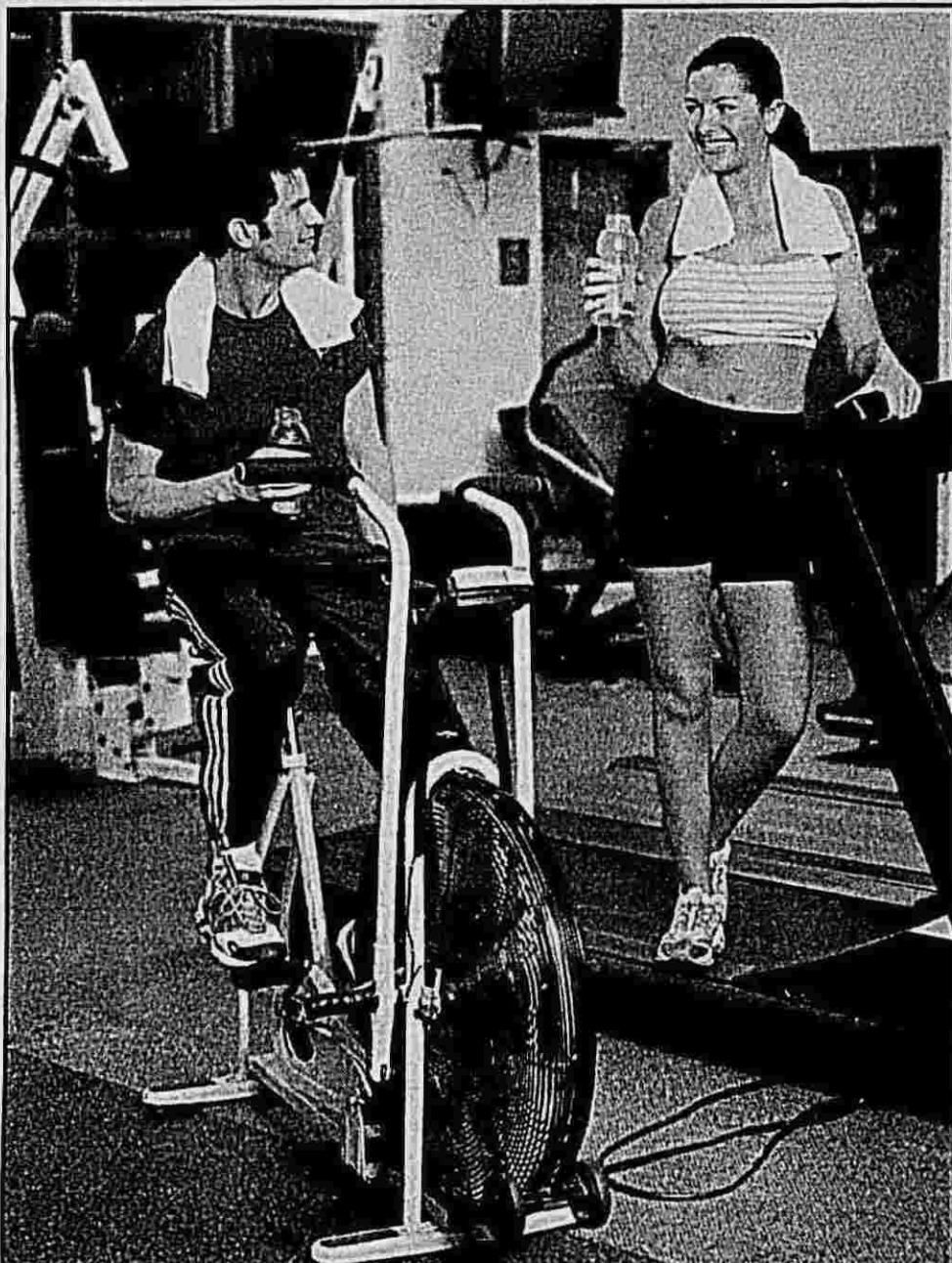
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Finding ways to make fitness



Finding a partner to workout with can be a great way to stick to your schedule and stay motivated.

Year in, year out, scores of people make getting in shape their New Year's Resolution. But after a few weeks, many of those same people are back to their old behaviors, leaving the gym behind for some post-work couch time.

For many, the gym and working out simply isn't fun or even remotely enjoyable. While stuck in the office all day, the last thing many people want to

do is go spend a couple of hours doing something they don't particularly enjoy. But those workouts, quite frankly, can be a matter of life or death. Consider a 2003 study from the American Cancer Society that suggested overweight and obesity could account for 14 percent of cancer deaths in males, and 20 percent for cancer in females. Simply put, your trips to the gym aren't simply some-

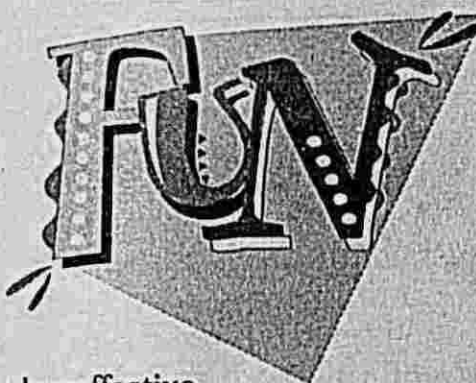
thing you should want to do, they're something you need to do.

For those who feel they'll just never get into working out because it's too boring, try making your workouts more fun. There's a host of things you can do to turn your exercise regimen from something you dread to something you really appreciate and look forward to.

- **Get a partner:** Many people find that working out with a partner is a good way to stay on schedule and stay motivated. You're less likely to skip a workout if it's your turn to drive to the gym or if a friend is there to hassle you into not skipping.

Also, going to the gym with a friend can be more enjoyable because you can joke around between sets or just talk as if you were sitting on the couch watching a movie. As an added bonus, you might even push yourself more physically to keep up with a friend, which is another motivating factor.

- **Mix things up:** If your workouts don't involve isolating specific muscles each day (where Monday you'll work solely triceps and back, Tuesday legs and chest, etc.) but instead are more general and less strenuous, then you're bound to get bored. A good way to combat that is to change your routine. Try going to the gym at a different time once per week, perhaps before work instead of after. Also, go in reverse order of your typical workout. Muscles get used to the same work every day, so if you keep doing the same routine at the same time, you'll find your workouts are



less effective.

Mixing things up is beneficial to both your muscles and your mind, which will be less likely to grow bored.

- **Play sports:** Workouts don't need to just include dumbbells and situps. If your office has a company softball team, join it. Or if there's a local basketball league you can join, consider that as well. Such teams should not replace a good workout routine (as they likely won't feature more than a game or two per week), but can act as a great complement to trips to the gym. Also, getting out in the fresh air can help improve your state of mind.

- **Go outdoors:** Many state parks have workout stations along the trails you can walk. While these don't include weights, they have stations for pull-ups, situps, stretching your legs, etc. And if you're on trails, keep in mind the walk itself is great exercise, particularly if the trails feature some hills to climb. Again, the fresh air can be very rejuvenating as well.

- **Incorporate music:** Many exercise enthusiasts find that music is a perfect complement to their workouts. Time tends to go by a lot faster when you're listening to your own playlist. And thanks to the numerous MP3 devices, you can create your own playlist specifically for working out, loading it with music you know will get you pumped up and keep you motivated throughout your workout.

resolutions for 2007...

GET INTO SHAPE

Eating right and exercising are keys to a healthy lifestyle

This time of year, many people take inventory of their life and make resolutions to change come the new year. One area to focus on is personal health.

Are you as healthy as you could be? It's important to make informed food choices and develop sound eating and physical activity habits to stay healthy. The food and physical activity choices you make today — and everyday — affect your health and how you feel right now and in the future, says the American Dietetic Association

(www.eatright.org). To maintain good health, the Association suggests that you make smart choices from every food group to give your body the balanced nutrition it needs, being sure to stay within your daily calorie needs. Exercising regularly is just as important, which helps control body weight, promotes a feeling of well being, and reduces the risk of chronic diseases.

Food guide pyramid update

Since not all people are the same, the need for a more individualized approach to improving diet and lifestyle is necessary. This important point led to a revision in the Food Guide Pyramid last January '06 by the U.S. Department of Agriculture (USDA) and U.S. Department of Health and Human Services (HHS). Called MyPyramid, this new food-guidance system utilizes interactive technology, allowing individuals to enter their age, gender and physical activity level to obtain a more personalized recommendation on their daily calorie level based on the 2005 Dietary Guidelines for Americans. Visit their Web site at www.mypyramid.gov to determine the amounts that are right for you.

- **Make half your grains whole:** Eat 6 ounces of whole-grain cereals, breads, crackers, rice, or pasta. Substitute a whole-grain product (brown rice, bulgur,

Exercise caution during winter workouts

If you're planning on engaging in a sporting or fitness activity, your best bet is to choose equipment and clothing that will enhance your participation. Uncomfortable clothing or cumbersome footwear can make your activity unpleasant, possibly dissolving your resolve to stay active. The wrong footwear may also be potentially dangerous especially if you sprain your ankle or slip on wet surfaces.

There are a few factors to

keep in mind when selecting the right fitness clothing, including:

- **Be comfortable** — Wear shorts, T-shirts or sweatpants. You want clothing that will not chafe your skin and will protect you from the sun when you're outside.

- **Outdoor exercising** — If you'll be doing the majority of your fitness routine outdoors, wear light-colored clothes, sunscreen and sunglasses. You may also want clothing made out of a

special wicking material to keep you cool and dry.

- **Reflective clothing** — Make sure your clothes and shoes have reflective material on them if you're doing any activity, like jogging, outdoors at night.

- **Know your socks** — If your socks are too thick or too thin they could cause you to get blisters, which can definitely ruin a good workout. Also, if your activity includes hiking, you may want to pack a backup pair of

socks in case you step into a puddle or get wet. Damp feet can quickly ruin your hike.

- **Selecting shoes** — Wear the right shoes for your activity. For weight training and low-impact activities, consider a walking shoe or cross-training variety. If you'll be running, choose a supportive shoe that's also lightweight. If you're participating in a specific sport, be sure to wear the shoes recommended for that sport.

• MYPYRAMID

Continued from 4

graham flour, oatmeal, whole-grain corn, whole oats, whole rye, whole wheat, and wild rice) for a refined product — such as eating whole-wheat bread instead of white bread or brown rice instead of white rice. It's important to substitute the whole-grain product for the refined one, rather than adding the whole-grain product. Note that foods labeled with the words "multi-grain," "stone-ground," "100 percent wheat," "cracked wheat," "seven-grain," or "bran" are usually not whole-grain products.

• **Vary your veggies:** Eat 2 1/2 cups of dark-green veggies like broccoli, spinach, and other dark leafy greens; orange vegetables such as carrots and sweet potatoes; and dry beans and peas like pinto beans, kidney beans, and lentils. Stock up on frozen vegetables for quick and easy cooking in the microwave, buy vegetables that are easy to prepare, pick up pre-washed bags of salad greens and add baby carrots or grape tomatoes for a salad in minutes.

• **Focus on fruit:** Eat a variety

of fruits, and go easy on fruit juices. Choose 2 cups of fresh, frozen, canned, or dried fruit, and keep a bowl of whole fruit on the table, counter or in the refrigerator.

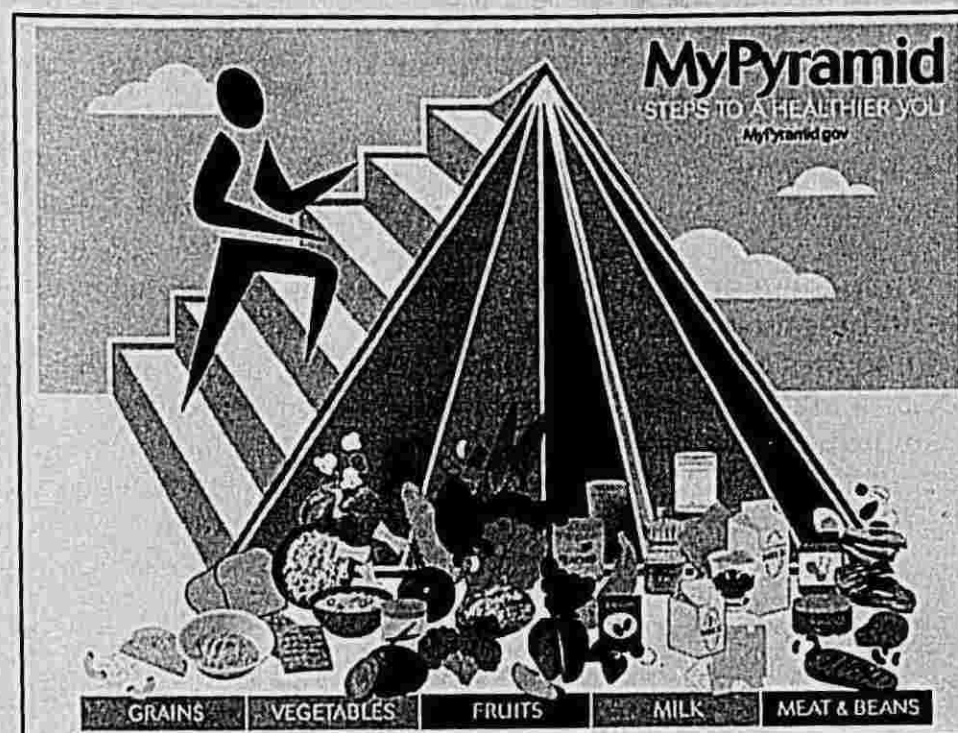
Consider convenience when shopping and buy pre-cut packages of fruit (such as melon or pineapple chunks) for a healthy snack in seconds. Choose packaged fruits that do not have added sugars.

• **Get your calcium-rich foods:** Two cups for kids ages 2 to 8, and 3 cups for people ages 9 and up are recommended. Go low-fat or fat-free when you choose milk, yogurt and other dairy products. If you don't or can't consume milk, choose lactose-free products or other calcium sources such as fortified foods and beverages. Include milk as a beverage at meals. If you usually drink whole milk, gradually switch to fat-free milk to lower saturated fat and calories. Try reduced-fat (2 percent), then low-fat (1 percent), and finally fat-free (skim). If you drink cappuccinos or lattes — ask for them with fat-free (skim) milk. Add fat-free or low-fat milk instead of water to oatmeal and hot cereals. Have fat-free or low-fat yogurt as a snack, or use as a dip for

fruits or vegetables.

• **Go lean with protein:** Choose 5 1/2 ounces of low-fat or lean meats and poultry and either bake, broil or grill. The leanest beef cuts include round steaks and roasts (round eye, top round, bottom round, round tip), top loin, top sirloin, and chuck shoulder and arm roasts. The leanest pork choices include pork loin, tenderloin, center loin, and ham. Choose at least 90 percent lean ground beef. You may be able to find ground beef that is 93 percent or 95 percent lean. Buy skinless chicken parts, or take off the skin before cooking. Boneless skinless chicken breasts and turkey cutlets are the leanest poultry choices. Choose lean turkey, roast beef, ham, or low-fat luncheon meats for sandwiches instead of luncheon meats with more fat, such as regular bologna or salami.

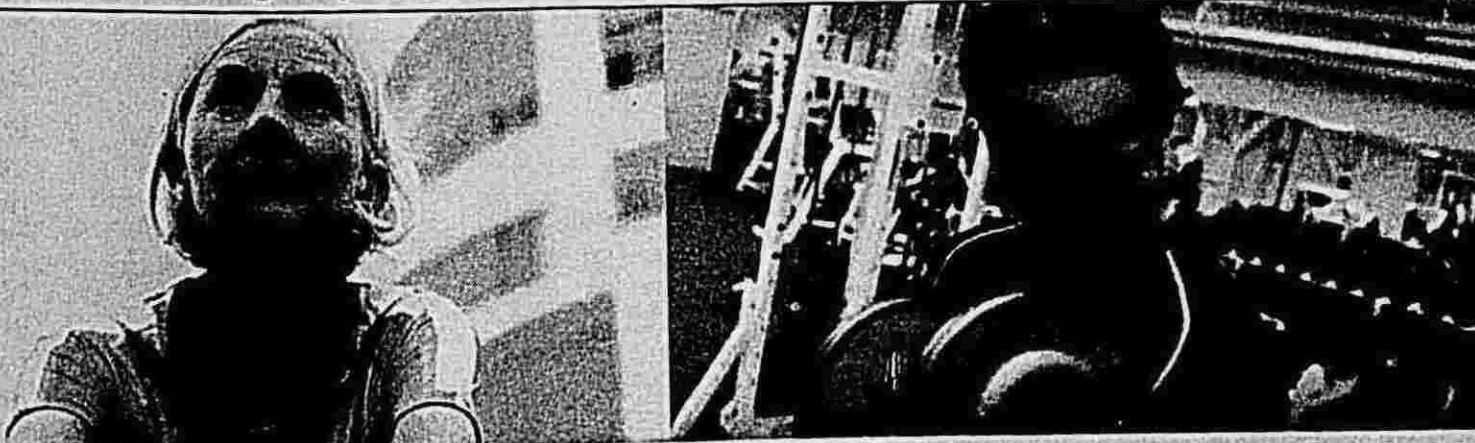
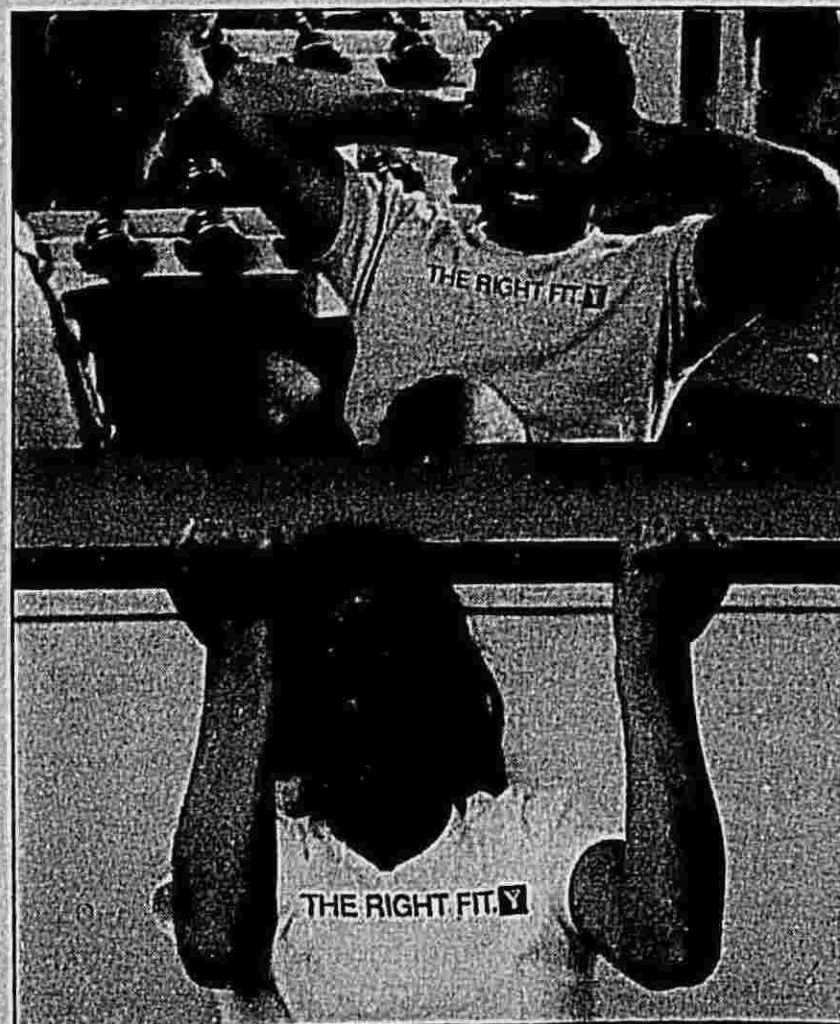
• **Find your balance between food and physical activity:** Be sure to stay within your daily calorie needs, and be physically active for at least 30 minutes most days of the week; about 60 minutes a day to prevent weight gain; and 60 minutes a day, or most days, for children and teenagers. Choose activities that you enjoy and can do regularly. Fitting ac-



tivity into a daily routine can be easy — such as taking a brisk 10-minute walk to and from the parking lot, bus stop, or subway station. Or, join an exercise class. Keep it interesting by trying something different on alternate days. What's important is to be active most days of the week, and make it part of a daily routine. For example, to reach a 30-minute goal for the day, walk the dog for 10 minutes before and after work, and add a 10-minute walk at lunchtime. Or, swim 3 times a week and take a yoga class on the other days. Make sure to do at least 10 minutes of

the activity at a time; shorter bursts of activity will not have the same health benefits.

• **Know the limits on fats, sugars, and salt (sodium):** Most of your fat sources should come from fish, nuts, and vegetable oils. Limit solid fats like butter, stick margarine, shortening, and lard, as well as foods that contain these. Check the nutrition facts label on product packaging to keep saturated fats, trans fats, and sodium levels low. Choose food and beverages low in added sugars, which contribute calories with few, if any nutrients.



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Winter guide to skiing the North American slopes

resolutions for 2007...

TAKE A TRIP

While there are those who love nothing more than soaking up some rays with their feet in the sand and the ocean close by, some people actually prefer the colder months. A big reason for that is the increased popularity of skiing and, for the

younger crowds, snowboarding.

To some, the ski and snowboard boom might seem like a relatively recent phenomenon. However, skiing has been popular for well over 100 years in the northern reaches of North

America. While history is unsure if North American natives introduced the sport to new settlers or if settlers of Danish or Norwegian descent brought the sport to the continent, it's now clear that skiing has become entrenched in both American and

Canadian culture.

For years, the sport was associated with wealth, as the country's elite were known to escape to a variety of largely Colorado-based resorts for weekend getaways or lavish vacations. However, resorts abound throughout North America, making the sport more affordable than ever. For those thinking of a ski trip this winter, consider some of these popular North American ski destinations.

• **Whistler Blackcomb** — Whistler, British Columbia, Canada. Whistler Blackcomb holds the distinction of being the largest ski resort in North America. A relatively short drive (around 80 miles) from Vancouver International Airport, Whistler Blackcomb features a pair of ski-developed mountains, leaving many to say this ski area is the largest in the world.

Thanks to its size, Whistler Blackcomb is amenable to skiers of all talent levels, making it an ideal getaway for both experts and beginners. The Village also features numerous hotels, condominiums, bars and restaurants, providing lots to do when not out gliding down the slopes. Other activities figure only to increase as well, as the town prepares itself for its hosting duties in the skiing events of the 2010 Winter Olympic games.

• **Killing Ski Resort** — Killington, Vermont. One of the more widely known ski resorts on the eastern coast of the United States, Killington boasts the largest ski area in the eastern region of North America. The ski area at Killington extends over seven mountain peaks, the most noteworthy of which is Killington Peak. Killington Peak's notoriety stems from its vertical drop, which is 3,050 feet, making it the second highest drop in the east.

Killington's size enables skiers of all skill levels to enjoy themselves. In addition, the resort's season typically lasts from

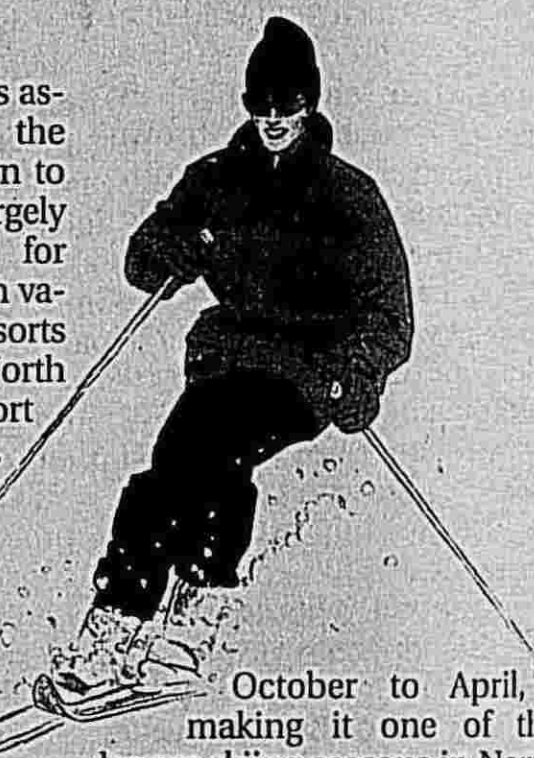
October to April, making it one of the longer skiing seasons in North America.

• **Lake Tahoe** — California/Nevada border. Among the more aesthetically pleasing ski resorts in North America, Lake Tahoe is home to a handful of different resorts, including Heavenly Mountain, Alpine Meadows and Northstar at Tahoe. Squaw Valley, which hosted the 1960 Olympic games, is also among the many resort options along Lake Tahoe.

Skiers thinking of heading to Tahoe can expect the tourist treatment, as the area caters to both winter travelers as well as summer vacationers. Parents bringing the kids along will also enjoy the various sled parks throughout Tahoe, many of which boast rope tows to assist sledders in getting back up the hill.

• **Telluride Ski Resort** — Telluride, Colorado. One of the more isolated ski resorts in North America, Telluride Ski Resort is nestled in the tiny town of Telluride, which has slightly more than 2,000 year-round residents.

The resort itself is 1,700 acres, nearly 40 percent of which can be skied by skiers of intermediate skill. For advanced and veteran skiers, the resort features The Plunge, a 3,140 foot drop that is sure to get hearts pumping. See Forever is one of Telluride's more popular points, so called for its panoramic view that enables skiers to see into the mountains of Utah.



Ski Trail Ratings

Newcomers to the skiing game should take note of the varying trail designations, as not all trails are meant for everyone.

- **Green Circle** — This designation is used for a resort's easiest trails, which are typically utilized by newcomers and snowboarders. The trails are often wide and well groomed, offering easy skiing for those new to the sport.
- **Blue Square** — Trails designated with a blue square are the most common among resorts, as they're for intermediate skiers. These trails feature a significantly steeper slope than green circle trails and are often not as wide but are typically groomed due to the volume of skiers.
- **Black Diamond** — Black diamond trails are difficult, and should be left to advanced skiers. The slopes are especially steep on black diamond trails.
- **Double Black Diamond** — Only for experts, double black diamond trails are narrow, exceptionally steep, and feature significant wind exposure.

WAUKEGAN PARK DISTRICT

THE
FIELD HOUSE

AT HINKSTON PARK



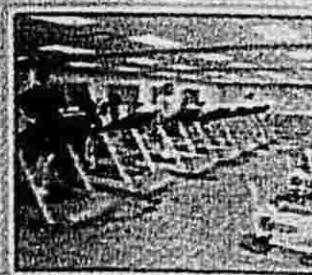
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Drop that extra weight while still dining out

resolutions for 2007...

EATING RIGHT

With each passing year comes the hope of meeting an entirely new set of New Year's resolutions. One resolution, however, that seems to make the list every year is shedding extra weight. That's due in part to the holiday season, which seems to be as synonymous with putting on weight as it is with putting up holiday lights.

However, as much as some may like to blame the holidays for the added pounds, it's also a result of people's love of dining out.

A 2006 Zagat's survey showed that Americans average eating 3.2 meals out per week. Dining out makes it more difficult to regulate and stick to one's diet, which can result in weight gain.

So what are lovers of the dining circuit to do? It's not necessary to abandon dinners outside the home. However, it is wise to consider the following

tips, particularly if you're one of the many who has resolved to lose weight this year.

- Order from the appetizers menu. It's no secret portions are expanding along with the waistlines of many people. These days, entrees are often more than one person can (or at least should) eat. Appetizers often come in smaller portions and can be just as enjoyable as the entree itself.

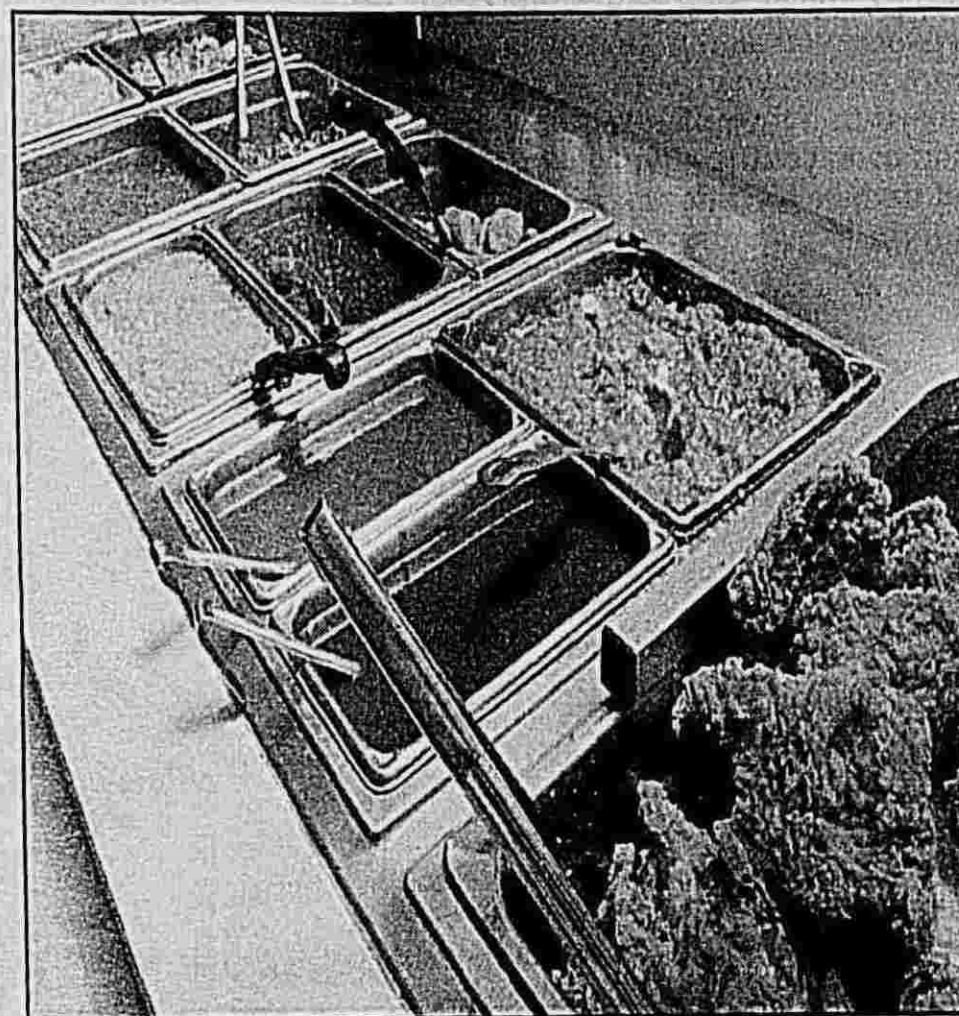
- Lay off fried foods. Fried foods can be a dieter's worst enemy. Though they taste and often smell good, they're rarely healthy. Fried chicken, for instance, is not something dieters should consider eating. However, chicken is a great food for the weight conscious. Simply ask for your chicken to be steamed, grilled, baked, broiled; just about anything but fried.

- Avoid buffets. Particularly when traveling around the holi-

days, roadside buffets can seem like the ideal choice, satisfying your hunger before you climb back into the car and finish your trip. However, these buffets are death to a diet, as too many options can lead to overeating. If you must do buffet, seek out the healthiest options, such as vegetables, broiled meat and poultry, and salad. Skip the heavy gravies.

- Eat smaller meals, more times per day. Many competitive bodybuilders refer to this approach as "grazing," wherein dieters substitute three meals per day with several smaller ones. This helps keep bodybuilders energized throughout the day and can with dieters as well.

Also, by eating smaller meals, your stomach will slowly begin to get smaller, which is a good thing for dieters, as they'll begin to need less and less food to feel satisfied.



Buffet-style restaurants can be a detriment to anyone trying to watch their weight while dining out.

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Maximize earning potential with a strong resume

In order to reap the rewards of a high salary, you'll need to dive into today's competitive job market. Your resume will be the first line of communication between you and a potential employer, so you'll want to be sure yours is top notch. More so than ever, your resume will be put under a high-power microscope. Even the slightest

comma out of place or a misspelled word can rule you out of the competition. That's why you have to know how to put your resume at the top of the stack to land the job you want. Follow these tips:

1. Don't use personal pronouns and articles. A resume is like a job application. It should be written as concisely as possi-

ble. Don't use "I" or "me," and avoid using articles like "of" and "the."

2. A resume should be free of typos. Even one mistake can send your resume to the garbage. Proofread and have someone else look it over to ensure that there are no misspellings or extra words and that all punctuation is accurate.

3. Focus on what you've accomplished instead of on your responsibilities. Detail how you've made or saved money, streamlined processes, built relationships or attracted new customers. If you focus on your results at a company, it will show that you were able to exceed your daily duties. For example, instead of saying "Duties included selling products," reword it to say "Increased product sales by 30 percent over a six-month period."

4. Avoid big words. SAT vocabulary won't impress employers. Avoid jargon words like "utilize," try "use." Don't say "implement" — use words like "adopted" or "set up."

5. Keep job descriptions consistent and orderly. Jobs should be listed in order of importance to the reader. That means: title, name of employer, city/state of employer, and dates of employment — although dates are not as important to employers as your position and who you worked for.

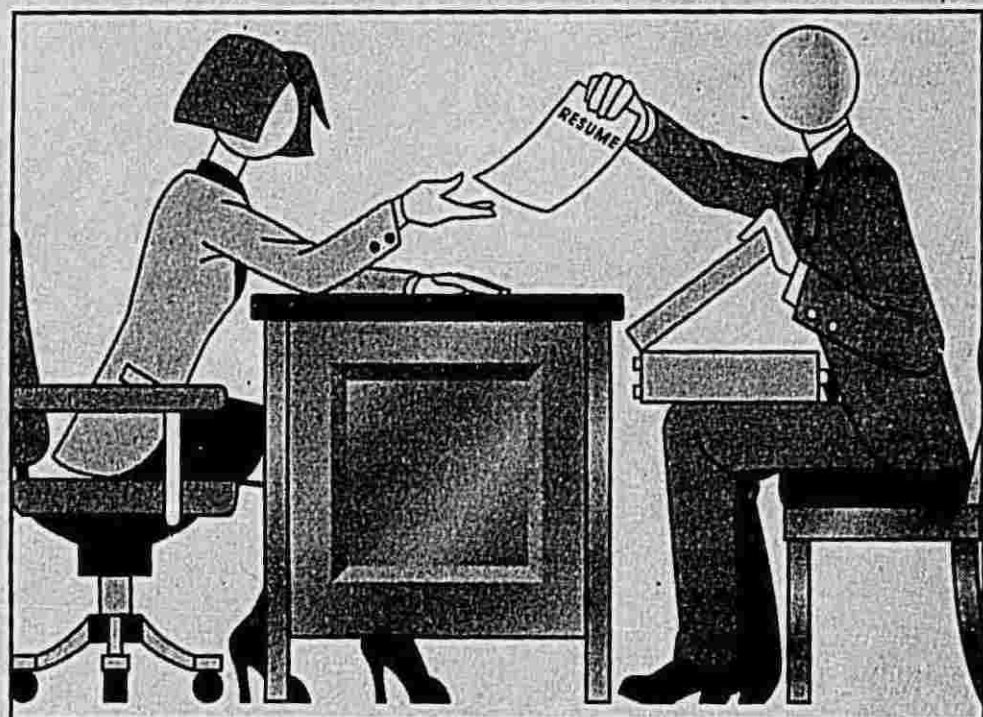
6. Make your resume easy to read. Use bullets and indents to make it reader-friendly, using them in a consistent manner throughout the resume. Also, use a legible font like Times or

resolutions for 2007...

BETTER YOUR CAREER

Courier in an easy-to-read 10- or 12-point size so it's gentle on the eyes.

7. Include your contact information. Always include your name at the top of your resume in a font that's a point or two larger than the rest of the text, as well as your mailing address, phone number, and e-mail address.



A good resume can make a world of difference when it comes to negotiating salary with a new employer.

How to be a better boss

How is it that some managers are able to inspire top performances from their employees while others can barely extract an honest day's work from the people who report to them? The secret is out.

According to a new survey, an overwhelming majority of American employees want to work hard because their bosses are nice to them. American workers ranked their bosses above average in all four areas.

On a scale of 1-to-10 with 10 being best, bosses in this country received a 7.3 for delegating authority, which shows they trust their employees; and a 7.1 for creating a sense of team spirit, which shows they want morale to be good. For leadership ability, they received a 7.0; a 6.9 for communication skills.

American managers are putting extra emphasis on motivating and engaging their employees because they know that a content and motivated workforce will reduce costly turnover and will contribute to the bottom line. So what are some of the most effective ways American bosses are raising

people's stature from mere hired hands or order takers to valued team members?

- By asking employees to complete the initial screening of potential job candidates — to make sure the person hired will be a good fit with the team;

- By consistently seeking input from employees, and acting on their suggestions for improving productivity and efficiency;

- By resisting the urge to micromanage — leaving it up to the employees to determine the best way to complete their assignments.

And here are some innovative ways they are encouraging employees to get out and have fun together:

- Sending employees to team-building workshops where they are dependent on each other to complete a goal, like to climb a mountain, sail a ship, run an obstacle course, etc.

- Encouraging monthly get-togethers where employees can put work aside for an hour or two and are given the opportunity to socialize.

ARE YOU DEPRESSED?

You may be eligible to participate in a clinical research study of depression if you meet the following criteria:

- at least 18 years old
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- currently depressed for at least 2 months
- current episode of depression has not lasted more than 2 years



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According to a new survey, an overwhelming majority of American employees want to work hard because their bosses are nice to them.

Get the dirt on cleaning house

There's no need to succumb to cabin fever this season. By making the most of time spent indoors, a person can take on all of the chores usually pushed aside when the weather is nicer.

Now is the perfect time to tackle indoor organization and cleaning projects. Is your home office busting at the seams with haphazard paperwork? Is your bedroom turning into the store-all for Halloween and Christmas decorations that never quite made it back into the attic? What about the closets... are they hiding some deep, dark secret clutter? While the wind is a-blowing outside, pull on those industrial strength latex gloves and get ready to fire up the cleaning supplies. Here are some tips for success:

Zero in on the target — When organizing, it's a good idea to get tunnel vision. If you focus on all of the things you have to accomplish in general, you probably will not even start one task. If the entire house is a mess, start by doing one room at a time — the one that will offer the most instant gratification — or even one quadrant of a room at a time (kitchen pantry). Breaking down organization into smaller chunks of work ensure the entire task will be more manageable.

It's in the bag — A shopping or trash bag can be your best friend as you do a run-through of the room. There's likely to be items here that really belong elsewhere. Place all errant things in the bag (or trash if they are truly garbage). Don't bring out-of-place items to where they belong just yet. Otherwise you may get overwhelmed or sidetracked with another project. Simply keep them in the bag until it's time to move on to another task.

Keep cleaning supplies on hand — It's much more time-efficient to keep cleaning supplies on your body or near to your area of attention. For example, you may want to stow a sponge, roll of paper towels, container of abrasive cleanser, toilet

brush and tile cleaner spray under the sink of each bathroom. Having all the tools close by will make fast work of straightening up. Another idea is to create a cleaning toolbelt. Stock a carpenter's toolbelt with glass cleaner, dusters, rags, etc., and wear it as you move around cleaning and organizing. If the toolbelt doesn't appeal to you, use a rolling cart, backpack or other storage device that can move with you from room to room.

Delegate chores — Each member of the household (who is old enough) can be responsible for one area of the house, either their bedroom or the room they frequent the most. Having help and knowing that you don't have to worry about that area of the house can help you better focus on your own tasks.

Break habits so cleaning will be easier next time — Are you a pack rat? Or do you "organize" so well you actually forget where you put things away? Own up to your faults and strengths and make strides to change bad habits. This can lead to less frustration and work in the long run. For example, if you like to keep bills and other important papers filed away, do so right after you pay them rather than letting them all pile up in the home office. After all, it's easier to put off filing a large stack of paperwork than smaller, more manageable piles.

Splurge on attractive cleaning tools or organizational items — Sure it may seem like a luxury, but if you're enamored with a specific "wonder wand" or nuts and bolts tray, go ahead and indulge. If you are excited about the organizational or cleaning product, you may be more inclined to use it. Make a day of shopping at a store that specializes in organizational supplies, or just browse through the aisles of your favorite discount center. Have a plan of action and buy the tools for the job.

Use space effectively — Store items you use frequently in closets or drawers

that are easily accessible. Seasonal or infrequently used items, such as that giant coffee urn, can be kept in the basement, attic or garage. If closets are cluttered, consider revamping with any of the closet organizational systems available. These can

add shelves, extra rack space and more to a variety of closet sizes. If cabinet space is at a premium, consider hanging pots and pans from a suspended or wall rack. Spices and other baking supplies can be stored in decorative spice racks and bins on

resolutions for 2007...

GETTING ORGANIZED

the counter. In storage closets or the garage, attach hooks and clips to walls that can keep mops, brooms and other items off of the floor and neat.

QUICK TIPS TO KEEP IT CLEAN

Make your work even easier by employing these handy strategies for keeping dirt at bay.

1. Prevent excessive dust buildup on plastic surfaces such as televisions and stereo equipment. Run an anti-static dryer sheet over the surface. The sheets contain ingredients that prevent static and will in turn help turn down the magnetic attraction these electronic devices have with dust.
2. Prevent hard water stains and excessive mildew on bathroom tiles. Apply a thin coating of furniture polish or automotive wax to the wall tiles (do not apply to the floor of the shower or tub!) after cleaning. The wax will help repel the water and other grime.
3. Throw dusty curtains into the dryer on the no-heat setting to refresh them and fluff off the dust. The lint trap will collect the dust bunnies and other particles and subtle wrinkles will be removed from the curtains.
4. Pour cleanser or another cleaning product in the toilet before you go to bed at night, allowing it to sit overnight. In the morning a quick swish with the cleaning brush and a flush will get rid of dirt.
5. Use both hands while cleaning to be more time efficient. Think Mr. Miyagi in "The Karate Kid": Wax on, wax off.



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Welcomes Linda Knott as the Fox Lake Branch Loan Officer



Pictured: Linda Knott and Allen Sturges

Second Federal Savings is pleased to announce the addition of Linda Knott to their staff. Linda is local to the area and has been in the mortgage business for over 15 years. She has helped thousands of customers purchase a new home or refinance their existing home. Second Federal has provided the best technology available and a dedicated staff that is committed to closing loans quickly.

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Making money resolutions this year?

If you're like most Americans, you'll make one or more New Year's resolutions. And if you follow the pattern, you'll likely break those New Year's resolutions before the holiday decorations are put away.

But some New Year's resolutions are so important that you need to find a way to stay on track. Getting your finances in order falls into that category. Whether you need to get control of your credit card debt, save for a big purchase, pay for college or make your mortgage payments more manageable, you can reach your financial goals with planning and patience. Here are some painless tips to get you started.

Pay off credit cards

The average American carries about \$8,000 in credit card debt. With the average interest rate on credit cards at 15 percent, carrying a large balance can really add up. To get out from under credit card debt, first consolidate your balance on to

the credit card (or cards, if necessary) with the lowest interest rate, and stop using the rest. Web sites like www.lowermybills.com make it easy to compare credit cards side-by-side and search for one with a low APR.

Examine your spending, creating a realistic budget. Leaving credit cards at home when you shop will help eliminate impulse buying. Try to make more than the minimum payment each month, even if it's only a few dollars extra.

Lower your mortgage payments

Chances are your mortgage payment is your largest monthly expense. If interest rates have gone down since you financed your house, consider refinancing. Yes, there will be expenses associated with refinancing, but if you plan to stay in your home long term, the ongoing monthly savings can justify the cost.

Likewise, if you have an adjustable-rate mortgage (ARM) that is reaching the end of its

fixed period, your mortgage payment could increase significantly, so refinancing to a fixed-rate mortgage can be a smart financial move.

Saving for a goal

Perhaps your 50th wedding anniversary is coming up and you want to take that trip of a lifetime. Or maybe your son or daughter will be heading off to college in a few years. By starting to save for that goal now, you're less likely to rely on credit cards to foot the bill. "Finding extra money each month to sock away can be tough, but just remember that even small amounts add up," notes Matt Coffin, president and founder of LowerMyBills.com.

Review household expenses to find places where you can painlessly cut some fat from your budget. Reevaluate your cell phone bill, for example. Are you using a plan that really fits your needs? Can you get a better deal on your long distance phone and Internet service? Review your insurance plans.

The lower your deductible, the higher your premium. While it can be scary to think of having to pay the first \$500 or \$1,000 of an insurance claim, when was the last time you made a claim on your homeowner's or auto insurance? Would you have saved more than the cost of the deductible since that time?

More and more homeowners are choosing to use the equity in their home to pay for things like college tuition. The easiest way to do this is with a home equity loan or line of credit, which allows you to borrow money using your home's equity as collateral. A home equity loan provides you a lump sum, while a home equity line of credit, sometimes called a HELOC, functions more like a credit card that you can use as needed.

No matter what your financial goals for the coming year, these tips are smart moves that can help you lower your monthly expenses, increase your expendable income and become financially secure.

resolutions for 2007...

MONEY PLANNING



Whether you need to get control of your credit card debt, save for a big purchase, pay for college or make your mortgage payments more manageable, you can reach your financial goals with planning and patience.

I resolve to give up snow shoveling,

because I am moving to the VILLAGE AT VICTORY LAKES

How much better would your life be if you spent the same or less money each month, while never having to worry about tedious chores like shoveling snow and raking leaves?

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Covering a sprawling 38-acre campus in scenic Lake County, The Village at Victory Lakes offers a variety of independent living options that meet your needs. If you're looking for a spacious home, come tour our two- and three-bedroom prairie-style garden homes. They include a private patio and attached garage. The roomy one- and two-bedroom apartments feature a full kitchen, individual climate control and full-course meals in our elegant dining room. Our friendly associates look forward to helping you experience the fullness of life.

Call (847) 356-4666 today or visit us on the web at www.victorylakes.org.



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The Village at Victory Lakes is sponsored by the Franciscan Sisters of Chicago and belongs to the family of Franciscan Communities.

Everyday activities can create intense cravings for smokers trying to quit

A craving is defined as a great, eager, consuming desire. A yearning. Anyone who has ever tried to quit smoking might say a craving is their worst enemy: a snarling beast they are forever trying to tame. Many feel that every time they gain some ground, there is something, some trigger that trips them up.

Smokers are faced with nicotine cravings that nag like little beasts until satisfied. For most of us, cravings for things such as our favorite foods may not have serious implications

on our health, but for someone trying to quit smoking, confronting a cigarette craving can mean the difference between success and failure.

Nearly 44.5 million Americans smoke and 70 percent want to quit, but in reality, fewer than 5 percent every year are successful. A major culprit preventing more people from quitting isn't a simple lack of willpower...it's what experts call the "situational craving," and it's responsible for the majority of quitter lapses.

Here's how it works

Smoking increases the number of receptors in the brain that thrive on nicotine, and frequent smoking in the same circumstances—such as while driving, drinking coffee or talking on the phone—train those receptors to expect nicotine during that activity. Experts call this a situational craving and it can be quite detrimental to a quit attempt. In fact, situational cravings are responsible for a majority of lapses when a smoker is trying to quit.

"Many smokers may not realize that their brain is trained by cigarettes to crave nicotine, which is why they may have failed in their previous attempts at quitting," said Saul Shiffman, Ph.D., world-renowned researcher and professor in the departments of psychology and pharmaceutical science. "A smoker who is trying to quit needs to understand that it is a matter of retraining their brain to live without nicotine and

managing their cravings in the process, in order to successfully overcome their addiction. There are several readily accessible tools and treatments to help them relieve those cravings and begin to change their habits associated with smoking."

Every smoker has certain times when they automatically reach for a cigarette—those situations or feelings that trigger smoking. A smoker trying to quit should identify those situational triggers and plan for alternatives to smoking.

Studies have shown that using therapeutic nicotine in the form of a gum or lozenge, can help to significantly reduce situational cravings. It can also double a smoker's chances of quitting successfully over cold turkey. Not every stop-smoking treatment may address situational cravings, so it is important to read a product's label to understand how the product works.

Don't let your future go up in smoke

Now is a great time to refresh your health by quitting smoking for yourself, your family and the community. And with the African-American community developing lung cancer at a younger age than our non-African-American counterparts, being successful at quitting is essential to the community's long-term health.

What's more, experts say that African-Americans are more likely to develop and die from lung cancer—even though African-Americans have lower exposure to tobacco smoke.

The good news is there are steps African-Americans can take to reduce the number of lung cancer fatalities in the community. One major step in the fight against lung cancer is to quit smoking.

Lung cancer is the uncontrolled growth of abnormal cells in one or both lungs. Even though the medical community still hasn't agreed on a reliable and practical screening test for lung cancer, there are symptoms of the disease that could warn you of a problem, including a long-lasting cold, pneumonia or other bronchial problems, coughing up blood, fatigue, weight loss, and hoarseness of voice.

Detection and treatment are critical for survival, especially since cigarette use and stage of disease are two reasons why

more African-Americans die of lung cancer than their non-African-American counterparts. Even if you have quit before and end up relapsing, you can still make a personal resolution to improve your health by attempting to quit again.

Here is a short list of things you can do to reduce your chance of getting lung cancer:

- Quit smoking. Determine the best stop-smoking aid for you that will help reduce your cravings and be successful at your quit attempt.

- Speak up to your physician and ask for regular screenings to track the health of your lungs.

- Add more fruits and vegetables to your diet.

Remember, you can always reduce your risk of lung cancer simply by quitting smoking. Life-long smokers over 50 can reduce their risk by half if they quit today. If you're a lifelong smoker over 30, you can almost completely eliminate your risk of lung cancer once you quit.

Many people try to go it alone and quit cold turkey, but only 7 percent are successful. By incorporating a nicotine replacement therapy into your quit attempt, you can double your chances of quitting for good, allowing yourself to gradually reduce your craving. With lung cancer attacking the community, it is up to everyone to take responsibility and make a difference.

resolutions for 2007...

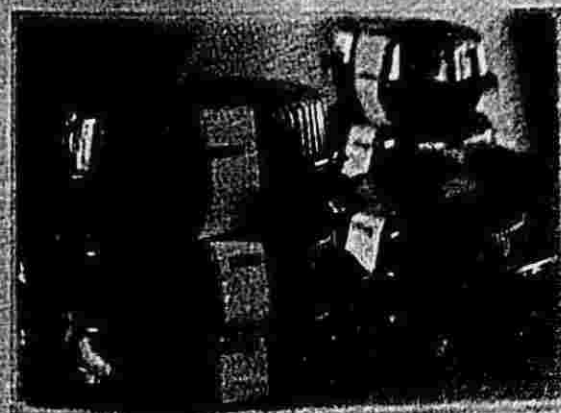
GIVE UP A BAD HABIT

Why stop smoking?

Stopping smoking is the single most helpful thing you can do to improve your health and the health of the people around you. Every day 100,000 people around the world stop smoking.

As soon as you stop smoking, your health will start to benefit. Within a few days, your blood pressure and heart rate will return to normal, the nicotine will be removed from your body and your breathing will improve. Within as little as 6 months, your risk of heart attack, lung cancer and other smoking related diseases will start to fall. Half of the people who smoke will be killed by their habit - for every person that smokes forty a day and is still going strong at the age of 60, there is another person who died of lung cancer at 50, or had a disabling heart attack at 45.

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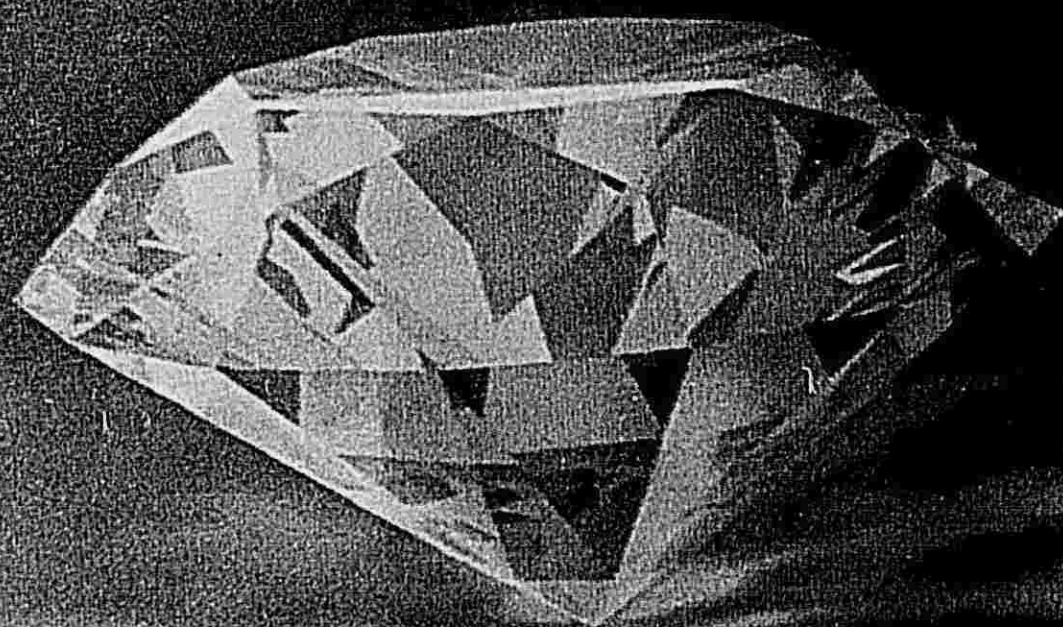
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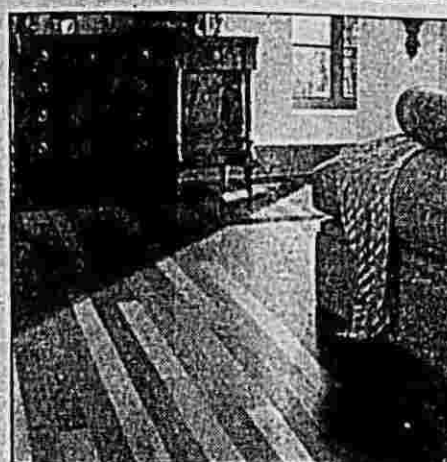
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JOURNAL MARKETPLACE



Photo Provided

(Left to right) Bish Krywko, Donald Portzen and Christopher Thelen. Round Lake Mobile Eye Commander Donald Portzen and 15 members of Round Lake Area Mobile Eye/ Emergency Management presented Bish Krywko and Christopher Thelen, of WRLR 98.3, a check for \$1300. The check is for purchase of an emergency unit that will allow WRLR 98.3 to broadcast severe weather alerts, as well as extending the possibility of broadcasting traffic alerts and issues for Round Lake Area residents.



HARDWOOD FLOORS: WHAT'S RIGHT FOR YOU?
Page B2

MAKE THE MOST OF YOUR MUDROOM
Page B3



DO YOU HAVE ANY PHOTOS YOU WOULD LIKE TO SHARE?

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INSIDE

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Wheels Page B15

CARS WITH DAMAGED FRAMES POSE A REAL DANGER

Page B15

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Grayslake \$278,900

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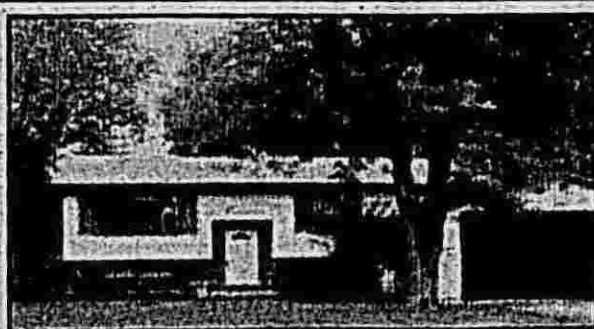
Lake Villa \$240,000

Hillside ranch w/lots of recent improvements, finished bsmt, 3 bdrms, fireplace, wrap-around deck, on two lots, pre-foreclosure, short sale, make offer



Fox Lake \$274,900

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Hardwood floors: What's right for you?

In the flooring category, there is not a more popular choice today than hardwood. And it's easy to understand how this beautiful product continues to attract consumers searching for a distinctive look for their homes. The richness of grain patterns and the natural colorations and markings inherent in living wood all tell a story of each tree's individual character.

A well-crafted hardwood floor imparts a soft, reflective glow that seems to bathe your rooms in quiet luxury. Moreover, in addition to the obvious aesthetic contribution, your home's value is enhanced with hardwood floors.

The selection of hardwood products is breathtaking. From

elegant fine-grained styles carefully selected from inner cuts of heartwood to rustic looks with broad variations in grain and color that offer a casual charm and warmth, there are surface visuals that offer something for every décor and lifestyle. Wood has an unlimited range of natural details, including grain and color, called "character marks," and unpredictable and random "signatures." Within each species, every tree is an individual; no two logs carry the same "signature" of knot, burls, or mineral streaks.

Solid hardwood

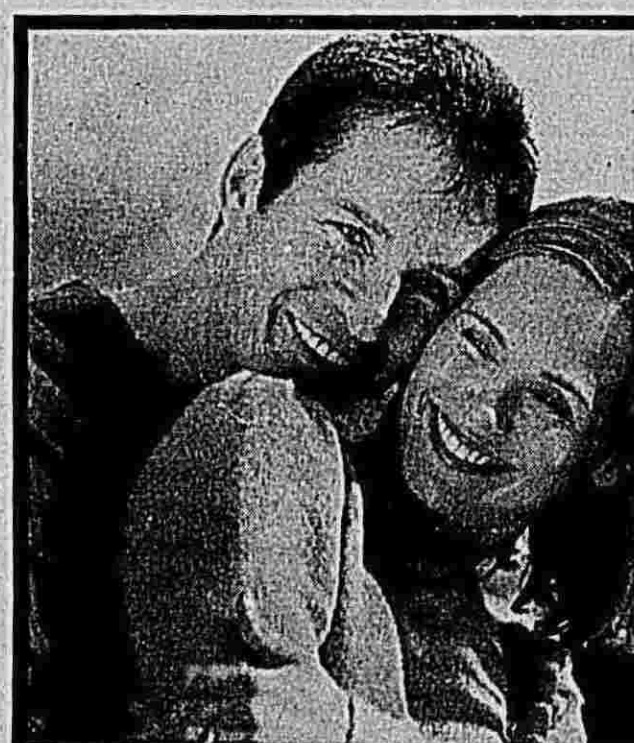
Solid hardwood flooring is milled from a single piece of wood. It requires basic machin-

ery to manufacture, and the process has remained virtually unchanged for over 150 years. Solid hardwood is dependent on nature to remain flat and straight. It is typically 3/4" thick and must be nailed to a wood sub-floor for proper installation.

These floors mimic the natural variations of the trees from which they are harvested, and uniformity is therefore based on appearance value, with the lowest appearance rating being a "tavern or cabin grade." Because solid wood is prone to expansion and contraction, warping and cupping may occur when the wood is exposed to pronounced temperature and humidity fluctuations. These floors are typically not suitable



A well-crafted hardwood floor imparts a soft, reflective glow that seems to bathe your rooms in quiet luxury.



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where climactic changes are great, and they should not be installed below grade, as in basement areas.

Engineered hardwood

Engineered hardwood flooring is made of multiple layers that are arranged in a cross-grain configuration for strength, stability, and balance, then bonded under intense heat and pressure. The top layer is the premium appearance hardwood. Engineered products can be manufactured using 3 to 9 plies of wood. The inner layers, or core layers, can be made of softwoods or lesser grades of hardwood. Hardwood layers provide more strength and stability, while softwoods are more economical. Still, others use composite woods, i.e., high-density fiberboard (HDF) for the core with a premium wood veneer on top and a balancing layer of wood on the bottom.

This engineered hardwood process produces a high-quality

flooring with all the timeless beauty and luster of its hardwood face and the enhanced structural integrity and moisture resistance that are key in below-grade installations, or where humidity is a concern. Engineered floors are the most versatile for installation, allowing nailing, gluing, or floating methods (5" or wider).

Finishes are basically the same for all pre-finished wood flooring (and many solid products), despite the wood species or appearance style. The premium finishes of today are factory-applied polyurethane with aluminum oxide. Aluminum oxide provides a scratch-resistant surface, and polyurethane applied in a factory is 5 to 7 times harder than a traditional field-applied finish. A factory finish allows the polyurethane to instantly cure with ultraviolet light, keeping the finish dust-free and hard. Aluminum oxide cannot be applied in the field, only at a factory using UV curing.

Improve your home's curb appeal this winter

Whether you're planning to sell your home in the near future and need some way to set it apart from all the others on the market, or just want to improve its curb appeal for your family's own enjoyment, now is a great time to start planning your improvements. Things are slower in the remodeling industry during the winter, so you're sure to find some great deals!

A good place to start is by taking a long, hard look at the outside of your home. If you find your house kind of plain looking, think about how you can dress it up.

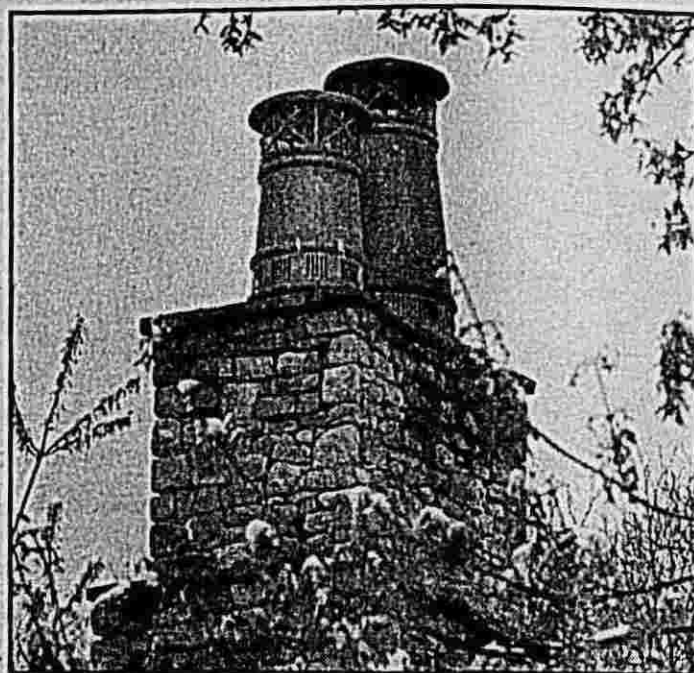
Among the projects you may want to consider: painting the exterior, replacing the front door, adding shutters around the windows, updating the landscaping and resurfacing the driveway. Any of these improvements will make a dramatic improvement, but if you really want to make a statement, one that will set your home apart from all the others on the block, consider replacing your chimney caps (the covers that keep rain, snow and unwanted pests out of your home) with designer chimney pots.

What is a chimney pot? A decorative architectural element that increases the fireplace ventilation and protects a chimney from the elements.

Chimney pots have been used throughout the world since the 13th century, a time when fireplaces were important both for cooking and as a heat source. In homes large and small, chimney pots were an important addition because the taller the chimney, the better the draft, and the more efficient the fireplace. Later they became a design element and even a status symbol among those who owned fine homes.

Among the shapes available are chimney pots that imitate chess pieces, octagonal columns, and those shaped like gun or cannon barrels. "Historically, they were crafted from clay because the material was abundantly available, but clay adds tremendous weight to the top of a chimney and is cumbersome to install. I knew there had to be a better way," says architect Jack Arnold. In 1998 he designed a line of copper chimney pots that add the height needed to draw smoke out of the flue without adding the additional weight to the roof.

The Jack Arnold European Copper collection



Chimney pots have been used throughout the world since the 13th century, a time when fireplaces were important both for cooking and as a heat source.

features three designs resembling chess pieces that come in seven different sizes and two colors, new penny or patina finish. They are UL listed and designed to withstand extreme heat and cold and hurricane level winds. They are also flexible enough to hold up in earthquake-prone areas. Available for existing and new construction, each piece is uniquely suited for both masonry and pre-engineered fireplace systems.

Make the most of your mudroom

Give your mudroom a makeover with these tips

Does your mudroom have you heading straight for the door? With the hustle and bustle of daily life—school, work, extracurriculars—a mudroom can quickly accumulate unnecessary mess and clutter. Luckily, it's easy to keep your frustrations from piling up like the many pairs of shoes. Follow these easy tips and make the most out of your mudroom.

Keep it clean

After a long day, it's easy to drop belongings at the door, which can quickly add up to a big mess. Take charge of this spot by adding a multi-tiered coat rack and an attractive umbrella holder to keep coats and book bags off the floor while providing a place for those sopping umbrellas to dry.

Contain the clutter by adding storage cabinets

Manufacturers offer a variety of decorative cabinets and shelves in many different finishes to meet your storage and décor needs. Plus, by keeping storage vertical, you can add extra space you never even knew you had. Label or color-code the shelves for each family member to keep everyone organized and reduce the risk of lost or misplaced items.

Let's get functional

Start by rethinking your utility sink and remember you can be functional and fashionable. Replace the utility tub with a more decorative stainless steel sink. Manufacturers offer these easy-to-clean, durable sinks in a



variety of shapes and sizes, including deep single bowls or multiple bowls to help you tackle a variety of tasks. Pullout faucets can help tackle the messiest of jobs, like washing the dog, rinsing mud from boots or cleaning up after an art project—all with the bonus of eye-catching design.

To alleviate stress and confusion, hang a dry erase or chalk message board and key ring next to the door. The message board will keep everyone on the same page when it comes to remembering important things, like returning movies or the date of the next Girl Scout meeting; while the hooks will keep your keys easily accessible when running out the door.

A personal touch is a must

Adding some personal touches can make a mudroom feel cozier. Hang a decorative mirror to make the room seem larger and to give you a place to inspect your lipstick before heading out. Place an indoor/outdoor decorative rug near the door to add some color and texture to the room, while also trapping dirt and dampness before it gets to the rest of the house.

With just a few changes, you can eliminate the mess from your mudroom and transform it into a useful and well-organized room.



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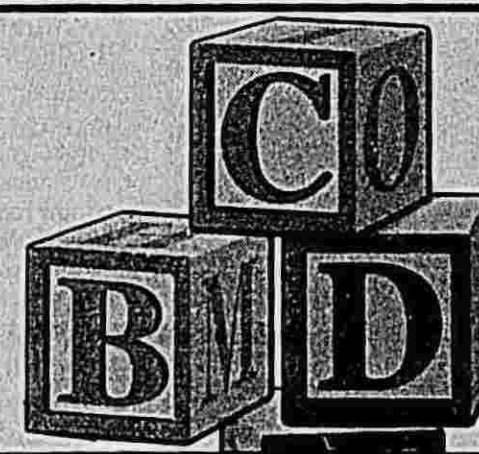
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Wall repair 101: Mending a crack

With a little preparation and the right equipment, most cracks in plaster and drywall can be easily repaired. Plus, the project should take most do-it-yourself enthusiasts only a few hours and the materials are relatively inexpensive.

Try these tips for patching small to medium-sized cracks in plaster and drywall.

- **Prep the area**—For plaster walls, begin by pushing against the crack to determine how soft the surrounding wall area is. Remove any loose material with a screwdriver and then clean the area with a slightly dampened paintbrush or sponge.

- **Gather your materials**—You'll need a utility knife; two drywall knives—one that's four to six inches wide and one that's eight to 10 inches wide; paper joint tape for wider cracks; a ready-mixed or powdered joint compound product; safety goggles and a dust mask; and either a fine, 150-grade sandpaper or a sponge.

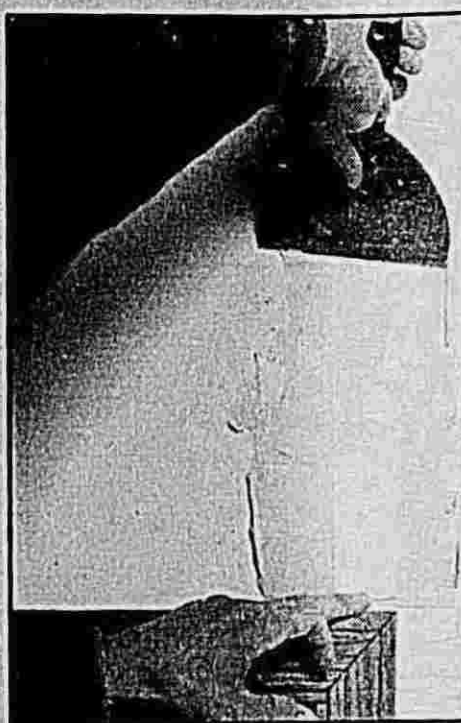
- **First Coat**—Fine to small drywall and plaster cracks require only one application of

joint compound, while deeper cracks require two or more coats of compound. Using the four- to six-inch-wide putty knife, apply a generous amount of joint compound over the crack. Angle the knife to force compound into the crack and then smooth it out. Let the compound dry completely before sanding or applying additional coats (for deeper cracks).

- **Reinforce**—deeper or wider cracks need to be reinforced with paper joint tape. Apply a thin coat of compound over the crack. Then embed a strip of paper joint tape into the compound to bridge the crack to tightly embed the tape. Let the coat dry completely.

- **More compound**—Apply a coat of joint compound over the tape to level the repair. Then apply a generous amount of compound with a drywall knife and smooth and feather the compound out along the edges of the repaired area. Let the repair harden and apply another coat of compound, if necessary.

- **Finish**—smooth the surface once the wall is completely dry. Lightly smooth the edges of the



Most cracks in plaster or drywall can be made to disappear.

repaired area with fine sandpaper or a damp sponge. Prime the patched area with a high-quality primer or a flat wall paint. Wait until the primer dries completely before applying a new coat of paint.

A job well done—Most cracks in plaster or drywall can be made to disappear. All it takes is a little time and the right equipment.

The time to invest may be now

Home prices aren't appreciating as fast as they were a few years ago. Time to get out of the real estate investment game, right? Maybe not.

When it comes to playing the stock market, the mantra on Wall Street has always been "buy low, sell high." The same advice applies to real estate investment. If you have the income to cover an additional mortgage payment, you may be able to lock in a great investment property at a low price and low interest rate.

Rates are near their lowest point in 40 years. Right now there is a robust seven-month supply of homes for sale on the market, making it a buyer's market with many sellers willing to make a deal.

Before you sit down with the Sunday paper and a highlighter, take a few minutes to understand how to succeed in property investment.

The ABCs of successful real estate investments

Assess Your Market. Location really is everything. It determines how many tenants and buyers are available and it makes a difference in your profitability potential—so learn everything you can before settling on a market.

Be Prepared. Talk to a reputable mortgage banker who can get you prequalified today, so when you find your investment property, you'll be ready to make an offer.

Cash Reserves. Having funds for repairs and other expenses is a necessity. All profitable businesses need cash to operate effectively. Again, work with a reputable mortgage banker and discuss the possibility of financing your investment property using a mortgage program that minimizes your risk and monthly out-of-pocket burden, such as an interest-only loan.



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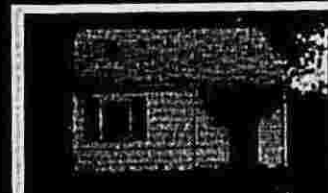


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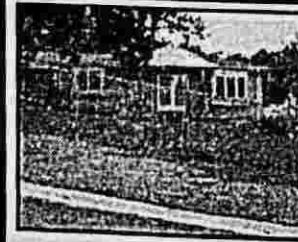


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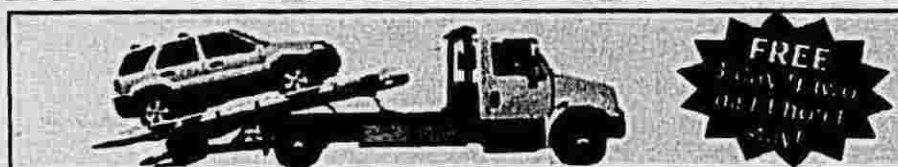
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sentinelbuildings.com

BUILDING SALE!!!
Jan/Feb delivery or de-
posit holds till Spring. 25'
x 40' 12' \$4,800. 40' x 60'
x 16' \$12,800. Front end
optional. Rear end Includ-
ed. Many others. Pioneer,
1-800-668-5422 or visit:
www.pioneersteel.com

Musical Instruments 4360

Baldwin Organ w/bench
Free, U-haul.
847-669-1518
Lake in the Hills.

BEAUTIFUL ELECTRIC
PEDAL ORGAN.
815-356-5327 LV MSG.

LOWREY home organ with
bench & music books.
Good condition. \$99. Call
630-232-8863

SMALL HOHNER
PIANO ACCORDIAN
\$85.00 847-949-1416

UPRIGHT PIANO
\$99.00 815-758-9703

UPRIGHT PIANO
Good condition. \$99.00
815-653-9980

Photography 4370

MINOLTA X370 50MM
PLUS 200 ZOOM
W/FLASH. Excellent cond.
\$99.00 815-344-4567

Snowblowers 4400

SNOWBLOWER
Sunbeam Electric, \$35.
815-363-9970/Lakemore

Snowblowers 4400

SNOWBLOWER
Toro electric start, \$55.
815-363-9970/Lakemore

SNOWBLOWER, MTD 20
in. auger type, good for
small driveway, tuned.
\$75. 630-232-0183.

TORO S200 Snowthrower
20" \$125.00/obo
847-854-0678 after 6pm

Sporting Goods 4410

CROSS COUNTRY SKIS
Wax-less. Shoes & poles.
\$35.00 815-568-8743

DEER ANTLERS
\$25.00 815-943-4146

GAZELLE by Tony Little
No impact exercise.
\$69.00 815-459-9373

GOLF CLUBS
Bazooka #6 graphite
Wedgewood 7/8 graphite
\$55/both 847-515-8620

HELMET
Adult medium, Red &
white. Used twice. Good
cond. \$75. 815-713-5572

HELMET
Adult Medium. Red &
white. New, never used.
\$85.00 815-713-5572

ICE FISHING AUGER
6" Manual G.C. \$20/obo
847-658-6058

KASTLE 180 SKIS Scott
Poles, Salomon Bindings
Koflach boots M-9-W tree
& bag \$50 / 847-639-1909

SNOW MOBILE HELMET
Ski-Do size 7 5/8
Black & purple \$90.00
815-356-7931

WOMEN'S SKI POLES &
Boot set. \$75.00/all
815-338-0253

Exercise Equipment 4415

AB LOUNGE 2
Like new in box. \$69.00
847-409-9464

AB LOUNGER w/CD
New condition \$85.00
815-334-9180

BARBELL WEIGHTS
Two 44lb. (20K) w/std. Bar
Steel. \$25.00
847-658-6058

BODY BY JAKE
Like new, with workout
tape. \$50/obo
815-344-7986

BODY BY JAKE
Stepper Machine.
\$50/obo 815-759-1172

ELLIPTICAL TRAINER
by Orbitrek. Almost new
w/ display. \$99.00 firm
815-459-9373

ELLIPTICAL Exercise
Machine Linex Mod-X527
\$150/obo 815-344-5269

ELLIPTICAL Exerciser
Pro-Form 485E. Good
condition. \$99.00
847-858-6338 Algonquin

EXERCYCLE White
One owner, good condition
\$99.00 847-708-2605

Exercise Equipment 4415

HOME GYM
Zuma by Pacific Fitness
never used, \$750/obo.
815-236-3040

JACK LALANNE'S
POWER JUICER
EXPRESS \$39.00
847-854-5860

NORDIC TRACK Classic
Pro Skier. Excellent cond.
FREE 815-403-4334

NORDIC TRACK cross
country skier. Exc. Cond.
Will deliver. \$85/best. Call
630-562-6252.

NORDIC TRACK CTX
Aerobic stretch, tone,
cardio machine. \$75.00
815-477-0680

Precor Stalmaster/
Elliptical & Pro-sport rower
\$50.00 847-917-2077

RECLINING EXCERSIZE
BIKE. Easy on your back.
\$35.00 847-658-4478

STEPPER
Schwinn PT
Like New! \$65.00
773-203-3008

TRAMPOLINE
40' Personal size.
Excellent condition
\$20.00 815-385-1019

TREADMILL
Excellent condition.
\$199.00
847-708-2605

TREADMILL
Pro-Form 485EX space
saver, power incl. Ex.
cond. \$99. 815-344-4378

TREADMILL
Weslo 3260, 6 mph,
incline. Excellent condition.
\$99.00 815-459-1378

TREK STATIONARY BIKE
TRAINER. Only used 1
season. \$99.00
815-459-4342

WEIGHT BENCH
Like new! Gold's Gym
Power series. \$99.00
815-355-5933

WELSO AIR STRIDER
exercise machine w/
electronic monitor. \$80.00
630-485-9982

Toys 4440

FISHER PRICE
Laugh & Learn Learning
House. Like New! \$25.00
815-337-6160

GAMEBOY COLOR w/ 4
Pokemon games & plug in
light. Works Great!
\$35.00 847-548-9884

JEEP, Barbie pink, exc.
Condition, hold 2 kids.
Max. 200 lbs. Battery
operated, incl. "radio", \$99.
Call 630-879-1905.

KID KRAFT Train table
has storage, trains, people
& much more. \$65.00
847-639-1770

NINTENDO 64 w/ 6 games
2 controls & memory card
Works great! \$50.00
847-548-9884

RIDE-ON BACKHO
Up to 40 lbs. Like new!
\$20.00 815-477-3775

Toys 4440

ROLL-A-ROUNDS
Drop & Roar Dinosaur
\$10.00 815-337-6160

SIMS THEME PARK
COMPUTER GAME
\$10.00 815-338-8090

TICKLE ME ELMO T.M.X.
Brand new in box.
Very hard to find.
815-728-0505

YU-GI-OH CARDS & TIN
75 cards, 10 card protec-
tors & tin. \$10.00
815-405-7561

Wanted to Buy 4450

CASH PAID FOR
Used Dish Network
(NOT DIRECTV)
Satellite boxes (not dish-
es). Highest Price Paid.
Have model number and
receiver ready and call
1-866-642-5181 x1396

Pets & Supplies 4460

Animal Talent
needed for TV Commer-
cials, Movie extras,
stunt work & print ads.
All kinds of animals and
breeds. TOP PAY!
Call 312-337-1300

Cat: 12yr old Silver tab-
by w/ blue eyes sweet,
shy beautiful, loving,
needs quiet home; free
Only to a good home.
Needs medication,
comes with month sup-
ply of med plus other
supplies too.
Doesn't need a lot of at-
tention but very very
lovable! 847-515-1456

CHINCHILLA
Male, grey. Loves to
cuddle. With cage, bath,
food, & carry cage.
\$99.00 847-426-2515

COCKATIELS
Grey Pair \$50.00
815-403-4656

COCKER SPANIEL MIX
Female puppy, 3 months.
1" Shots. Sweet & gentle
\$99.00 815-923-4688

DOBERMAN PUPS - M/F
AKC, tails & dewclaws
done. Large boned Home
raised. Red /Rust. \$400.
815-675-2768

DOG - Black/tan/white
18 month old, smallish,
loving pet. Fenced yard.
\$85.00 847-395-0567

DOG CRATE/KENNEL
w/plastic tray. Collapsible
design. 22"x35"x24"
\$30.00 630-485-9982

DOG CRATE: Medium
Size 30"x23"x24". Used 2
months \$45 815-459-2982
after 6pm

DOG Male 3 yr old Bichon
mix. Needs good, loving
home. Good Natured
FREE. 815-363-7760

KITTENS Ready for adop-
tion to loving, inside
homes. 815-459-0758
Please call after 7:00pm

www.mchenrycountysports.com
Local Sports Attitude.

Pets & Supplies 4460

MALTESE Registered
Male, shots, fixed. 2 yrs.
\$125. 847-409-2634

ONE baby blue parakeet &
1 snow white parakeet with
cage. \$45. 630-363-6005.

Pit Bull/Collie mix FREE to
good home. 1Yr old, Very
Good watch dog. 815-260-
6900

NEW TODAY!

SHIH-TZU PUPS
4 males, 1 female, AKC
reg, shots, vet checked,
\$650 815-748-3970

Horses & Tack 4470

MISC. horse tack blankets,
pads, reins, lead ropes,
halters. \$99. Please call
630-365-9791.

SADDLE
Flat Seat, 21"
\$99.00
847-516-8669 eves.

Livestock & Supplies 4480

ROOSTERS - FREE
Hatched Spring 2006
815 648-2380 or
815 790-7537 Hebron

Farm Equipment 4490

MILKING PUMP
Surge Alamo Vacuum
milking pump. \$199.00
815-943-4146

5000 Transportation**Auto Parts & Supplies 5100**

12 Volt Gas Starting Unit
Needs work. \$99.00
815-814-1461

AUTO ENGINE STAND
Used. \$40.00
815-276-6240 after 6pm

Draw Title 3500lb Bolton
(GM Blazer) Hitch with
receiver. \$99.00
847-462-8121

FORD REPAIR MANUALS
1989 Shop manuals,
1976-1972 Haynes &
Chiltons. \$30.00
847-487-1650

FORD TRUCK WHEEL &
TIRE. Firestone Steeltex
Radial R4s LT235/85R16
M/S. Ford 8 w6 \$60.00
630-682-0789

Mickey Thompson Forge
Pistons. Used. 327? in
original box. \$45.00
847-639-9012

Rochester Carb's Chevy
Pontiac-Olds. Very clean,
can be used for tripower
60's & 70's \$25.00 each
847-639-9012

Auto Parts & Supplies 5100

ROLL BAR (45 MPH)
\$75.00 847-546-7643

TAIL GATE FOR 1985
Ranger Pickup. Red.
\$30.00 847-658-3641
Call morning/evening

TRANSMITTER, remoted
for Sears garage door
opener. 3 for \$20. Pro-
grammable. 630-584-7351

TRUCK CAP w/ ladder
rack, side doors w/no win-
dow, rear window & door
w/sliding window up front.
Dark Blue off 1995 F250
regular cab. \$99.00
815-347-5043

UTILITY TRAILER
\$99.00 815-814-1461

WINDSCREEN for
Convertible Corvette, 2000
body style. \$99.00
847-207-2797

Autos 5150

1992 Plymouth Acclaim
New tune-up, shots and
struts, new tires, great on
gas, \$1500/best offer.
815-444-1499 - Lv Msg

1995 SATURN SC2
Good condition, 150K
miles, \$2,100/obo
8-5:30pm 815-675-2299
Evening & Weekends
815-529-8159

1998 BMW 328i
Red, 4 door, excellent con-
dition, new brakes, ball
joints, 138K miles. \$8,985.
630-776-2006

2000 Buick LeSabre LTD,
80k mi, remote start, load-
ed, leather, sunroof, high-
way miles, PGA Edition,
\$6800. Call 847-548-8990

Sport Utility Vehicles 5275

2003 NISSAN MURANO
SL - AWD, copper, full
power, sunroof, leather,
Bose audio, 18" chrome
wheels, 33K mi, \$18,900.
847-602-8223

Vans 5300

1998 OLDS SILHOUETTE
Loaded, leather, clean,
New tires, CD, dual 2nd
doors, power slider, 7 pass
Great Deal! \$4795/obo
815-790-7713

Snowmobiles 5550

SNOWMOBILE DOLLY
Heavy-duty, two wood
construction. \$25/BOTH
815-338-7443 leave msg

We Buy Snowmobiles
Any make, any condition!
815-378-9309

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THE ORIGINAL
1-800-Charity Cars!
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6000 Real Estate for Sale**Real Estate Services 6100**

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1-3 bedrooms available!
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NORTH CAROLINA
MOUNTAINS
3.5 acres on the headwa-
ters of Valley River! Drive
and house pad cleared.
High elevation. \$119,500
valleytownreally@verizon.
net 800-632-2212

Open Houses 6200

Grayslake
Saturday 1/13
1pm-4pm
OAKWOOD SUB.
18392 Springwood Dr
(Washington E of 45- to
Tanqueray-S to Spring-
wood W to your new
home!)

Woodland Schools!
Best Value!!Gorgeous 4
bdm, 2.1 bath, bsmt, 2
car gar on huge interior
corner lot! HW flrs eat-
in kitchen, oak cabs,
cntr isle, sunk fam rm,
blt-in ent ctr, FP* mstr
ste, W/ closet, soak
tub, sep shower* skylite*
lg pvr patio* part fin
bsmt, crawl fin asst
avail/rate buy down!
Beautiful-must see!!

\$355,000
To see photos visit:
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Kristin DePue
Re/Max Showcase
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847-980-8750

MCHENRY
Saturday, Jan. 1

Houses for Sale 6250

ASHEVILLE, NC Gated Community w/ spectacular view and privacy homesites. Well-appointed clubhouse, exercise facility. New fall release/discounts! Only 30 minutes to downtown. Call 1-877-689-2626

BANK & GOV'T REPOS
(847)401-3700
NCL Realty, Inc.

Beach Park IL-HFSBO, 37620 N. Sheridan Rd 3 bdrm 2c. All Gar, built 02' \$189,500 847-872-1156

HARVARD FARMETTE-2017 ISLAND ROAD OWNER FINANCING \$50,000 Down/6 %Interest Cedar Ranch on 5 Acres 3BR/2BA, part. finished bsmt, 10x30 sunroom, 30x30 patio, deck, 30x30 building, htd, a/c, electric water, zoned AG. Must close 30 days. Certified Bank Appraisal \$325,000 FSBO 815-943-0008

HOT SPRINGS, NC Gated community surrounded by National Forest. Nature Lover's paradise with great amenities! First release sold immediately. Second release coming October first! 1-877-477-3473

Lake Villa- For sale or rent w/ option to buy. Beautiful newer 2 story, 5 bdrm, lrg fam rm, 3 car gar, greatly reduced price. Call Azam @ A.Z. Inc. 847-338-7814 or 847-338-1486

MARENGO FARMETTE Secluded GREAT Views! Almost 2 Acres, zoned AG. Nice Ranch, 2 bdrm, 2BA, full bsmt, 2 car gar. Gated entry, black top drive, patio, gazebo, some woods. \$295,000 815-943-0008

MCHENRY - FSBO 4 bdrm, 2 bath quad level bsmt with office or 5th bdrm, large eat-in kitchen, new vinyl siding and roof + many upgrades! Large fenced corner lot, close to schools, \$249,900. 815-363-0230

NEW TODAY!

SPRING GROVE New Ranch Construction 28672 Golfview Dr. Enjoy Golf Course, State Park setting. Options and selections still available, starting in the mid \$320,000. Brian 815-482-4233

Condos/Townhomes For Sale 6300

Grayslake / Wildwood Royal Oak Condominiums 3 bed / 2 ba. 1190 sqft. \$159,900. New crpt, washer, dry, gar., on 17 ac. On Gages Lake Rd. btwn Rt. 45 & Hunt Club. IGL R.E. 847-548-5100

Condos/Townhomes For Sale 6300

Gurnee / Wildwood Large 1 Bdrm from \$109,900. - 2 Bdrms from \$119,900. Royal Oak; on Gages Lake Rd. btwn Rt. 45/Hunt Club Rd. IGL R.E. 847-548-5100

Lots & Acreage For Sale 6460

VIRGINIA MOUNTAINS Large 5 acre tract along very wide trout stream with private elevated homesite, secluded, great view, trees, nearby river. \$59,500 owner 866-789-8535

Mobile Homes For Sale 6500

Something For Everyone Handyman Specials from \$2500, ready to move in from \$10,000 - \$20,000. This month featured home 14 x 70 skyline, 2 bdrm, large bath, bay window in kitchen, situated on larger lot with a big shed for extra storage, \$15,000. To find out more about this home, or any of our listings, please call 815-459-6033 or 815-546-6835

Vacation Property For Sale 6725

Cabin on 40 wooded acres NEW 2 bed, secluded, Grt hunting, snowmobiling \$110,000. See pics www.drewscabins.com 602-882-8171

7000 Real Estate for Rent**Rooms For Rent 7150**

Fox Lake - Independent Apt. Plus single rms in lux. Mansion. View of Lake 55+ladies 224-538-0756

To Share 7200

Barrington- Lrg duplex to share, w/d, no smoking, \$650/mo includes util. Call 847-830-7195

Apartments For Rent 7250

DWNTOWN WAUKEGAN FREE UTILITIES - 1 BDR Newly remodeled. 847-962-1221

FOX LAKE 2 bedroom, 1 bath. No pets, \$750-\$850 815-403-9558

Grayslake / Wildwood Royal Oaks Apts. 1 & 2 Bdrms from \$825. RENT w/option TO BUY! Gar, parking/near Gurnee Mills shopping. On Gages Lake Rd. between Rt. 45/Hunt Club Rd. IGL R.E. 847-986-2988

Apartments For Rent 7250

GRAYSLAKE 1 & 2 bd. apts., newly painted, new carpeting, C/A. Avail. Immed. 847-910-0304.

NORTH CHICAGO 2-bdrm. Avail. 2/1. sec. dep. req. \$635/mo. 1 MO. FREE. 847-910-2789.

NEW TODAY!

TWIN LAKES, WI, Avail now! Quiet country setting, 2 bdrm duplex with laundry hookup, stove, DW, refrig included w/priv backyard \$800 + utilis 262-889-4059

Grayslake / Wildwood Savanna Ridge - Builder's Model, In-Unit W/D hardwood floors, granite tops, appl. 2 BR - \$1,250. Also available furn. IGL R.E. 847-548-5100

WAUCONDA 2bdrm. Apt. heat & hot water included. \$675/mo. Lease, sec. dep., refs. No pets. (847)433-0891

WAUCONDA 2bdrm. Apt. heat & hot water included. \$675/mo. Lease, sec. dep., refs. No pets. (847)433-0891

Condos/Townhomes For Rent 7300

Fox Lake/Vacation Village 1 bdrm, 1 bath, 24 hour security guard & pool and access to water, \$675/mo. 815-344-2278

Fox Lake- 2 bdrm 1.5 bath, walk-out, frpl, deck w/d, in Fox Ridge Imm. Occ. Sec. & pet dep. \$1200+util 847-973-0497

Grayslake School Dist. New T.H. 3-bdrm., 2.5 bath, 2.5 car gar. \$1,350 / mo. 847-877-2314

Duplexes For Rent 7350

Hampshire- Avail. 2/15 small 2 bdrm, 1 c. gar. appl. NO BSMNT/NO PETS \$825+sec 847-683-1963

Houses For Rent 7400

Beach Park- new construction. 4 BDRM, 2.5 bath, 2 car gar. Gurnee schools. Option To Buy. \$1550/mo. 847-331-9220

CHANNEL LAKE WATERFRONT Newly redecorated. 6 rooms, 3-bdrm., 1-bath, appls., central ht. & air, \$950/mo. Call Tom 815-341-1967.

CHANNEL LAKE WATERFRONT, 3-bdrm., 2-bath, 7 rooms, small bsmt., central A/C, ht., appls., lg. lot. \$1,250/mo.+1/mo. sec. dep. Call Tom 815-341-1967.

Grayslake/Wildwood- newer 2 story, 3 bdrm, 2 1/2 bath, 2 c. gar, no pets/ smoking, \$1350/mo. Avail immed. Call 847-688-4458

Houses For Rent 7400**NEW TODAY!**

LAKE VILLA 4 bdrm, 3 bath, 3 car garage, hot tub, fenced back yard, pets OK. \$1700/mo. Wayne @ 847-395-1010 x 11

LAKEMOOR 8 bdrm 2 bath, 2 car garage, fenced yard, basement. Like new \$1500 month. 815-353-5794

MCHENRY 1 bdrm with den, 2 years new, hardwood thru-out, all appl incl, 1 car gar, 1 month sec, \$1100/mo. 815-759-6976

RENT to OWN -3&4 BRs Bad Credit OK
847-208-5615

Round Lake Beach: 3bdrm, 1 ba, Ranch, Full Bsmt, fenced yd, central air, \$1125/mo, & \$1125sec dep. 224-715-3277

Round Lake Heights: sm 3bdrm, lg gar, quiet neighborhood, recently remodeled \$850/mo 847-295-0105

Waukegan North: 4bdrm 2 bath, fancy remodel, wd fl, A/C etc....gar. Frnd yard \$1295 847-778-7874

NEW TODAY!

WAUKEGAN - N. Side 2 bdrm, bsmt, 2 car garage, \$975 + util, no pets. 847-336-1665

ZION - Very nice 2+bdrm on dead end 1/4 acre lot. All appl, BP schools, frpl, formal dining, ready to move in. 847-791-0209

Industrial For Rent 7600

RICHMOND Land Holdings Rt. 12 Fountain Head Center includes OH door, 18' ceiling, office with AC, dock, 3 phase electric, professionally landscaped. 2,750 sq. ft. \$992/mo. 847-566-8100

8000 Legals**Legals 8100****PUBLIC NOTICE****WARREN TOWNSHIP HIGHWAY DEPARTMENT**

Notice is hereby given that sealed proposals will be received at the office of Town Clerk at 17801 West Washington Street, Gurnee, Illinois 60031 until 9:00 o'clock A.M., Tuesday January 23, 2007 for furnishing the following equipment:

Legals 8100

One (1) 2008 Ford F-550 Cab & Chassis or equivalent with optional trade-in

Proposals shall be made on forms furnished by the Township Highway Commissioner, and shall be addressed in a sealed envelope to Warren Township Highway Department, C/O Margaret Keenan-Denniston, Town Clerk and shall be marked "EQUIPMENT PROPOSAL" Letting of Tuesday January 23, 2007, Warren Township.

Further information regarding the letting may be obtained by contacting the Highway Commissioner at (847) 244-1101, ext. 301.

The Township in accordance with the laws of the State of Illinois hereby notifies all bidders that it will affirmatively insure that the contract entered into pursuant to this advertisement will be awarded to the lowest responsible bidder without discrimination on the grounds of Race, color, or national origin.

The awarding authority reserves the right to waive technicalities and to reject any or all Proposals as provided in article 102.08 of the "Standard Specifications for Road and Bridge Construction," prepared by the Department of Transportation.

By Order of Gerald Rudd
Warren Township
Highway Commissioner
(Published in the Lake County Journals, January 12, 2007.)

PUBLIC NOTICE**IN THE CIRCUIT COURT OF THE NINETEENTH JUDICIAL CIRCUIT LAKE COUNTY, ILLINOIS**

ESTATE OF LUELLA J. WIMMER, DECEASED

NO 05 P 734 CLAIM NOTICE

Notice is given of the death of LUELLA J. WIMMER, of Zion, Illinois. Letters of Office were issued on October 21, 2005, to MICHAEL WAYNE WIMMER, as Executor. Michael Wayne Wimmer's address is: 3021 Delany Rd., Waukegan, Illinois, 60079, and his attorney is Daniel K. Sinclair, 4170 Old Grand Avenue, Gurnee, Illinois 60031.

Claims against the Estate may be filed in the Office of the Circuit Court at 18 N. County Street, Waukegan, IL 60085, Room C-104, or with representative, or both, on or before July 17, 2007, which date is not less than six months from the date of first publication of this notice and claim not filed within that period is barred. Copies of a claim filed with the Clerk must be mailed or delivered to the representative and to the attorney within ten days after it has been filed.

/s/ Daniel K. Sinclair,
Attorney for Petitioner
Michael Wayne Wimmer

Legals 8100

Daniel K. Sinclair
Attorney for Petitioner
4170 Old Grand Avenue
Gurnee, IL 60031
847-360-1200

(Published in the Lake County Journals, January 12, 19 & 26, 2007.)

PUBLIC NOTICE**NOTICE FOR FILING IF NOMINATING PETITIONS**

Notice is hereby given that nominating petitions for candidates for election to the office of members of the Board of Education of the Lincolnshire-Prairie View School District No. 103 shall be filed with Angela Berka, located at the Administrative Offices Conference Room, 1370 Riverwoods Road, Lincolnshire, Illinois 60069.

The first date for filing petitions is January 29, 2007, and the last date for filing petitions is February 5, 2007.

Filing hours will be 8:00 a.m. to 4:30 p.m. from January 29, 2007 through February 2, 2007, and 8:00 a.m. to 5:00 p.m. on February 5, 2007.

Three members are to be elected for full terms.

All candidates for election must file a Statement of Economic Interests with the Lake County Clerk, and must file a receipt from the Lake County Clerk prior to the end of the filing period on February 5, 2007.

Ballot position shall be determined as follows:

1. Ballot position for petitions received by mail on the first day for filing and for petitions presented at 8:00 a.m. on the first day for filing shall be determined by lot at a public drawing.

2. Ballot positions for all other petitions shall be in the order in which they were filed.

By order of the Board of Education of District 103.

Dated this 11th day of December, 2006.

Pamela Loewenstein
President

Angela Berka
Secretary
(Published in the Lake County Journals, January 12, 2007.)

PUBLIC NOTICE

Jessel Moore owner of 2004 Ford Focus, VIN # 3FAFP37334R114562; Mechanic's Lien for \$14,751.00. You have until February 4, 2007 TO PAY Collision Solution, Inc. 1026 Sheridan Rd., North Chicago, IL and remove the vehicle or it will be sold. Business hours are Monday thru Friday 8 a.m. to 6 p.m. (Published in the Lake County Journals on January 5, 12, & 19, 2007.)

PUBLIC NOTICE

Unknown owner of 1972

Legals 8100

Chevrolet Camaro, VIN # 1Q87F2N101369; Mechanic's Lien for \$1,900. You have until February 12, 2007* to pay Avon Automotive, 36947 N. Fairfield Rd., Lake Villa, IL and remove the vehicle or it will be sold. Business hours are Monday thru Friday 9 am to 5 pm. (Published in the Lake County Journals, January 12, 2006.)

AssumedName 8200**PUBLIC NOTICE****ASSUMED BUSINESS NAME APPLICATION**

Name of Business:
A Stitch In Time
Nature/Purpose:
Alterations

Address(es) where business is to be conducted or transacted in this county:
258 Lippincott Lane, #2, Fox Lake, IL 60020, 847-587-0074

P.O. Box 38, Ingleside, IL 60041-0038

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:
Carla Thurman, 258 Lippincott Lane, #2, Fox Lake, IL 60020, 847-587-0074

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Carla Thurman
December 7, 2006

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 7th day of December, 2006.

OFFICIAL SEAL

/s/ Wendy Cosmo
Notary Public
Received: Dec. 15, 2006
Willard R. Hellander
Lake County Clerk
(Published in the Lake County Journals, December 29, 2006, January 5 & 12, 2007.)

PUBLIC NOTICE**ASSUMED BUSINESS NAME APPLICATION**

Name of Business:
Camitas Don Roy y Taqueria

Nature/Purpose:
Restaurant

Address(es) where business is to be conducted or transacted in this county:
118 E. Main St., Round Lake, IL 60073, 847-740-0070

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:
Vera E. Olivares, 302 Washington Blvd., Grayslake, IL 60030, 847-548-6302

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location

AssumedName 8200

(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Vera E. Olivares
December 22, 2006

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 22nd day of December, 2006.

OFFICIAL SEAL

/s/ Lilliana Leon
Notary Public
Received: Dec. 29, 2006
Willard R. Hellander
Lake County Clerk
(Published in the Lake County Journals, January 12, 19 & 26, 2007.)

PUBLIC NOTICE**ASSUMED BUSINESS NAME APPLICATION**

Name of Business:
L and L

Nature/Purpose:
Electrical

Address(es) where business is to be conducted or transacted in this county:
33 Durham Lane, Round Lake, IL 60073, 847-344-9986

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:
Henry Ciesla, 33 Durham Lane, Round Lake, IL 60073, 847-344-9986

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Henry Ciesla
January 4, 2007

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 4th day of January, 2007.

OFFICIAL SEAL

/s/ Barbara J. Noster
Notary Public
Received: January 4, 2007
Willard R. Hellander
Lake County Clerk
(Published in the Lake County Journals, January 12, 19 & 26, 2007.)

CHARGE IT!

Legals 8100 Legals 8100 Legals 8100 Legals 8100 Legals 8100 Legals 8100 Legals 8100 Legals 8100 Legals 8100

ANNUAL STATEMENT OF AFFAIRS FOR THE FISCAL YEAR ENDING JUNE 30, 2006

(Section 10-17 of the School Code)

DISTRICT/JOINT AGREEMENT NAME: Community High School District #117
 DISTRICT NUMBER: 34-049-1170-19
 ADDRESS: 1826 Deep Lake Road
 COUNTY: Lake
 NEWSPAPER WHERE PUBLISHED: Antioch News Reporter & Lake Villa Record

ASSURANCE

The statement of affairs has been made available in the main administrative office of the school district/joint agreement and the required Annual Statement of Affairs Summary has been published in accordance with Section 10-17 of the School Code.

YES

CAPITAL ASSETS	VALUE
LAND	2,453,679
BUILDINGS	60,756,629
IMPROVEMENTS OTHER THAN BUILDINGS	6,732,200
EQUIPMENT OTHER THAN TRANSPORTATION/FOOD SERVICES	6,577,844
CONSTRUCTION IN PROGRESS	
TRANSPORTATION EQUIPMENT	10,902
FOOD SERVICES EQUIPMENT	16,662
TOTAL	78,553,296

NUMBER OF PUPILS ENROLLED PER GRADE	
PRE-KINDERGARTEN	
KINDERGARTEN	
FIRST	
SECOND	
THIRD	
FOURTH	
FIFTH	
SIXTH	
SEVENTH	
EIGHTH	
SPECIAL	
TOTAL ELEMENTARY	0
NINTH	671
TENTH	660
ELEVENTH	607
TWELFTH	689
TOTAL SECONDARY	2,487
TOTAL IN DISTRICT	2,487

SIZE OF DISTRICT IN SQUARE MILES	69
NUMBER OF ATTENDANCE CENTERS	2
AVERAGE DAILY ATTENDANCE	2,317
NUMBER OF CERTIFICATED EMPLOYEES	
FULL-TIME	192
PART-TIME	1
NUMBER OF NON-CERTIFICATED EMPLOYEES	
FULL-TIME	58
PART-TIME	3

TAX RATE BY FUND (M & N)	
EDUCATIONAL	1.5080
OPERATIONS & MAINTENANCE	0.2460
BOND & INTEREST	0.2060
TRANSPORTATION	0.0750
MUNICIPAL RETIREMENT	0.0150
SOCIAL SECURITY	0.0170
WORKING CASH	0.0500
FIRE PREVENTION & SAFETY	0.0080
TORT LIABILITY	0.0060
CAPITAL IMPROVEMENTS	
SPECIAL EDUCATION	0.0200
LEASING	0.0500
OTHER	
OTHER	

DISTRICT ASSESSED VALUATION	1,191,306,378
EQUALIZED ASSESSED VALUATION PER ADA PUPIL	514,188
TOTAL BONDED INDEBTEDNESS AS OF JUNE 30, 2006	40,586,690
PERCENT OF BONDING POWER OBLIGATED CURRENTLY	48.30

STATEMENT OF ASSETS AND LIABILITIES ARISING FROM CASH TRANSACTIONS/STATEMENT OF POSITION AS OF JUNE 30, 2006

Description	Acct. No.	(10) Educational	(20) Operations & Maintenance	(30) Bond & Interest	(40) Transportation	(50) Municipal Retirement & Social Security	(60) Fire & Construction	(70) Working Cash	(80) Fund	(90) Pre-Prevention & Safety
1. Cash (Accounts 101 thru 105)		7,829								
2. Other Assets (GAAP)										
3. Taxes Receivable (GAAP)	110									
4. Accounts Receivable (GAAP)	120									
5. Loan to Educational Fund	181									
6. Loan to Operations and Maintenance Fund	182									
7. Loan to Transportation Fund	183									
8. Loan to Fire Prevention and Safety Fund	184									
9. Loan to Other Funds	185									
10. Inventory	170									
11. Investments	190	1,225,628	674,170	4,826,256	1,211,123	279,874		821,085		250,234
12. Other Current Assets	198	10,813								
13. TOTAL CURRENT ASSETS		1,244,046	674,170	4,830,256	1,211,123	279,874	0	821,085	0	250,234
14. Accounts Payable (GAAP)										
15. Other Payables (GAAP)										
16. Tax Anticipation Warrants Payable	406									
17. Tax Anticipation Notes (TANs) Payable	407									
18. Teachers' Employees' Orders Payable	408									
19. State Aid Anticipation Certificates Payable	410									
20. Loan from Educational Fund	431									
21. Loan from Operations and Maintenance Fund	432									
22. Loan from Transportation Fund	433									
23. Loan from Working Cash Fund	434									
24. Payroll Deductions Payable	474									
25. Deferred Revenue (GAAP Basis)	480									
26. Due to Activity Fund Capital Assets	490									
27. Other Current Liabilities	498	8,839								
28. Bonds Payable	501									
29. Other Long-Term Liabilities	508									
30. TOTAL LIABILITIES		8,839	0	0	0	2,822	0	0	0	0
31. Reserved Fund Balances	705	183,208				49,898				
32. Unreserved Fund Balance	704	1,060,838	674,170	4,830,256	1,211,123	277,406		821,085		250,234
33. Investments in General Fund Assets	706									
34. TOTAL LIABILITIES AND FUND BALANCE		1,244,046	674,170	4,830,256	1,211,123	279,874	0	821,085	0	250,234

STATEMENT OF REVENUES RECEIVED/REVENUES, EXPENDITURES DISBURSED/EXPENDITURES, OTHER FINANCING SOURCES (USERS) AND CHANGES IN FUND BALANCES ALL FUNDS FOR THE YEAR ENDING JUNE 30, 2006

Description	Acct. No.	(10) Educational	(20) Operations & Maintenance	(30) Bond & Interest	(40) Transportation	(50) Municipal Retirement & Social Security	(60) Fire & Construction	(70) Working Cash	(80) Fund	(90) Pre-Prevention & Safety
35. Local Sources	1000	11,674,822	5,702,126	3,233,660	1,108,810	213,432		602,471		180,346
36. Flow-Through Rev./Rev. from One LEA to Another	2000									
37. State Sources	3000	4,399,098	879,477		911,823					
38. Federal Sources	4000	626,973								
39. TOTAL DIRECT REVENUES		16,699,893	6,581,603	3,233,660	2,020,633	213,432		602,471		180,346
40. Rev./Rev. for "On Behalf of" Payments		1,030,848								
41. TOTAL REVENUES		17,730,741	6,581,603	3,233,660	2,020,633	213,432		602,471		180,346
42. Instruction	1000	17,200,844				362,297				
43. Support Services	3000	4,408,061	4,278,808		2,144,101	308,781		4,381,821		478,852
44. Community Services	4000	1,820,205	88,267							
45. Nonprogrammed Charges	4000	20,121	88,808	8,148,108						
46. Other Services	4000	27,227,111	6,214,070	8,148,108	2,144,101					
47. TOTAL DIRECT DISBURSEMENTS/EXPENDITURES		17,200,844	4,361,053	8,148,108	2,144,101	362,297		4,381,821		478,852
48. Disbursement for "On Behalf of" Payments		1,030,848								
49. TOTAL DISBURSEMENTS/EXPENDITURES		18,231,692	4,361,053	8,148,108	2,144,101	362,297		4,381,821		478,852
50. Items of Bond Financing/Revenues Over (Under) Bond Disbursements/Expenses		(187,728)	(172,470)	(8,911,418)	(128,420)	(258,819)		(4,318,780)		(250,234)
51. Other Financing Sources	7000	178,982	2,579,015	133,084				6,046,888		243,800
52. Other Financing Uses	8000									
53. TOTAL OTHER FINANCING SOURCES & (USES)		178,982	2,579,015	133,084				6,046,888		243,800
54. Effect of Direct Receipts/Revenues & Other Fin. Sources Over (Under) Bond Disb. & Other Fin. (Uses)		(247,786)	4,346,830	(8,778,324)	(128,420)	(258,819)		(4,318,780)		(250,234)
55. FUND BALANCES - JULY 1, 2005		1,061,838	1,000,831	10,418,072	1,236,841	632,788		4,318,780		250,234
56. Other Changes in Fund Balances (Increases/Decreases)										
57. FUND BALANCES - JUNE 30, 2006		1,244,046	674,170	4,830,256	1,211,123	277,406		821,085		250,234

ANNUAL STATEMENT OF AFFAIRS SUMMARY FOR FISCAL YEAR ENDING JUNE 30, 2006

Copies of the Annual Statement of Affairs for the Fiscal Year Ending June 30, 2006, will be available for public inspection in the school district/joint agreement administrative office by December 1, 2006. Individuals wishing to review the Annual Statement of Affairs should contact:

Community High School District #117
 1826 Deep Lake Road
 Antioch, IL 60011
 (847) 599-7782
 Fax: (847) 599-7783

Also by January 15, 2007 the Annual Statement of Affairs for the Fiscal Year Ending June 30, 2006, will be posted on the Illinois State Board of Education's website at www.isbe.net.

REMARKS: The Summary is the Annual Statement of Affairs Summary that is required to be published by the school district/joint agreement for the past fiscal year.

Statement of Operations as of June 30, 2006

Description	Acct. No.	(10) Educational	(20) Operations & Maintenance	(30) Bond & Interest	(40) Transportation	(50) Municipal Retirement & Social Security	(60) Fire & Construction	(70) Working Cash	(80) Fund	(90) Pre-Prevention & Safety
Local Sources	1000	11,674,822	5,702,126	3,233,660	1,108,810	213,432		602,471		180,346
Flow-Through Sources	2000									
State Sources	3000	4,399,098	879,477		911,823					
Federal Sources	4000	626,973								
TOTAL DIRECT REVENUES		16,699,893	6,581,603	3,233,660	2,020,633	213,432		602,471		180,346
Rev./Rev. for "On Behalf of" Payments		1,030,848								
TOTAL REVENUES		17,730,741	6,581,603	3,233,660	2,020,633	213,432		602,471		180,346
Instruction	1000	17,200,844				362,297				
Support Services	3000	4,408,061	4,278,808		2,144,101	308,781		4,381,821		478,852
Community Services	4000	1,820,205	88,267							
Nonprogrammed Charges	4000	20,121	88,808	8,148,108						
Other Services	4000	27,227,111	6,214,070	8,148,108	2,144,101					
TOTAL DIRECT DISBURSEMENTS/EXPENDITURES		17,200,844	4,361,053	8,148,108	2,144,101	362,297		4,381,821		478,852
Disbursement for "On Behalf of" Payments		1,030,848								
TOTAL DISBURSEMENTS/EXPENDITURES		18,231,692	4,361,053	8,148,108	2,144,101	362,297		4,381,821		478,852
Items of Bond Financing/Revenues Over (Under) Bond Disbursements/Expenses		(187,728)	(172,470)	(8,911,418)	(128,420)	(258,819)		(4,318,780)		(250,234)
Other Financing Sources	7000	178,982	2,579,015	133,084				6,046,888		243,800
Other Financing Uses	8000									
TOTAL OTHER FINANCING SOURCES & (USES)		178,982	2,579,015	133,084				6,046,888		243,800
Effect of Direct Receipts/Revenues & Other Fin. Sources Over (Under) Bond Disb. & Other Fin. (Uses)		(247,786)	4,346,830	(8,778,324)	(128,420)	(258,819)		(4,318,780)		(250,234)
FUND BALANCES - JULY 1, 2005		1,061,838	1,000,831	10,418,072	1,236,841	632,788		4,318,780		250,234
Other Changes in Fund Balances (Increases/Decreases)										
FUND BALANCES - JUNE 30, 2006		1,244,046	674,170	4,830,256	1,211,123	277,406		821,085		250,234

GROSS PAYMENT FOR CERTIFICATED PERSONNEL

Salary Range: Less Than \$25,000

Anderson, B., Anderson, K., Anderson, S., Beckman, K., Beutel, R., Bussone, R., Campbell, C., Cobb, T., Crawford, J., Cybul, K., DeBock, D., Denison, D., Delers, D., Engberg, L., Fielding, J., Hahn, N., Hanrahan, S., Harris, A., Hartl, J., Hartl, M., Hayes, P., Healy, S., Henkin, M., Hirsch, M., Hirsch, L., Hlinak, R., Hodina, S., Hoekstra, D., Hoeth, R., Howell, R., Jackson, U., Johnson, B., Keller, L., Konrath, K., Krass, K., Krupka, W., Kirtz, L., Malueg, J., Maze, J., McKoski, J., Morris, C., Novack, P., Ollinger, D., Overton, T., Padbury, B., Parker, C., Pekkarinen, P., Peterson, L., Pitt, B., Rentner, D., Richter, K., Rife, M., Riley, H., Santeler, L., Sarrazine, A., Scheidt, J., Schenk, R., Schmelzer, R., Schmitt, S., Schneider, A., Schumacher, K., Shaneyfelt, D., Shepard, J., Sittler, T., Skonberg, A.

Salary Range: \$25,000 - \$39,999

Corcoran, D., Jones, E., McNee, M., Waible, F., Edge, J., Kelly, A., Snyder, C., Werderlich, C., Grochowski, E., Magliola, T., Sorensen, R., Wright, M.

Salary Range: \$40,000 - \$59,999

Abramson, H., Abramson, J., Allen, B., Andershock, D., Anderson, J., Arendas, S., Barry, A., Bennecke, M., Bolton, K., Boumstein, M., Bowen, J., Bradley, D., Brumund, S., Brumund/Smith, J., Campanella, E., Cardarella, B., Carl, L., Clooney, M., Cole, J., Coleman, H., Cook, P., Cross, M., D'Andrea, J., Day, K., Delchese, T., Demeritt, S., Dewing, T., Doyle, K., Drye, H., Easton, M., English, S., Fain, M., Farrell, J., Fenton, N., Foss, C., Foster, J., Gaa, D., Gialo, C., Gialo, R., Goldkinc, E., Grisamore, J., Gross, L., Haines, M., Hellen, J., Hildner, T., Hoffeditz, T., Howell, C., Ingram, C., Jarrett, S., Kasbohm, C., Katz, D., Kelleher, K., Kelly, M., Kemmerer, C., Klein, R., Kotecki, J., Krause, V., Kulby, K., Langenkamp, K., LaRoche, T., Larson, M., Leber, J., Leprich, A., Lindgren, K., Logan, K., Long, T., Mackey, S., Magnuson, S., Mann, V., Marzullo, H., Mason, B., Merkel, K., Mertens, L., Morales, R., Murray, G., Nagel, A., Ogborn, S., Ogborn, T., Olson, K., Onstad, C., Parish, T., Paul, K., Petersen, J., Petrie, K., Phelan, B., Pohlman, E., Power, T., Prosser, M., Racynski, D., Radzicki, M., Ribbens, M., Ribbens, T., Rose, S., Rowells, K., Schilz, R., Schrader, R., Simmons, R., Soriano, T., Soukup, S., Stampf, M., Sundin, B., Suhrland, N., Swanson, J., Swartz, D., Swopes, A., Szybowicz, S., Taylor, K., Tielke, L., Todd, M., Tremblay, V., Tschappat, M., Valistas, S., Vermanzen, K., Vichnick, E., Walton, J., Swartz, D., Swopes, A., Szybowicz, S., Taylor, K., Tielke, L., Todd, M., Tremblay, V., Tschappat, M., Valistas, S., Vermanzen, K., Vichnick, E., Walton, J., Weber/Surroz, D., White, J., Wilhelm, E., Wolf, C., Woodrich, W., Zambale, W., Zboril, M.

Salary Range: \$60,000 - \$89,999

Anderson, S., Bylsma, N., Campbell, C., Carter, A., Casty, J., Chikos, F., Chodak, P., Cook, K., Cox, K., deRivera, G., Dresser, J., Dresser, L., Duffy, T., Elver, J., Fox, A., Gedville, A., Goodrich, P., Gordy, M., Groth, S., Gulke, J., Hargrove, L., Herziger, T., Holst, R., Hoy, J., Ireland, L., Johnson, M., Olisar, J., Overacker, E., Peck, D., Peterson, B., Peterson, S., Petty, P., Plinske, B., Reardon, C., Ring, M., Rosnick, S., Rummel, D., Santeler, K., Schneider, K., Schroeder, A., Sexton, J., Shehorn, M., Shrader, S., Slocum, J., Stanley, C., Staudt, R., Szczepanski, R., Thompson, C., Thompson, M., Todd, C., Trout, C., Varney, G., Walker, J., Wazman, G., Whitehurst, J., Woods, D.

Salary Range: \$90,000 and over

Ahlens, W., Alberts, S., Bode, R., Borrero, W., Collins, G., Cox, C., Crist, R., Ellis, D., Fay, P., Henning, G., Judson, D., Kelly, K., Kenny Selgel, R., Kessell, T., Leiser, W., McKay, J., Mikal, D., Nekritz, M., Newberry, D., Parola, T., Pasiewicz, P., Pechaue, D., Sabatino, J., Schoenfelder, S., Scott, S., Shahbazian, C., Sullens, K., Zeman, D., Zeman, L.

GROSS PAYMENT FOR NON-CERTIFICATED PERSONNEL

Legals	8100	Legals	8100	Legals	8100	Legals	8100	Legals	8100	Legals	8100	Legals	8100	Legals	8100
AMAZON CREDIT PLAN		3,357.67	HOUGHTON MIFFOIN CO.		\$41,326.75	RECORDED BOOKS LLC		\$2,779.28	CHICAGO TRIBUNE NEWS		\$2,348.13	COLLEGE BOARD		\$1,298.60	
AMBASSADOR ATHLETIC APPAREL		22,627.80	IEA CREDIT UNION		\$128,507.80	RELIASTAR LIFE INS. CO.		\$6,045.00	COLLISION SOLUTION		\$1,568.85	COLUMBIA PIPE & SUPPLY COMPANY		\$1,235.29	
AMERICAN FAMILY LIFE ASSURANCE		7,377.94	IHSA		\$6,270.00	REWARD ELECTRIC CO		\$24,787.08	COLUMBIA UNIVERSITY PRESS		\$1,192.00	COLUMBIA UNIVERSITY PRESS		\$1,192.00	
AMERICAN INTERNATIONAL GROUP		59,029.89	ILLIANA ED. PRODUCTS		\$4,774.44	RMT INC.		\$86,008.04	COSTUMES BY PATTI JO		\$1,650.82	CROSSTEC CORPORATION		\$2,227.00	
AMERICAN SOLUTIONS FOR BUSINESS		11,739.75	ILLINOIS MUNICIPAL RET. FUND		\$224,658.22	ROCKFORD CENTRAL TILE		\$96,000.00	CUMMINS NPOWER LLC		\$1,148.94	D & J PARTNERS		\$1,800.00	
ANCHOR TRANSPORTATION CO.		154,805.00	ILLINOIS MUNICIPAL RET. FUND		\$2,909.28	ROGERS ATHLETIC CO.		\$3,346.32	DICK BLICK		\$1,460.53	DIRECT ADVANTAGE		\$1,304.14	
ANTIOCH AUTO PARTS INC.		3,033.62	ILLINOIS PRINCIPALS ASSOC.		\$2,965.00	RUFFALO PAINTING CO.		\$73,873.50	DISCOUNT SCHOOL SUPPLY		\$2,172.70	DONALDSON COMPANY INC		\$1,190.28	
ANTIOCH BOWLING LANES		10,500.00	ILLINOIS STATE BOARD OF ED.		\$158,351.90	SAGEBRUSH CORPORATION		\$2,788.48	DYMOND GLASS AND ENERGY CENT.		\$1,340.00	EDUCATIONAL THEATRE ASSOC		\$1,238.00	
ANTIOCH COMMUNITY HIGH SCHOOL		12,467.82	INFORMATION DESIGN INC.		\$27,355.00	SALKELD SPORTS		\$26,705.19	ELITE EMBROIDERY AND SCREENPRINTING		\$1,535.25	ETA CUISINAIRE		\$1,085.61	
ANTIOCH COMMUNITY HIGH SCHOOL		91,436.34	INTERNAL REVENUE SERVICE		\$198,197.16	SAX ARTS & CRAFTS		\$22,864.43	FASEN, GARY		\$2,000.00	FIRST TO THE FINISH		\$1,047.50	
ANTIOCH COMMUNITY HIGH SCHOOL		71,227.79	INTERNATIONAL DECORATORS INC.		\$9,270.00	SBC LONG DISTANCE		\$7,364.89	FIXTURE PRONTO		\$1,456.56	FLORAL ACRES		\$1,136.51	
ANTIOCH ELECTRIC		6,693.99	ISBE SCHOOL TECH REVOLVING		\$31,670.38	SCANTRON CORPORATION		\$8,786.20	G3 DIRECT SOLUTIONS		\$1,561.29	GALLAHER BASSETT SERVICES INC		\$1,652.46	
ANTIOCH GOLF CLUB		6,933.15	JW PEPPER & SON INC.		\$9,844.62	SCHMIDT IMPLEMENT CO INC.		\$9,321.00	GENE, ANNE RUGGLES		\$2,000.00	GODLEWSKI, MATTHEW		\$2,274.00	
ANTIOCH POST OFFICE		5,160.00	JW TURF INC.		\$3,858.47	SCHOLASTIC LIBRARY PUB.		\$2,598.00	GRAYSLAKE HIGH SCHOOL		\$1,230.00	GTM SPORTSWEAR		\$1,996.80	
ANTIOCH TRUE VALUE		21,912.94	JAC MASONRY INC.		\$250,761.40	SCHOOL HEALTH CORP.		\$7,428.80	GUMDROP BOOKS		\$1,358.20	H-O-H CHEMICALS INC		\$1,754.00	
AP EXAMS		15,245.00	JEANINE SCHULTZ		\$37,228.82	SCHOOL SPECIALTY INC.		\$10,031.46	HAAN CRAFTS CORP		\$1,756.95	HIGHWOOD RENTAL CENTER		\$1,850.00	
APPLIED ECOLOGICAL SERV. INC.		26,093.97	JOHNSON CONTROLS		\$24,870.00	SCHOOL-TECH INC.		\$2,917.46	HSBC BUSINESS SOLUTIONS		\$1,500.94	HTS TREE SERVICE		\$1,400.00	
APTIRIS ADVANCING COMMUNICATIONS		2,835.00	JONES SCHOOL BUS SERVICE		\$25,124.14	SCHROEDER ASPHALT SERV. INC.		\$43,473.00	HUBER, DAVID		\$1,912.50	ILLINOIS ASSOCIATION OF		\$1,891.00	
ARBOR MANAGEMENT INC.		606,849.17	JONES SCHOOL BUS SERVICE		\$1,095,432.45	SEATER CONSTRUCTION CO. INC.		\$1,359,376.91	ILLINOISSTUDENT ASST. COMMISSION		\$1,860.00	INDUSTRIAL TOWEL		\$2,116.65	
AREA GLASS & MIRROR CO.		2,936.19	JONES SCHOOL BUS SERVICE		\$175,662.49	SECOA		\$13,131.00	INFORMATION TECHNOLOGY SOLUTIONS		\$2,450.00	INSIGHT MEDIA		\$1,230.60	
ASBESTOS PROJECT MANAGEMENT		8,735.00	JONES TRANSPORTATION		\$572,503.26	SETON IDENTIFICATION PRODUCTS		\$6,288.55	IPSEN VILLAGE CLEANERS		\$1,398.00	IPSEN, ELLEN		\$1,057.00	
ASCD		9,168.00	JONES TRAVEL		\$49,885.00	SLADEK, PAM		\$10,500.00	JAM SAEXAUR		\$1,054.80	JIM'S GARAGE DOOR SERVICE INC		\$2,408.18	
AT & T		14,059.13	JP MORGAN CHASE BANK		\$320,877.92	SOCIAL STUDIES SCHOOL SERV.		\$2,859.55	JOHNSON JEWELERS		\$1,250.00	JOHNSTONE SUPPLY		\$1,766.95	
AT & T		44,014.40	JV PRO INC.		\$3,120.00	SOLIDLINE MEDIA		\$4,000.00	JONES, JAMES		\$1,500.00	K-TECH		\$2,246.72	
ATHLETICO CO.		49,767.00	K & M MARKETING INC.		\$3,008.40	SONIA SHANKMAN		\$74,179.16	KIDDER MUSIC SERVICE		\$2,391.81	KOSCO FLAGS & FLAGPOLES LLC		\$1,201.95	
ATLAS COPCO		2,657.53	KELLER-WILLIAMS		\$175,000.00	SOUND INCORPORATED		\$18,327.32	KOSKO FLAGS & FLAGPOLES LLC		\$1,201.95	LAKELAND MEDIA		\$1,282.54	
AUDIO EDITIONS		3,923.01	KELSO BURNETT CO.		\$347,480.80	SPECIAL EDUCATION DISTRICT		\$1,266,675.35	LEARNING ZONE EXPRESS		\$1,710.89	LEWIS, MATT		\$1,250.00	
AVALON PETROLEUM CO.		3,191.95	KENMARK INC.		\$7,036.00	SPORTS INTERNATIONAL INC.		\$2,707.00	LIBRARY FURNITURE INT'L INC.		\$1,172.00	LURVEY LANDSCAPE SUPPLY		\$1,453.03	
BADGER PRESS PHOTOGRAPHICS INC.		4,500.00	KESSLERS TEAM SPORTS		\$19,619.82	SPRING VALLEY GOLF CLUB		\$3,450.00	MC SPORTS		\$1,156.06	MCCORMICKS ENTERPRISES INC		\$2,121.85	
BASEMAN BROS. INC.		16,398.88	KIDDLES INC.		\$16,323.52	SSCIP		\$86,365.00	MEINTS, DON		\$1,500.00	MEYER, ELISABETH		\$1,600.00	
BAUM SIGNS INC.		13,443.41	KOGUT, KENNETH		\$8,997.50	STAFFORD-SMITH INC.		\$210,549.62	MILLBURN COMMUNITY		\$1,300.00	MOORE WALLACE		\$1,363.88	
BERGER EXCAVATING CONTRACTOR		44,863.00	LA SOUND		\$47,772.81	STAFFORD-SMITH INC.		\$24,214.99	MUNDELEIN CAR STAR		\$1,018.67	MUNDELEIN HIGH SCHOOL		\$1,670.44	
BIGGER FASTER STRONGER INC.		2,885.75	LAIDLAW		\$78,764.10	STANLEY SECURITY SOLUTIONS INC		\$2,720.70	NATIONAL AUDIO VISUAL SUPPLY		\$2,334.81	NEOPOST LEASING		\$2,136.00	
BILLER PRESS		52,369.50	LAKE CITY GLASS		\$34,716.10	STATE BANK OF THE LAKES		\$2,461,489.90	NICASA		\$2,000.00	NIMCO INC		\$1,129.41	
BLEACHER AMERICA INC.		3,066.00	LAKE COUNTY AREA VOC.		\$22,139.22	STATE BANK OF THE LAKES		\$3,250.00	NORTH SUBURBAN CONFERENCE		\$1,067.00	NORTH SUBURBAN TRACK ASSIGN		\$1,152.00	
BLUE BIRD BODY COMPANY		433,985.23	LAKE REGION EMP. BEN COOP		\$35,506.28	STATE BANK OF THE LAKES		\$7,664.78	NORTHSHORE CONCERT BAND		\$1,731.00	OQO INC		\$1,980.60	
BMO MASTERCARD		140,773.79	LAKE VILLA POLICE DEPT.		\$2,943.00	STATE OF ILLINOIS		\$349,589.20	PAXTON PATTERSON		\$1,864.79	PEARSON EDUCATION		\$1,265.37	
BRENNAN & BURNS LLC		4,285.00	LAKE-COOK DISTRIBUTORS INC.		\$28,341.23	STATE OF WISCONSIN		\$143,459.45	PHONAK INC		\$1,185.79	PIONEER		\$1,275.00	
BRIAR STREET THEATRE		4,176.00	LAKELAND LARSEN ELEVATOR		\$10,204.48	STEINER ELECTRIC COMPANY		\$14,377.30	PRINT MANAGEMENT PARTNERS		\$1,698.99	R & H THEATRICALS		\$1,480.00	
BRIGHT WHITE PAPER CO.		3,123.89	LAKESHORE ACADEMY		\$36,970.85	STERICYCLE INC.		\$2,788.24	RA ADAMS ENTERPRISES INC		\$1,245.41	RAC REFRIGERATION SYSTEMS INC		\$2,455.25	
BROADWAY COSTUMES INC.		7,987.85	LARKIN CENTER		\$72,129.39	STR BUILDING RESOURCES LLC		\$2,800.00	RC ELECTRONICS		\$2,430.00	ROCKFORD BOARD OF EDUCATION		\$1,457.04	
BUCOM INC.		12,126.19	LARSON EQUIPMENT & FURNITURE		\$57,885.00	STURDISTEEL COMPANY		\$427,010.00	ROSE, CHRISTOPHER		\$1,659.50	RS GLOBAL INC		\$1,012.00	
BUILDERS LANDSCAPE MANAGEMENT		46,870.00	LAWSON PRODUCTS INC.		\$7,294.36	SUBURBAN OFFIC. SERVICES		\$7,390.00	RUSSELL & MILLER INC.		\$1,044.32	RYDIN DECAL		\$1,021.94	
BY GMR INC.		4,997.82	LEARNING SEED		\$2,530.00	SUMMIT SCHOOL INC.		\$24,367.24	SAFETY INDUSTRIES INC		\$1,121.31	SAFETY-KLEEN CORP		\$1,362.07	
C AMES CONSTRUCTION		7,657.00	LESCO		\$4,346.54	SUNTRUST LEASING CORP.		\$361,200.97	SAM ASH MUSIC		\$2,169.60	SASSI, KELLY		\$2,408.53	
CAPITAL GUARDIAN TRUST CO.		24,294.88	LEYDEN HIGH SCHOOL		\$7,410.14	TEACHER'S RETIREMENT SYSTEM		\$1,499,739.00	SCHOOL OUTFITTERS.COM		\$1,544.07	SCHOLASTIC MAGAZINES		\$2,408.53	
CARE PROGRAM/KID'S HOPE UNITED		266,814.96	LIBERTYVILLE SEWING CENTER		\$11,963.98	TEACHER'S HEALTH INSURANCES		\$202,441.78	SEARS COMMERCIAL ONE		\$1,428.97	SCHOOL OUTFITTERS.COM		\$1,544.07	
CAREY & GOLDEN ELECTRIC INC.		70,837.40	LIBERTYVILLE TILE		\$62,167.00	TEACHER'S RETIREMENT SYSTEM		\$125,372.02	SEQUOIT PRIDE		\$1,780.00	SORENSEN INSURANCE AGENCY		\$1,125.00	
CAROLINA BIOLOGICAL SUPPLY CO.		25,940.02	LIFELONG LEARNING INC.		\$3,624.50	TECHNOLOGY CAMPUS		\$378,413.00	TEACHER'S DISCOVERY		\$2,058.07	TEAM SPORTS PLANET INC		\$2,434.52	
CARRIER CORPORATION		3,380.00	LIFT A LOFT CORP.		\$2,892.12	TECHNOLOGY RESOURCECENTER		\$30,865.29	THE ATHLETIC EQUIPMENT SOURCE		\$2,053.00	THE GALLUP ORGANIZATION		\$1,247.00	
CDW GOVERNMENT INC.		36,000.18	LINCOLN INVESTMENT PLANNING		\$139,157.95	TEGWYZE SUPPLY INC.		\$6,082.00	THE LEARNING HOUSE		\$1,935.45	THE SHERWIN-WILLIAMS CO		\$2,259.32	
CENTURY FENCE COMPANY		10,800.00	LINCOLN INVESTMENT PLANNING		\$26,530.71	THE ALLENDALE ASSOCIATION		\$116,389.00	TIERNEY SIGNS INC.		\$1,900.00	TIRES, MR. & MRS. PAUL		\$1,350.85	
CHAPMAN AND CUTLER LLP		5,000.00	LIPPERT INC.		\$3,477.78	THE CAMELOT SCHOOLS LLC		\$60,486.14	TRULZSCH, MR. & MRS. PAUL		\$1,196.00	UCP INFINTEC		\$2,187.82	
CHASE		5,800.00	LONGSTRETH SPORTING GOODS		\$6,713.71	THE CLM GROUP INC.		\$15,691.97	UNITED PARCEL SERVICE		\$2,360.04	VERIZON WIRELESS		\$2,390.37	
CHEER STIX		2,916.50	LOWERY MCDONNELL CO.		\$36,660.00	THE EQUITABLE		\$76,045.05	VHPS		\$2,000.00	WELCH, CATHY		\$1,530.86	
CHEERLEADER & DANZTEAM		10,739.50	LYONS-RYAN FORD		\$8,030.46	THE NORTHERN TRUST CO.		\$60,992.00	WILCONSON ALLIED PRODUCTS		\$1,845.24	WON DOOR CORPORATION		\$1,932.44	
CHELSEA ELECTRIC INC.		10,475.85	MAINSTAGE THEATRICAL SUPPLY		\$10,121.30	THE SCOPE SHOPPE		\$3,617.00	WOODWIND & BRASSWIND		\$1,737.31	WOODWORKER'S SUPPLY INC.		\$2,118.40	
CIRCLE CONCRETE		3,380.00	MARCHING SHOW CONCEPTS		\$3,357.40	THELEN SAND & GRAVEL INC.		\$127,887.15	XENGERLER CLEANERS						
CIRCUIT CITY STORES INC.		2,928.88	MARSHALL CAVENDISH CORP.		\$4,308.17	THELEN SAND & GRAVEL INC.		\$457,805.32							
CLUB Z		5,000.40	MARTIN PETERSON CO. INC.		\$65,264.70	THOMSON GALE		\$22,897.57							
COLETTE & ANO PLUMBING CO.		176,825.93	MARYVILLE ACADEMY		\$5,825.00	THOMSON LEARNING		\$6,285.73							
COMCAST PROCESSING CENTER		43,722.79	MCDONOUGH MECHANICAL SERV INC.		\$81,196.56	TROPHIES BY GEORGE		\$2,748.17							
COMED		216,001.70	MCGRAW-HILL SCHOOL PUB. CO.		\$16,833.72	US POSTAL SERVICE		\$50,000.00							
COMED		28,604.46	MCHENRY COUNTY GLASS		\$8,099.00	USAA		\$19,238.61							
CONDELL ACUTE CARE		12,084.00	MCKINNEY STEEL & SALES INC.		\$42,111.70	VALIC		\$3,780.00							
CONNECTIONS DAY SCHOOL		55,772.51	MEDCO CO.		\$7,020.66	VAN'S ROOFING INC.		\$17,560.00							
CONNECTIONS DAY SCHOOL		20,678.84	MENARDS/FOX LAKE		\$9,559.92	VANGUARD FIDUCIARY TRUST CO.		\$98,056.06							
DICKOW CYZAK TILE CO.		\$8,350.00	MENARDS/GURNEE		\$5,056.39	VARITRONICS/BRADY WORLDWIDE		\$5,198.61							
DIEMER PLUMBING & EXCAVATING		\$36,107.90	METLIFE		\$2,600.00	VARSITY		\$12,163.00							
DISTINCTIVE SIGNS		\$3,987.50	MG & S SALES INC.		\$4,751.58	VERHALEN INC.		\$42,802.00							
DORON PRECISION SYSTEMS		\$5,446.00	MIRAGE NETWORKS INC.		\$10,200.00	VERNIER SOFTWARE & TECH.		\$9,879.61							
DOUGLAS INDUSTRIES INC.		\$7,153.00	MUSIC THEATRE INT'L		\$3,545.95	VILLAGE OF ANTIOCH		\$41,036.72							
DYNAMIC PLASTICS CO.		\$7,780.16	MUSICIAN'S FRIEND		\$3,228.29	VILLAGE OF LAKE VILLA		\$11,170.30							
EAST CAPITOL H.S. INC.		\$6,979.80	MUTUAL OF AMERICA		\$11,700.00	WALSH, MICHAEL		\$10,045.00							
EBSCO SUBSCRIPTION SERV.		\$3,867.68	NASCO		\$10,272.11	WARD'S NATURAL SCIENCE		\$5,933.38							
EDER CASSELLA & CO.		\$8,410.00	NATIONAL ACADEMY FOR SCIENCE		\$3,000.00	WASTE MANAGEMENT		\$6,866.04							
EDGE ASSOC. INC		\$4,053.00	NATIONAL SCHOOL TOWEL SERV.		\$21,099.69	WAUCONDA HIGH SCHOOL		\$5,875.00							
ELGIN AREA OFFICIALS' ASSN.		\$13,024.00	NEFF COMPANY		\$28,995.61	WELLSPRING FITNESS EQUIPMENT		\$2,978.15							
EMA OF CHICAGO INC.		\$3,650.00	NEOPOST INC.		\$3,035.99	WENGER CORP.		\$10,419.00							
ERIKSSON ENGINEERING ASSOC.		\$13,867.95	NORTH AMERICAN SALT CO		\$6,272.11	WFF FACILITY SERVICES		\$1,812,065.71							
EXTREME NETWORKS		\$17,875.00	NORTH CENTRAL COLLEGE		\$4,646.00	WHITTET & CLEARLY & TAKIFF LLC		\$41,836.23							
FACILITEC		\$7,615.62	NORTH SHORE BUSINESS TECH.		\$7,945.54	WILDLIFE HABITAT COUNCIL		\$2,578.70							
FARM PLAN CORP.		\$4,510.66	NORTH SUBURBAN CONFERENCE		\$13,647.00	WORLD ALMANAC EDUCATION		\$2,587.20							
FIDELITY INVESTMENTS		\$47,107.40	NORTHWEST EVALUATION ASSOC.		\$11,050.00	XEROX CORPORATION		\$56,147.58							
ILMS MEDIA GROUP		\$5,559.45	NORTHWESTERN MUTUAL LIFE		\$4,500.00										
LAGHOUSE		\$4,383.22	NSC BOYS SPORTS		\$11,753.00										
LANNERY FIRE PROTECTION INC.		\$32,583.00	NSC SOCCER FUND		\$6,826.00										
LEET FUELING SERVICES		\$17,228.77	OCE		\$60,407.50										
LENN SCIENTIFIC INC.		\$107,431.95	OFFICE CONCEPTS		\$22,268.20										
OLLETT ED. SERV.		\$34													

General, FT 3400

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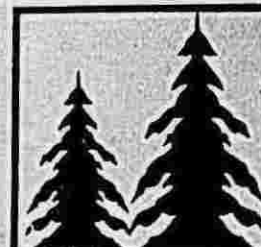
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PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business:
RAM Services, Ltd.
 Nature/Purpose:
 Automotive/Equipment Sales & Service
 Address(es) where business is to be conducted or transacted in this county:
 1288 Townline Rd., Mundelein, IL 60060
 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:
 Russell A. Marquardt
 40161 N. West Shore Dr., Antioch, IL 60002

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/Russell A. Marquardt
 December 20, 2006
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 20th day of November, 2006.

Assumed Name 8200

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

OFFICIAL SEAL
 /s/ Claudia C. Rodriguez
 Notary Public
 Received: Dec. 20, 2006
 Willard R. Hellander
 Lake County Clerk
 (Published in the Lake County Journals, December January 5, 12 & 19, 2007.)

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business:
T and L Electric
 Nature/Purpose:
 Small Electrical Work
 Address(es) where business is to be conducted or transacted in this county:
 212 W. Hawthorne Blvd., Mundelein, IL 60060
 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:
 Thomas R. Ludwick
 212 W. Hawthorne Blvd., Mundelein, IL 60060
 Lorraine A. Ludwick
 212 W. Hawthorne Blvd., Mundelein, IL 60060
STATE OF ILLINOIS COUNTY OF LAKE
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s)

Assumed Name 8200

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/Thomas R. Ludwick
 /s/ Lorraine A. Ludwick
 November 24, 2006
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 24th day of November, 2006.

OFFICIAL SEAL
 /s/ Gloria Pagan
 Notary Public
 Received: Dec. 26, 2006
 Willard R. Hellander
 Lake County Clerk
 (Published in the Lake County Journals, December January 5, 12 & 19, 2007.)

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business:
Tyalam
 Nature/Purpose:
 Retail Internet Sales
 Address(es) where business is to be conducted or transacted in this county:
 468 Sandlewood Lane, Lake Villa, IL 60046; 847-245-3243
 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:

Assumed Name 8200

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Brian Dietz, 468 Sandlewood Lane, Lake Villa, IL 60046, 847-245-3243
STATE OF ILLINOIS COUNTY OF LAKE
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Brian Dietz
 December 14, 2006
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 14th day of December, 2006.
 OFFICIAL SEAL
 /s/ Linda M. Paulson
 Notary Public
 Received: Dec. 14, 2006
 Willard R. Hellander
 Lake County Clerk
 (Published in the Lake County Journals, December 29, 2006, January 5 & 12, 2007.)

Rental Facts

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Cars with damaged frames pose a real danger

Consumers who go shopping for a used car could be playing a very dangerous game. The reason? Unseen damage to the car's frame could end up putting occupants of the vehicle at serious risk.

A car's frame is one of the most important safety features protecting the driver and passengers in an accident. The frame is engineered to work with the car's other safety components, such as the seat belts and airbag, to provide maximum protection for all passengers. Any weakness or flaw in the frame — even movement as little as eight millimeters — can cause the vehicle to react differently than designed in an accident, endangering anyone inside the vehicle as well as others on the road.

Scam artists end up putting millions of used-car buyers at risk by selling vehicles with damaged or rewelded frames — but not informing the buyers of the problem or the risks.

Fortunately, a damaged frame can be repaired — if it's detected and the job is done right. An improperly repaired frame diminishes the structural integrity of the vehicle and increases the risk of serious injury in an accident. It may also harm the vehicle's



Unseen damage to the car's frame could end up putting occupants of the vehicle at serious risk.

other safety features, such as airbag deployment. Frame experts, however, are now using state-of-the-art laser technology to better detect defects in a car's frame after it has been repaired. To help you protect your family, auto experts recommend the following:

- If you're driving a car and it just doesn't feel right, it could be there is something wrong with the frame. Take it to a mechanic immediately to make sure there's no damage of

which you were unaware.

- Many body shops use outdated methods for repairing cars. Pick a mechanic with state-of-the-art laser technology, which uses lasers to measure a frame's correct specs within a single millimeter.

- Before you buy a used car, check its history carefully. Online services can help buyers get detailed information about the history of any used car, which could reveal if it's been in a major crash.

Three steps to saving money on new car financing

Whether you want to surprise a loved one with a gift they'll never forget, swap out for a more fuel-efficient model, or simply replace a car on its last leg, the end of the year is a great time to buy a new vehicle. With some auto manufacturers experiencing sluggish sales and advertisements promoting inventory closeouts, today's car shoppers have a lot working in their favor. Taking the right steps before you even set foot on a car lot can help put you in the driver's seat when it's time to negotiate.

Check your credit score

A survey conducted in July 2006 by AWARE, a nonprofit consumer education group focused on auto financing, found that 54 percent of consumers will check their credit score be-

fore purchasing their next car or truck. Knowing your credit score helps you understand how dealers and auto lenders evaluate your credit risk and the interest rate for which you likely qualify. Having this information at your fingertips is the first step in preparing to negotiate for the best terms possible.

Compare interest rates

Comparison shopping means more than just pricing out the car or truck you want. Also investigate interest rates on financing from different sources. Start with the relationships you already have — your bank, credit union, finance or mortgage lender. Auto dealers also can offer a range of options from multiple sources.



Negotiate your APR

Ask about special financing incentives — these are often limited to certain models, makes or model-year vehicles. If no special financing offers are available, you can negotiate your APR just like you negotiate the price of the vehicle. Keep in mind that credit history, current interest rates, market conditions, special offers and competition can impact the interest rates you are likely to receive. Having a holistic picture of your credit history can help strengthen your negotiating position.

Best Vehicle Resale Values For 2007

It may be a good idea to look down the road, past the sticker price, when buying a new car.

That's the advice from experts who say car buyers would be well advised to think about resale value when shopping for a vehicle.

Depreciation, or loss of a car's value, is often the greatest expense incurred by drivers during the first five years of vehicle ownership. In fact, an average vehicle will only retain about 35 percent of its original value after a five-year ownership period, meaning that a \$20,000 new car today could only be worth about \$7,000 after five years.

While vehicles with average or below-average resale values are generally plentiful in the marketplace and easy to find, certain vehicles are projected to hold their value well into the future.

To help car buyers make better purchase decisions, Kelley Blue Book recently named the top 2007 model-year vehicles that will best hold their value after five years. These vehicles are projected to retain closer to 50 percent of their original value after a five-year ownership period. It can be accessed at www.kbb.com.

Choosing a vehicle

So what drives resale value? Often it has to do with certain features available on new cars today that will be desirable by a majority of used-car buyers three or five years down the road. These features will help a vehicle maintain more of its original value. Consider the following options in your next new vehicle to help better retain its value:

First, choose a popular exterior color, such as black, white or silver. Then select equipment that many buyers want. Included on this list are anti-lock brakes (ABS), alloy wheels, CD player/CD changer, parking sensors, navigation system, sensing cruise control and leather-covered seats. At the same time, avoid less popular colors and go easy on customization.

"Vehicles that are painted in odd colors and vehicles that have been overly personalized



2007 Best Resale Value By Brand Honda and Acura (Tie)

2007 Best Resale Value (In Alphabetical Order)

Acura TSX	Pontiac Solstice
BMW 5 Series	Scion tC
Honda Civic	Toyota Prius
Lexus IS	Volkswagen Eos
MINI Cooper	Volkswagen GTI

2007 Best Resale Value By Category

SEDAN: Acura TSX
COUPE: Honda Civic
CONVERTIBLE: MINI Cooper
WAGON: Volkswagen Passat
HATCHBACK: MINI Cooper
LUXURY: BMW 5 Series
PICKUP: Toyota Tacoma
SPORT UTILITY: Acura MDX
VAN/MINIVAN: Honda Odyssey
HYBRID: Toyota Prius

will be desired by a smaller group of people down the road," said Jack R. Nerad, executive editorial director and executive market analyst with Kelley Blue Book's kbb.com. "That will negatively affect their resale value."

Many of the vehicles with the lowest resale values are vehicles with long life cycles, high-production levels and those models that populate the fleet market. A number of this year's vehicles with the lowest retained value include a host of minivans.

Those vehicles with the lowest resale value include the Chevrolet Uplander, Chrysler Sebring, Dodge Caravan, Ford Crown Victoria, Ford Freestar, Isuzu Ascender, Kia Sedona, Lincoln Town Car and Mercury Monterey.

"The cars that do not retain their value well are falling victim to decreasing demand even as production levels continue at relatively high levels," said Nerad. "These vehicles often end up being heavily discounted at the dealership or pushed into fleets. That, in turn, sends their value as used vehicles plummeting."

For more information about new or used-car values, vehicle purchasing advice and more, visit www.kbb.com.

Best Bets-Consumers can access a list of best-projected car resale values online.

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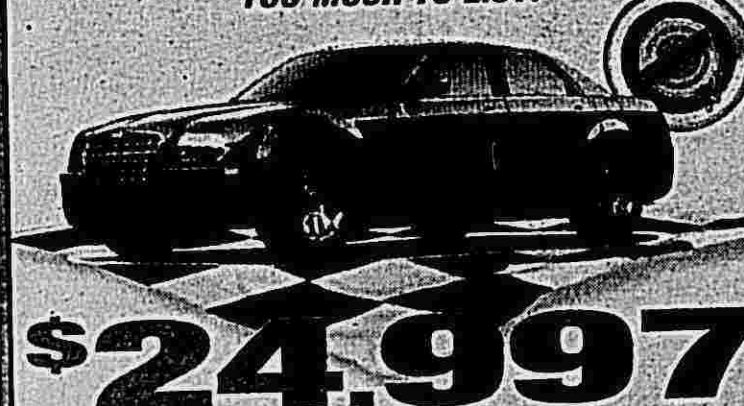
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LAKE

Friday
January 12, 2007

LakeCountyJournals.com
Section C

● Check it out

Fun-filled, indoor and outdoor activities will take place during WinterFest, which takes place Sunday, Jan. 14, in Ingleside.

Page C2

"The Three Musketeers" comes to the Chicago Shakespeare Theater in Chicago through Feb. 18.

Page C3

"Voices of Freedom: Reigniting King's Legacy" looks at the life of Dr. Martin Luther King Jr. and takes place at noon, Jan. 13 through 15, at the Field Museum in Chicago.

Page C6

The Lake County Forest Preserve offers three wintry programs this month. The programs are Winter Wonders, Footprints in the Snow and Feathered Winter Friends.

Page C11

Steppin' up

A new type of climbing exercise equipment, called the TreadWall, lands at Pulse Fitness & Weight Loss Center in Mundelein.

7

Movies

Movie critic Jeffrey Westhoff reviews the new adventure film "Arthur and the Invisibles," directed by Luc Besson.

5



A silent play

"Lulu" to be performed in Lake County

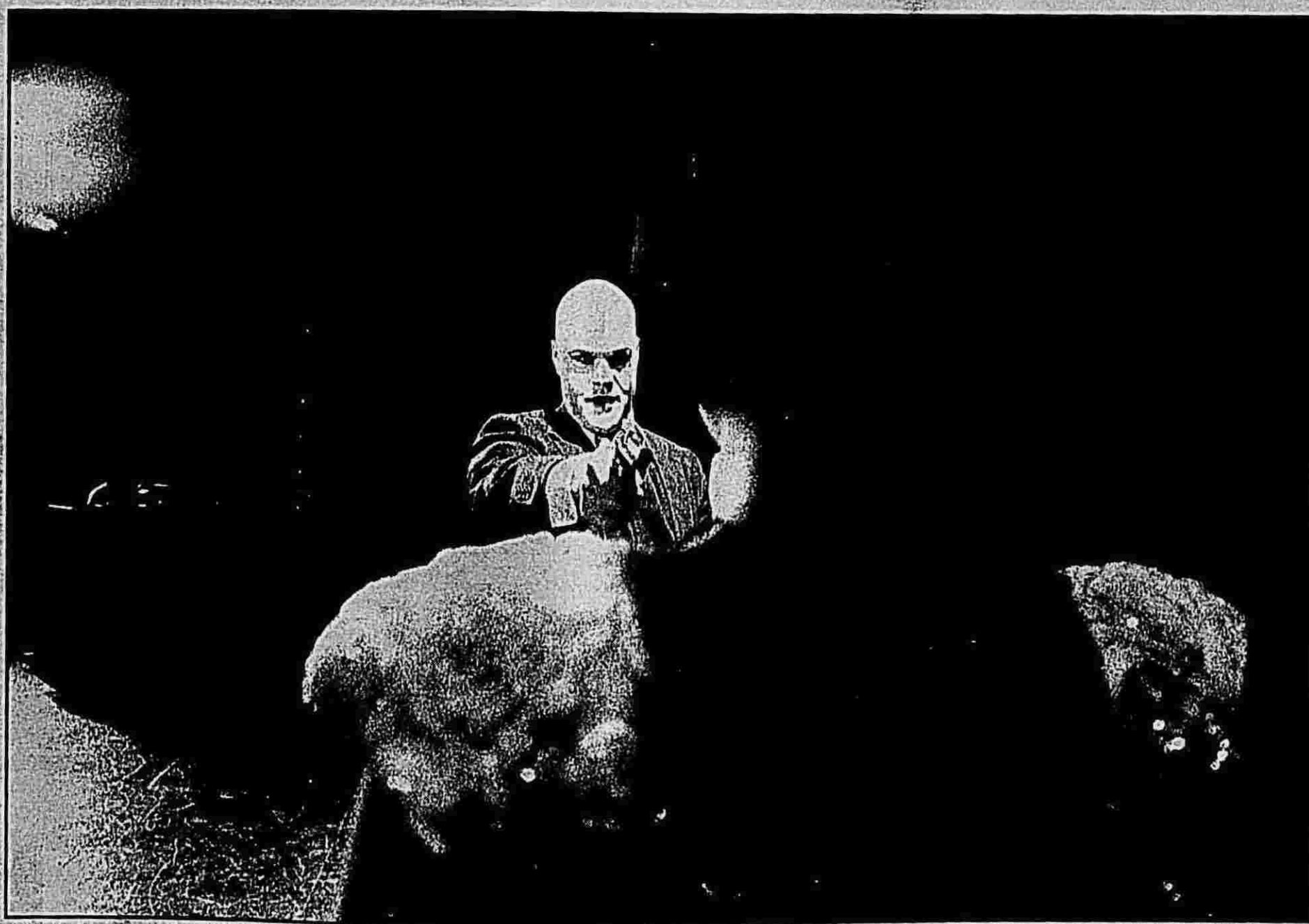


Photo provided

"Lulu: A Black and White Silent Play" will be performed at 8 p.m. on Friday, Jan. 12, at the Byron Colby Barn, in Grayslake. The play is directed by Tonika Todorova and was performed the past year in Chicago, New York and San Francisco. See the story on page C2.

● To Do

A proposal about ... proposals

Whether he got down on one knee on national television, or she fished for it long after cohabitation became marriage under common law, the story of a marriage proposal is one couples will tell for years to come.

So, we want to know: What's yours?

The Lake County Journals is seeking stories - crazy, creative, cringe-worthy and cute - about how the question was popped. Or, if you're planning the big moment, we'll take

that, too.

Send your pre-engagement tales to kgressey@nwnewsgroup.com, or Kathy Gresey, 34121 N. Route 45, Suite 224, Grayslake, IL, 60030.

Mrs. Illinois

Marcie Aceto, Illinois director for the Mrs. Illinois Pageant, is looking for a woman to wear the Mrs. Illinois crown.

The pageant will take place in Elgin on June

29 and 30. Interested applicants must live or work in Illinois; be married during the time of competition; be a U.S. citizen at least 18 years old; and a resident of the state for at least six months. The competition has no age limit.

While beauty is a key element in the competition, contestants also are urged to voice their opinions on marriage and important issues of the day.

For more information, call Karen at (630) 325-4305.

An experience in black and white

Moral ambiguity, sexual lust are explored in silent theater production

By KATHY GRESEY

kgresey@nwnewsgroup.com

GRAYSLAKE – It has been performed in Chicago for more than a year. And now it is coming to Lake County.

"Lulu: A Black and White Silent Play" tells the story of Lulu, a beyond-beautiful woman, and the men and women who lust for her.

The play will be performed by the Silent Theatre company in Grayslake on Friday, Jan. 19.

The production is based on German Expressionist Frank Wedekind's plays "Earth Spirit" and "Pandora's Box," which portray the alluring vixen Lulu.

Tonika Todorova directs the Silent Theatre production, which most recently was performed in Chicago, San Francisco and New York. She said production of "Lulu" started as a college experiment about four years ago.

"We tried to do a silent film on stage," Todorova said. "After college, somebody took it to the Journeymen Theater Company. Then we let it sleep for a couple of years."

"Lulu" was revived in November 2005 and performed in association with Journeymen Theater.

The silent play uses subtitles to convey words when needed. Piano is played throughout the



Photo provided

"Lulu: A Black and White Silent Play" is coming to the Byron Colby Barn, in Grayslake at 8 p.m. on Friday, Jan. 19.

All the details

What: "Lulu: A Black and White Silent Play"

Where: Byron Colby Barn, 1561 Jones Point Road, Grayslake

When: 8 p.m. on Friday, Jan. 19

Tickets: \$15; adults only (High school students will be admitted.)

Concessions: Bring your own beverage.

Additional information: Reserve a seat by calling (847) 543-1202.

fast-moving performance.

"It's the type of show you've never seen before," Todorova said. "Every time the show is up, the show is different."

Kyla Louise Webb portrays Lulu in the production. She described the entire "Lulu" experience as overwhelming.

"It took a lot of trial and error to get it right," she said. "None of us are really physical actors. So we just went into rehearsals."

Joe Vonderhaar, who plays six characters in the performance, agreed that the physicality of the show was challenging. He portrays an artist, a father, a vaudevillian actor, a photographer, a thug and a bailiff in the play.

"It's quite spectacular," he said of the production.

"Lulu" is an adult performance. Children will not be allowed to attend the Grayslake show. High school students will be admitted.

For more information about "Lulu," visit www.silenttheatre.com.

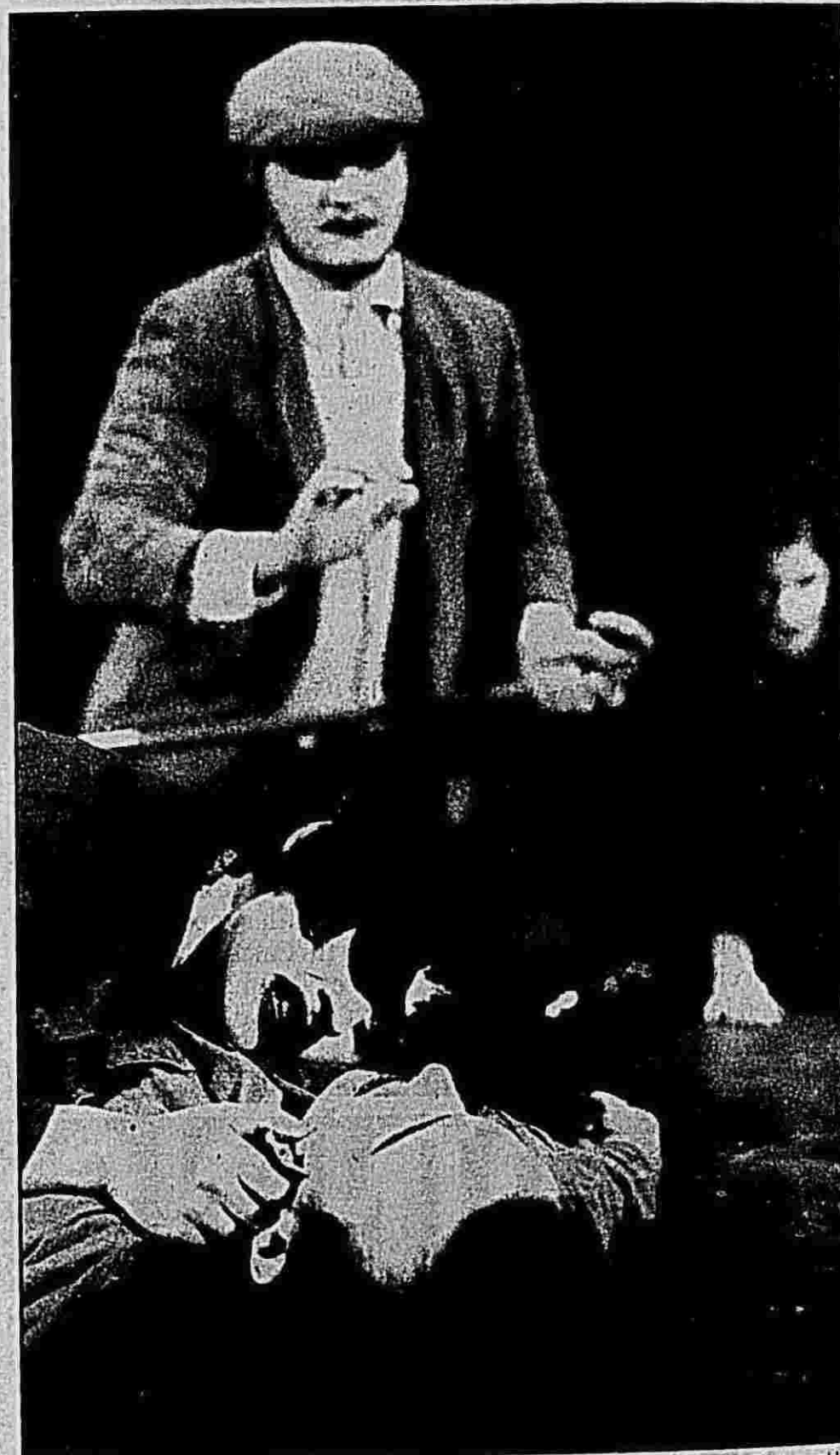


Photo provided

"Lulu: A Black and White Silent Play" tells the tale of a beautiful woman and the lust men and women have for her.

Ready for WinterFest?

INGLESIDE – Looking for a great combination of indoor and outdoor fun this weekend? WinterFest, a long-standing event at Volo Bog State Natural Area, will take place Sunday, Jan. 14.

Indoor events will include live music, photo-contest awards and winter-themed crafts. Outdoor events will include bog hikes, snow-sculpting contests (snow permitting) and cross-country skiing.

Indoor WinterFest activities will begin at noon.

Outdoor tours of Volo Bog will begin at 11 a.m. Children and adults can make snow sculptures until 3:15 p.m. Snow-sculpting awards will be presented indoors at 3:45 p.m.

Hiking and skiing can be done during normal Volo Bog hours, from 8 a.m. to 4 p.m. Cookies, hot coco and coffee will be sold. The event is free.

Volo Bog State Natural Area is located in Ingleside at 28478 W. Brandenburg Road. For more information, call (815) 344-1294, or email dnr.volobog@illinois.org.

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Updated 'Three Musketeers' lively, but predictable

By TOM WITOM

thomaswitom@yahoo.com

Alexandre Dumas' swash-buckling adventure, "The Three Musketeers," has come a long way since its first serialization in a Paris newspaper between March 1843 and July 1844.

Chicago Shakespeare Theater, temporarily shifting gears, is now presenting an exuberant musical version of the French writer's work. David H. Bell, whose credits include several Chicago Shakespeare productions, as well as a number of shows at the Marriott Theatre and elsewhere, serves the dual role of director and choreographer.

The music – rich and lively – is by award-winning composer George Stiles, and lyrics – appropriate and polished, if not always memorable – are by Paul Leigh.

This "Three Musketeers" is the third in a series of Chicago Shakespeare Theater's New Classics program, designed to reinvent classic stories. It was preceded last season by "A Flea

Tickets, please

What: "The Three Musketeers"

Where: Chicago Shakespeare

Theater, at Navy Pier in Chicago

When: Through Feb. 18

Tickets: \$40 to \$67

Show information: (312) 595-5600

in Her Ear" and, before that, "Kabuki Lady Macbeth."

The adaptation of Dumas' story was predictable, though well executed. It's fair to say it's in a different, lighter weight league entirely than the Shakespearean works normally on the venue here.

Still, "Musketeers" packs a lot of broad-brushed adventures into two hours and 30 minutes. Palace intrigue, romance, brawling and sword fights are commonplace, especially between musketeers forming a royal guard loyal to King Louis (Terry Hamilton) and Queen Anne (Johanna McKenzie Miller) and at odds with supporters of the powerful Cardinal Richelieu (Jeffrey Baumgartner).

At the focal point are three

musketeers ("One for all, and all for one") who have formed a strong, enduring bond: Athos (Juan Chioran), Porthos (Steven Jeffrey Ross) and Aramis (Aaron Ramey).

Seeking to join their tight-knit circle is D'Artagnan (Kevin Massey), a good swordsman but inexperienced young man with much to learn about what it takes to be a true hero.

D'Artagnan quickly loses his heart to the attractive Constance (Abby Mueller), the unhappy wife of an old innkeeper (Greg Vinkler). But, in the process, he learns key lessons on friendship and honor.

"The Three Musketeers" provides a good forum for vocal harmonization, especially when Athos, Porthos, Aramis and D'Artagnan take the stage ("The Life of a Musketeer"). Similarly, the D'Artagnan-Constance duet "Who Could Have Dreamed of You?" was perfectly lovely.

Meanwhile, keyboardist Dale Rieling ably conducts a compact orchestra. And Mariann Verheyen's period costumes are a treat for the eyes.

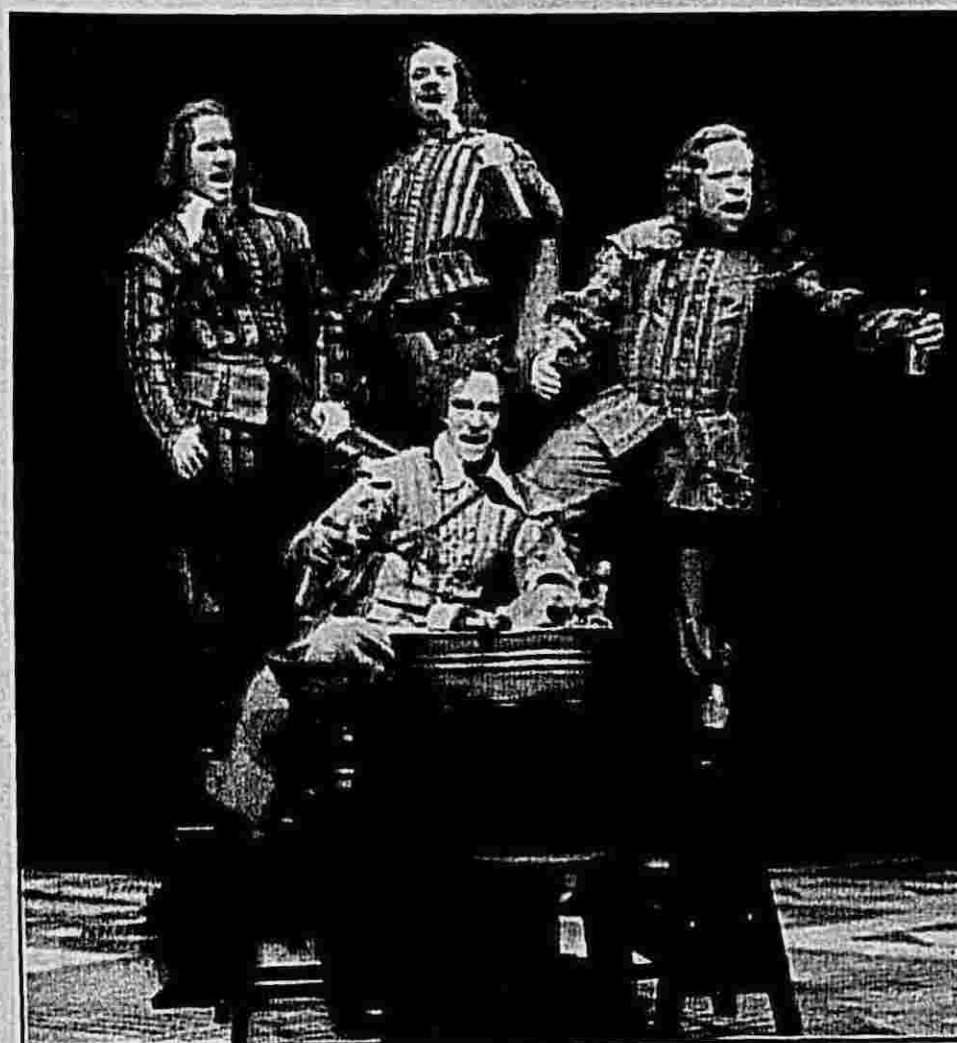
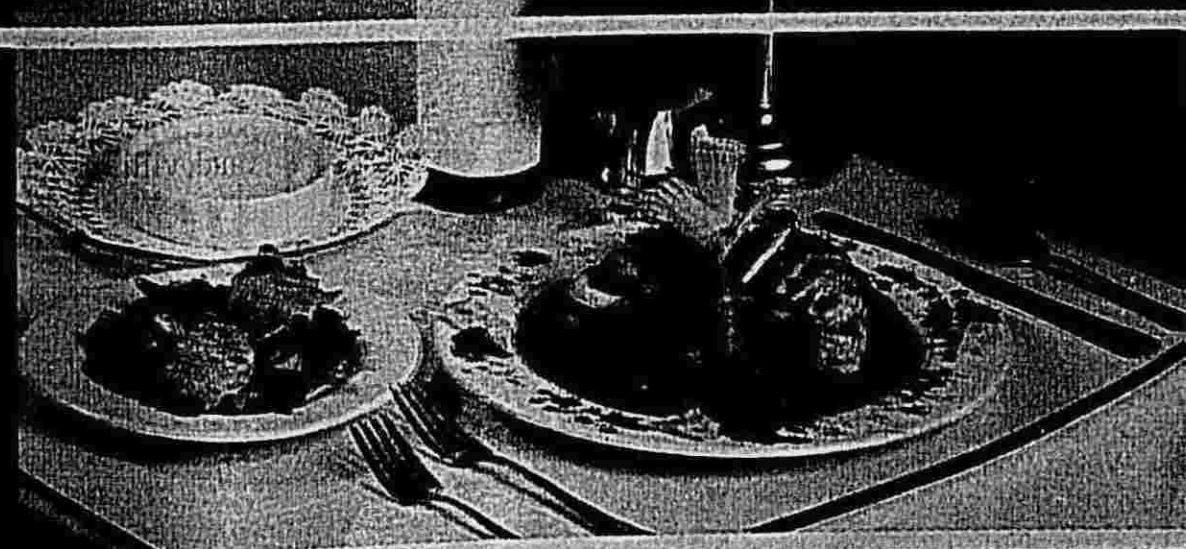


Photo provided

"The Three Musketeers" (from left) Aramis (Aaron Ramey), Athos (Juan Chioran) and Porthos (Steven Jeffrey Ross) are joined by another young Musketeer (center) D'Artagnan (Kevin Massey) in a scene from the new play taking place at Chicago Shakespeare Theater in Chicago.

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Photo provided

Director Clint Eastwood creates his follow up to "Flags of Our Fathers" with his new film "Letters From Iwo Jima."

A different view on war

Maybe it was the only way to make it, but Clint Eastwood's "Letters From Iwo Jima" dutifully follows conventions of the classic World War II movie.

The only stock character missing is the Jewish kid from Brooklyn, but he wouldn't find a place in this movie, except as a POW.

"Letters From Iwo Jima" is the first major American film to show World War II from a Japanese point of view.

This is the second part of Eastwood's Iwo Jima project, which began with the American-point-of-view film "Flags of Our Fathers."

Released in October, "Flags" used a confusing structure of flashbacks and was less concerned with restaging the famous battle than with questioning the nature of heroism.

Even though "Letters" is told in Japanese with English subtitles, it is more accessible.

It follows the familiar structure of introducing its main characters as they train for battle, followed by a dreadful lull as they wait for the enemy invaders, followed by the battle itself.

And though "Letters" is

"Letters From Iwo Jima"

★★★ 1/2

Director: Clint Eastwood
Genre: Drama

Additional information: Rated R for graphic war violence; running time is 141 minutes.

Cast includes: Ken Watanabe, Shido Nakamura, Tsuyoshi Ihara, Hiroshi Watanabe, Takeshi Yamaguchi, Tim Moore

rated R for violence, it doesn't approach the horrific gore of "Saving Private Ryan."

Ken Watanabe, Tom Cruise's co-star in "The Last Samurai," plays Gen. Tadamichi Kuribayashi, commander of Iwo Jima's forces.

"Picture Letters From Commander in Chief," a collection of Kuribayashi's letters to his wife and children, inspired Eastwood to film a Japanese account of the battle while he was still in production on "Flags."

Screenwriter Iris Yamashita, who developed the story with Eastwood's frequent collaborator Paul Haggis, uses

the general's letters to add domestic touches to her script.

Kuribayashi was a military envoy to America in the 1920s, so he knew Americans weren't the monsters his troops believed them to be.

Kuribayashi admired Americans, but he wasn't going to allow them to take Iwo Jima easily.

It was his strategy to dig a network of caves and tunnels deep inside the tiny island's

hills (the movie makes it seem his soldiers accomplished this in eight weeks, not the eight months it took in reality).

Rather than the fiercely dedi-



Jeffrey Westhoff

cated soldiers found in American propaganda, the Japanese-enlisted men in "Letters" are angry.

They are angry to give their lives to defend a smelly rock.

See WESTHOFF, page C10

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SAT-MON MATINEE 1:00

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SAT-MON MATINEE 1:15

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SAT-MON MATINEE 1:30

THE GOOD SHEPHERD (R) (4:40) 8:15;

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Curse Of The Golden Flower (R) ✓ X 1:30, 4:15, 6:50, 9:25

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Freedom Writers (PG13) ✓ 12:30, 3:20, 6:15, 9:10

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Children Of Men (R) ✓ 1:20, 4:00, 7:05, 9:35

Black Christmas (R) ✓ 6:55, 9:10

Night At The Museum (PG) 1:00, 3:35, 6:10, 8:50

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Apocalypto (R) 12:50, 3:50

The Holiday (PG13) 12:30, 3:30, 6:30, 9:30

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Charlotte's Web (G)

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Photo provided

"Arthur and the Invisibles," directed by Luc Besson, tells the tale of an African tribe known as the Minimoys.

'Arthur' contains racist aspects

Underlying the general ickiness of "Arthur and the Invisibles" is a racist premise.

The "Invisibles" of the title are members of an African tribe called the Minimoys, who are the size of insects, adorable and Caucasian.

I know this is supposed to be a children's fantasy and that the color of the Minimoys' skin should be less remarkable than their microscopic stature, but the message seems to be that an African tribe can't be cute and non-threatening unless it also is white. Or perhaps French filmmaker Luc Besson ("La Femme Nikita") saw limited box-office returns in a story about a young boy frolicking in a world of tiny black elves.

Even if the Minimoys were more appropriate with regard to ethnology, "Arthur and the Invisibles" would still be dreadful.

It is another reminder that computer animation in the wrong hands is painful to behold.

Besson was so delighted with the film's central idea (given to him by French children's authors Patrice and Céline Garcia), he didn't feel a need to develop it.

"Arthur and the Invisibles"

★ 1/2

Director/writer: Luc Besson

Genre: Adventure

Additional information: Rated PG for fantasy action and brief suggestive material; running time is 103 minutes.

He just slapped a story around the premise of a live-action boy, Arthur (Freddie Highmore), shrinking himself into the computer generated world of the Minimoys.

Besson wrote his script with no respect for a young audience's intelligence. Arthur's impetus for visiting the Minimoys is an hoariest plot: A mean old banker is about to foreclose on his grandparents' New England farm.

After much contradictory exposition, Arthur decides the only way to find the fortune in rubies his grandfather (who mysteriously vanished months earlier) buried in the field is to shrink himself and ask the Minimoys for help. At some point, Arthur's grandfather transplanted the Minimoy kingdom to his backyard, although Besson never supplies

a reason for this. Nor is it clear why Arthur transforms into a Minimoy when he shrinks.

The Minimoy king (voiced by Robert De Niro, who gave up on shame somewhere between "Meet the Parents" and "Meet the Fockers") agrees to help Arthur, if he saves them from the latest doomsday scheme of the evil Maltazard (David Bowie).



Jeffrey Westhoff

The king sends his children, eager hero-in-training Betameche (Jimmy Fallon) and tough warrior gal Selenia (Madonna),

to help Arthur. I suppose they have adventures because they scream a lot, but then again, these characters scream a lot at any old thing.

Besson seeks high energy from his actors, and all of them perform as if they ate six boxes of Cap'n Crunch with a chaser of Nestle's Quick (no milk, just the syrup) before each take.

See ARTHUR, page C7

Everymom

A hairy ordeal

Question: What is the best way to cut a toddler's nails? And hair?

—Katie, Huntley

Answer: I sometimes think we, as parents, could use some sort of boot camp to deal with all the battles we face.

My boot camp agenda would feature lessons in crayon-up-the-nose-and-in-the-mouth prevention, as well as anti-whining and persuasion techniques.

And it wouldn't be parental boot camp without a day spent on child grooming tactical maneuvers.

I'll start with nails.

This is a battle that can have a bloody ending.

I'm told by several parents the best time to do it is when they're sleeping or just after a bath when the nails are soft.

"You sneak in under the dead of night ... and with a flashlight in your mouth, clip those suckers," Laura, of Aurora, said. "They wake up with them trimmed, never realizing the nail fairy came in the night."

Other parents use rewards, such as a lollipop during or stickers or a snack afterward.

For both haircuts and nails, having the child sit on your lap helps. Put on a movie, or find something else to distract your child — have the other parent dance around or sing a song to the child.

"Parents need to ask this question about haircuts and nail trims: Do they really need to be cut right now?" said Jennifer DuBose, a mom of two who has worked as a family therapist and a school counselor and is a clinical member of the American Association of Marriage and Family

Therapy.

"Toddlers learn so many new things every day simply by being in the world," DuBose said. "The concept of losing your hair forever



Jami Kunzer

is difficult to grasp, let alone express anxiety about, in a way the adults in charge can understand."

Some places, such as Cookie Cutters, specialize in children's haircuts. Cookie Cutters (www.haircutsarefun.com) has locations in McHenry, Geneva, Naperville and Glen Ellyn.

• Columnist Jami Kunzer is the mother of Summer, 2, and infant twins Anna and Lilly. She writes about the everyday challenges facing parents. You also can connect with Jami online Tuesday, Thursday and Saturday through her blog, which can be found at www.nwherald.com. Reach Jami at jkunzer@nwnewsgroup.com, or (815) 459-4122.

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Celebrate the life of Martin Luther King Jr.

CHICAGO - The Field Museum is proud to present two programs celebrating the life of Dr. Martin Luther King Jr. during MLK weekend, Jan. 13 through 15.

Visitors can honor the life and times of the civil rights movement leader through music and panel discussions.

"Voices of Freedom: Reigniting King's Legacy" will feature the Choral Thunder and Trinity United Church of Christ Young Adult choirs. The performers will traverse the public areas of the museum and end in James Simpson Theatre, where guests will learn the significance of each piece.

Mike Robinson, program director of Gospel Radio AM-1390, will serve as emcee for the program. This performance is free with museum admission.

Lisa Brock, from Columbia College, will serve as moderator for the panel discussion "Get Up, Stand Up: Music and The Black

World Experience." The lecture will begin at 2 p.m. on Saturday, Jan. 13, and panelists will include Joyce A. Joyce, from Temple University, and Morris Phibbs, from Columbia College's Center for Black Music Research.

Guests will discover the vast contributions and revolutionary messages

of the late Jamaican Reggae singer, Peter Tosh. Panelists will discuss the role music has played in the African-American experience. The panel discussion is free with museum admission.

On Monday, Jan. 13, general admission to the museum will be waived. General admission to the museum is \$12 for adults, \$7 for children (age 4 through 11), seniors and students with ID.

The Field Museum is open from 9 a.m. to 5 p.m. daily. For more information, call (312) 922-9410, or visit www.fieldmuseum.org.

Dates and time

• "Voices of Freedom: Reigniting King's Legacy" will take place at noon, Jan. 13 through 15.

• "Get Up, Stand Up: Music and The Black World Experience" will take place at 2 p.m. on Jan. 13.



Photo provided

The Choral Thunder (pictured) and Trinity United Church of Christ Young Adult choirs will perform at noon, Jan. 13 through 15, during "Voices of Freedom: Reigniting King's Legacy." The event looks at the life of Dr. Martin Luther King Jr. and will take place at the Field Museum in Chicago. Other activities will take place as well.

Calling all readers

LINCOLNSHIRE - Start the year off right by joining the Ryerson Reads winter book club. Two books remain for the season. It is not too late to join.

Led by Benjamin Goluboff, professor of English at Lake Forest College, Ryerson Reads discusses the historical context and influence of environmental literature.

The group meets from 7:30 to 9:30 p.m. on Wednesdays. Cost is \$15 a person (\$10 for Friends of Ryerson Woods members). Registration is required.

To register, call (847) 968-3321, or visit www.LCFPD.org and click on Calendar of Events.

Ryerson Reads will discuss "The Outermost House," by Henry Beston, on Jan. 17 and "The Botany of Desire," by Michael Pollan, on March 14.

"The Outermost House" is considered a classic piece of American nature writing. The book, published in 1928, is a lyrical meditation chronicling the seasons as witnessed on the shores of Cape Cod.

The actual house from which

Where it's at

Ryerson Woods is located near Deerfield on Riverwoods Road. It is between Half Day Road (Route 22) and Deerfield Road, just west of Interstate 94.

the title takes its name was designated a National Literary Landmark in 1964. The house is now gone, swept away by astronomically high tides during a winter hurricane in 1978, but the site still draws visitors each year.

"The Botany of Desire" tells the story of four plants and their relationship to humans. Author Pollan starts his book in the early 19th century, recounting the story of Johnny Appleseed and people's desire for apple cider.

Pollan concludes the book in the present day with genetically engineered potatoes, and what he refers to as the quest for the "perfect French fries." Pollan draws on literature, history, philosophy, science and anecdotes to tell his story.

Outdoor show comes to Chicago

CHICAGO - The Midwest's largest indoor selection of new boats and RVs will be unveiled at the 2007 Chicago Boat, RV & Outdoors Show. Escape the wintry weather by visiting McCormick Place, Jan. 17 through 21.

The 77th annual show expects to showcase nearly 600 boats and more than 200 RV's, for a total of around \$65 million in merchandise on the boat show floor alone.

In addition, visitors will find a variety of special features, which include:

• **Indoor lazy river** - The outdoors is brought inside with the return of the popular 170-foot indoor river.

• **ATV demo course** - Test the latest all-terrain vehicles on this custom built, indoor, off-road track produced by the ATV Safety Institute. Instructors will be on-hand to promote the safe and responsible use of ATVs. Safety gear will be provided for all test riders.

For ATV safety information,

All the details

• The 2007 Chicago Boat, RV & Outdoors Show will take place from 11 a.m. to 9 p.m. on Jan. 17, 18 and 19; from 10 a.m. to 9 p.m. on Jan. 20; and from 10 a.m. to 6 p.m. on Jan. 21.

• It will take place at McCormick Place's North Building, 2301 S. Martin Luther King Drive, in Chicago.

• Admission is \$10 for adults and \$4 for children age 13 through 15. Children 12 and younger are free. Seniors 65 and older receive a \$2 discount on Jan. 17.

visit ATV's Web site at www.atvsafety.org.

• **Captain Kids' Discovery Point** - This interactive exhibit encourages children to develop interest in water activities, through experience in building model boats, knot tying and boater's safety.

• **Take Me Fishing Center** - In partnership with the Recreational Boating and Fishing Foundation, this entertaining information center promotes freshwater fishing basics and techniques for anglers of all skill levels.

• **Huck Finn Trout Pond** - Free fishing for children 12 and younger in an indoor pond with some of the largest trout east of

the Mississippi River.

• **Discover Boating Resource Center** - This is the place for potential boaters to ask all their boating questions.

• **First Mate Patch Program** - Local Boy Scouts, Girl Scouts, Campfire Kids and Y Guides can earn the First Mate Patch by attending the show and completing learning stations.

• **Wakeboard & Waterski Clinic** - Watch as professionals demonstrate the latest techniques and stunts in wakeboarding and waterskiing on the trampolines.

For more information on the 2007 Chicago Boat, RV & Outdoors Show, visit the Web site at www.NMMA.org.

Climbing your way to a healthier body

TreadWall comes to center in Mundelein

MUNDELEIN - Like to climb?

A rotating climbing wall is now part of the exercise equipment at Pulse Fitness & Weight Loss Center in Mundelein. Area residents will have the opportunity to try the machine during an open house at Pulse.

The event will take place from 10 a.m. to 2 p.m. on Saturday, Jan. 13. Free work-outs, promotional packages on workout cards, giveaways and complimentary fitness and training advice from personal trainers at Pulse will be available.

The Treadwall climbing wall, manufactured by Brewer's Ledge Inc., incorporates auto-stop technology for self-paced, motor-less climbing with adjustable angles and holds. Climbers are never more than 2 feet off the floor.

"The Treadwall adds a one-two-punch in your workout, in that it combines a cardio and strength training benefit into one result," Becky

Hours of operation

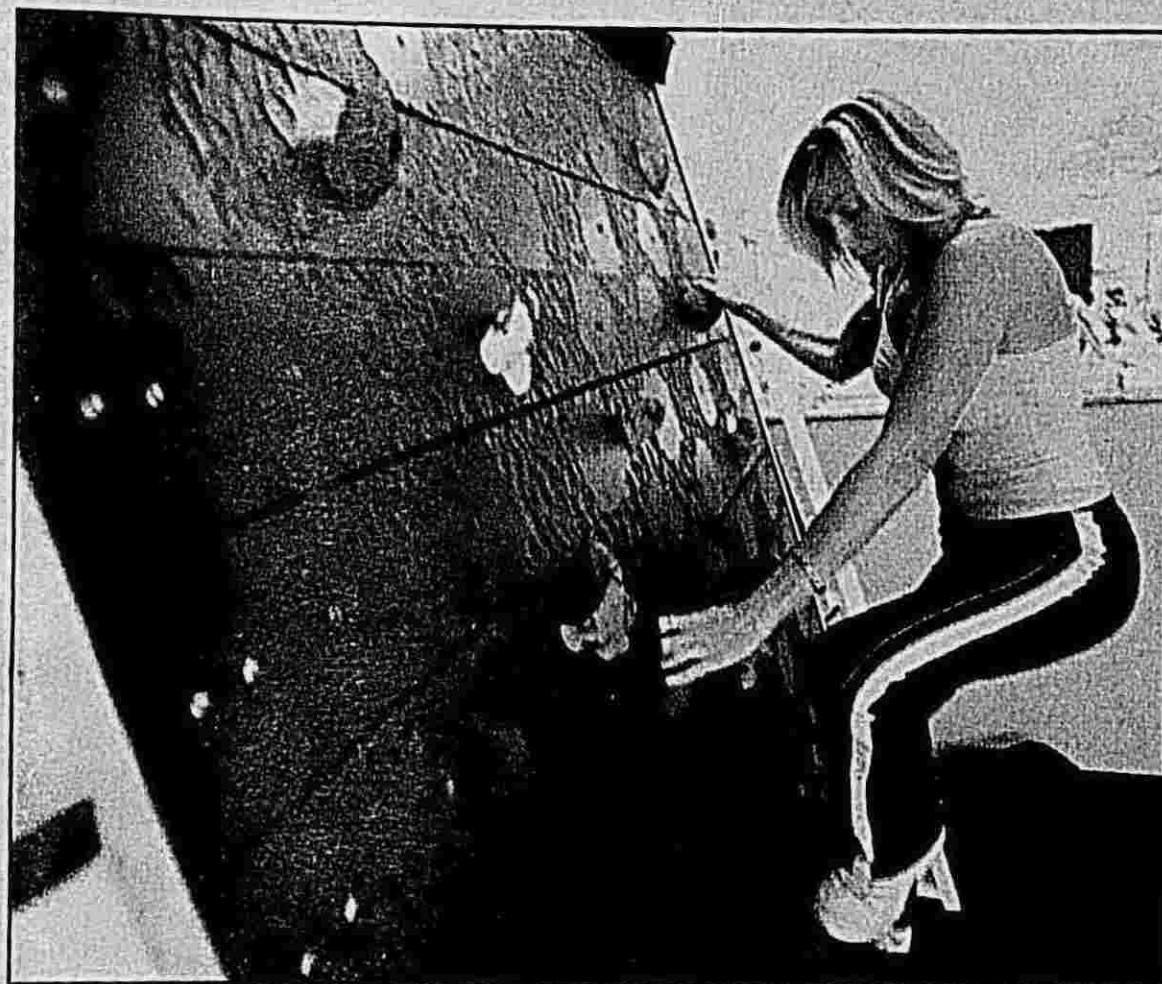
Pulse Fitness & Weight Loss Center in Mundelein is open from 6 a.m. to 9 p.m. Monday through Friday; 8 a.m. to 6 p.m. on Saturdays; and 8 a.m. to 5 p.m. on Sundays.

Vanderburg, of Pulse, said in a release. "It's a rare piece of equipment for a health club this size. And it complements Pulse's already unique fitness environment."

Since opening in March 2005, Pulse's unique pay-by-the-minute option has given consumers the freedom to workout at their own pace. Recently, the fitness center added a pay-by-the-month format.

The Mundelein facility has state-of-the-art cardio training machines, each equipped with integrated card readers. Guests insert their pre-paid Pulse card into machines to activate the equipment.

Pulse Fitness & Weight Loss Centers is located in downtown Mundelein at 710 E. Hawley St. For more information, visit www.pulsefitnesscenters.com.



Chris Padgett - cpadgett@nwnewsgroup.com

Becky Vanderburg, director of operations at Pulse Fitness & Weight Loss Center in Mundelein, demonstrates how to use the TreadWall. Area residents will have the opportunity to try the machine during an open house at Pulse from 10 a.m. to 2 p.m. on Saturday, Jan. 13.

● Elements of the ridiculous

Next time, call a taxi for your kitty

Driving with a loudly meowing cat attached to your head can lead to dangerous road situations

Licking your back and driving don't mix.

If you've ever had to take your cat anywhere in a car, you might have wondered why you didn't adopt a dog.

I won't even go into the strenuous crate-loading procedure, which for the safety of both cat and human should be done by two people: One to actually load - or rather stuff - the cat, the other to tell the paramedics the blood type of the person stuffing the cat.

My cats have one thing to say about car rides: "Meeee-yarrowwww. Ee-yow. MEEEEEE-YAH"

Translation, "What did I ever do to you? You and your fancy car. I hate you! I despise you! Like your eyes? Well, enjoy them now, because when you open this crate ... uh-oh. Um, you're going to want to open a window."

Yes, sweet Gracie did the unthinkable in her crate on the way home from her last vet visit. Next time, I'm calling her a taxi.

Spider, the other little darling, was adopted while I lived in Texas. The 15-hour transport to her new home in Illinois was

less than enjoyable.

Interstate 44 through southern Oklahoma was apparently paved by a construction worker with hiccups. Every 30 yards or so, there's a sizable bump.

Thump.



Jana Thompson

"Mee."

Thump.

"Yow."

Thump.

"Mee."

Thump.

"Yow."

Since I don't speak much cat, I can only assume Spider was swearing a blue streak.

I've heard the reason cats don't like to ride in

cars is that it throws off their equilibrium.

However, Linus, my mother's cat, is something of an acrobat.

After his neutering, I went to pick him up. The vet techs told me on the phone that he would probably be groggy, so I took an old laundry hamper with a soft blanket in

the bottom. I should have rented a safe-deposit box.

I placed the noticeably stoned Linus in the hamper, but as soon as the car started moving, he wiggled out.

You may not know this about cats, but when they are upset, they climb to the highest available place they can.

As God as my witness, I pulled up in my driveway with Linus on my head.

He had seen his chance on Route 20. I couldn't keep pushing him away. Finally, I gave in and let him perch there, wild-eyed and howling. He was polite enough to keep most of his claws out of my scalp.

The next time he was in the car, my sister came along.

She didn't believe that Linus might actually attach himself to my cranium, so she let him out of his crate, despite my protest. This time, he stood with his back feet on the dashboard, front paws gripping the steering wheel, blocking the windshield. I had to look around him to see the road.

At a stoplight, I scraped him off, but I often wonder whether "Saturday Night Live" wouldn't recruit him: "Linus the Driving Cat."

• Jana Thompson can be reached at jthompson@nwnewsgroup.com.

Unrealistic events ruin new 'Arthur'

• ARTHUR

Continued from C5

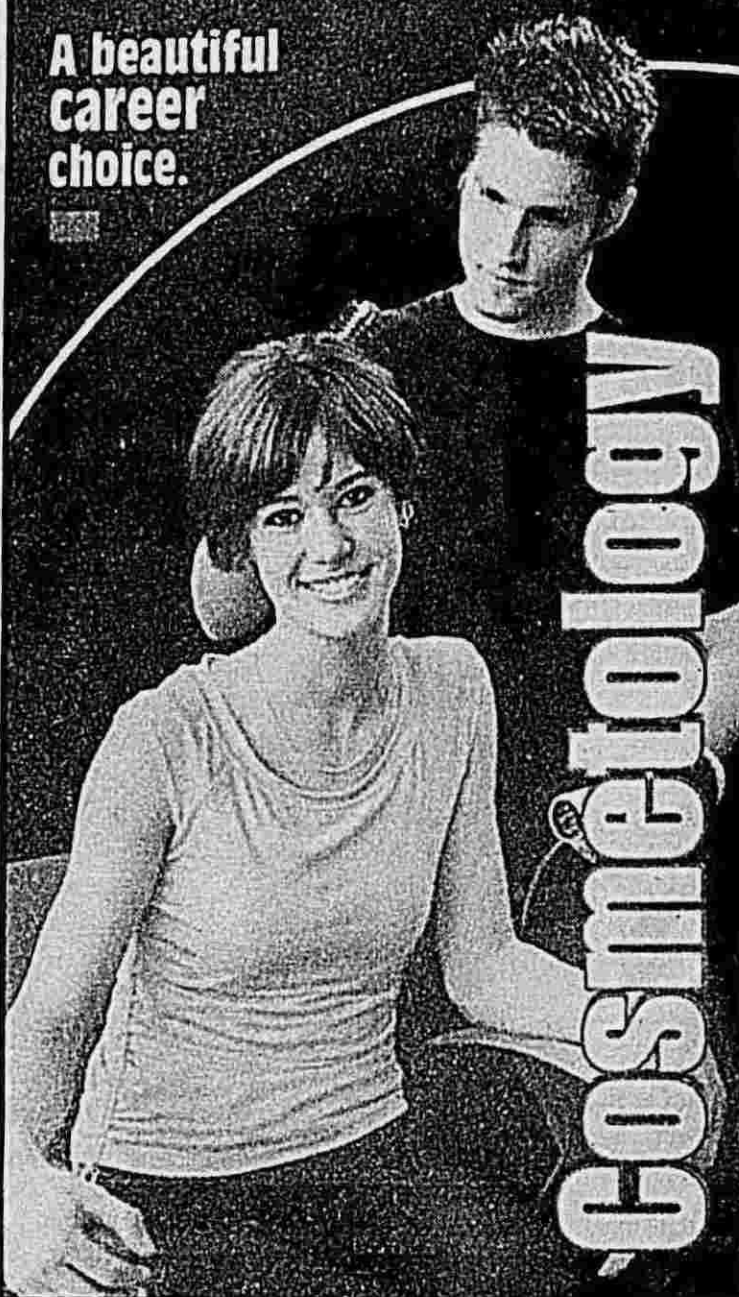
The single inspired sequence, which is as undeveloped as most everything in Besson's script, is a fight scene in a nightclub run by a teeny Rastafarian voiced by Snoop Dogg.

The dance floor is a spinning LP record, and every time someone falls, the song changes. The songs on the record are funk and disco from the 1970s and 1980s, which doesn't make sense because the story takes place in the 1950s.

Except for the live-action first act, the plot duplicates last summer's "The Ant Bully." The makers of "The Ant Bully" owe Besson a thank you note; their film isn't especially good, but it's a classic alongside "Arthur and the Invisibles."

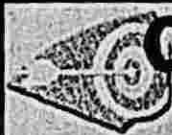
• Jeffrey Westhoff is a movie critic for the NorthWest News Group. He can be reached by e-mail at sidetraks@nwnewsgroup.com.

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● Relish the American Table

President's choice bread

By JEAN KRESSY
editorial@relishmag.com

When the Reagans were in the White House, The New York Times ran a small story with the family's Christmas menu. One of the dishes served was Monkey Bread.

Also called Bubble Bread, Monkey Bread is a lightly sweetened yeast dough, but instead of shaping the dough into a loaf, it's formed into balls. The balls are rolled in melted butter and baked together in a tube pan. During baking, they expand and nestle against each other like a pack of monkeys, which might be why it's called Monkey Bread.

Mrs. Reagan had another thought: "When you make it, you have to monkey around with it," she said.

Many of the Monkey Bread recipes we found call for store-bought, refrigerator biscuits coated in cinnamon sugar and baked side-by-side in a large pan. While we have a hard time picturing Mrs. Reagan in an apron making bread, we have an even more difficult time imagining the White House pastry chef slamming a tube of dough on the counter for the commander-in-chief's holiday dinner.

Although it's tempting to try and arrange the balls of dough neatly in the pan, once they're coated in butter, they are slippery and practically slide into place by themselves. At first, the pan will seem too big for the dough, but it rises nearly to the top. When the bread is baked, it fills the pan.

Monkey Bread should be served warm in one piece, so everyone can pull off a roll. We have no idea how many people there were around the White House table, but we would like to think when there was one roll left, the President smiled, took it and said, "Executive privilege!"

Monkey Bread (Serves 8)

Ingredients:

3 cups all-purpose flour, divided
1 package active dry yeast
1/4 cup sugar
1 1/2 teaspoons salt
1 cup 2 percent reduced-fat milk, heated
1 egg



3 tablespoons butter, melted

Directions:

Combine 1 1/2 cups flour, yeast, sugar and salt in a large mixing bowl. Add milk and egg, beat until blended. Gradually add remaining 1 1/2 cups flour, and beat until mixture forms a soft dough. If necessary, add more flour.

Turn out onto floured surface and knead until smooth and elastic. Place in an oiled bowl, turning to oil top of dough.

Cover, and let rise in a warm place 50 minutes, or until double in bulk.

Preheat oven to 375 degrees Fahrenheit.

Punch dough down, and shape into 16 balls. Roll each in melted butter and arrange in greased 9-inch tube pan. If there is extra butter, pour over top. Cover and let rise in a warm place about 50 minutes or until dough nearly fills pan.

Bake 25 minutes, or until golden brown. Remove from pan onto wire rack, and serve warm.

• Jean Kressy is a contributor with Relish Magazine. Look for Relish magazine each month in the Lake County Journals. For more Relish recipes, to sign up for a biweekly newsletter, or to leave a note on a Relish message board, log on to www.relishmag.com.

● Pets

A guardian angel

Opening my post office box recently, I pulled out envelopes of different sizes and colors. They were all sympathy cards for the tragic and unexpected loss of our little dog, Rascal.

Standing there at the table, I opened each one, tears filling my eyes. People poured their hearts out in those letters. One woman wrote, "We too share your pain. We just lost our dog named Onyx."

I am so humbly grateful. My family and I thank you from the bottom of our hearts.



Sandy
Wisniewski

Many people have asked me what Rascal's blood test revealed. The test was inconclusive. We opted not to do an autopsy because if too could have been inconclusive, and it wouldn't bring our dog back. So we will never know what killed our dog.

I always called him my "little angel," and what I am about to tell you might verify that I might have been right about that all along.

Rascal passed away Oct. 10. Ten days before that, I decided to accompany Cindy, a fellow humane investigator, on investigations in Robbins, Ill.

Robbins is a very poor area, about an hour south of us. It is notorious for pit bulls chained outside and rottweilers used as guard dogs.

Arriving in Robbins, Cindy mentioned her friend, Sharon, told her there is a family that has a yellow Chihuahua they let run loose in the neighborhood. I immediately thought, "how strange, a yellow Chihuahua just like Rascal. What's the chance in Robbins?" We were speaking to a dog owner about why he can't chain his dog to a chain link fence without proper shelter when Sharon came running over.

"The Chihuahua is at the end of the block, and he's hurt," she said.

The dog had an injury to his shoulder. We spent an hour and a half trying to catch him without success. Finally, Sharon got the idea to go to the owner's home and have them come and help us

get their dog.

Some time later, Sharon returned and said the two little girls who owned the dog and a relative were following her in their car. She told us the dog's name was Louie.

"Bizarre," I thought. "My childhood dog's name was Louie."

Shortly, the man and the two girls pulled up to the curb.

Every six steps, they yelled out, "Louie!" and the dog would turn and look at them, but then kept running away. Finally, after many blocks, the dog turned and came to them. They slipped the leash on his neck, and I ran over.

Louie had a horrible injury to his neck. We spoke to the owners on the phone, and, unable to pay the medical expenses, they agreed to relinquish him to us.

I called my husband, Chuck, and said, "Chuck, you wouldn't believe this, but we have a little yellow Chihuahua mix that looks a lot like Rascal that needs a foster home. And his name is Louie."

"Very funny," he answered.

"I am not joking. I wouldn't joke like that," I replied.

"OK," he said, "Bring him home."

Through the next three weeks, he had surgery to repair the wound, and we nursed him back to health.

Just like that story the woman shared with me in her sympathy card, Rascal must be waiting for us by the gates of heaven. He'll have to wait though; we have some more animals to save.

Thank you again.

• Sandy Kamen Wisniewski is president of The Pet Sitters of America, Animal Education and Rescue and SKW Enterprises. To contact her, e-mail petsitters@anet.com, or visit www.animaleducationandrescue.org.

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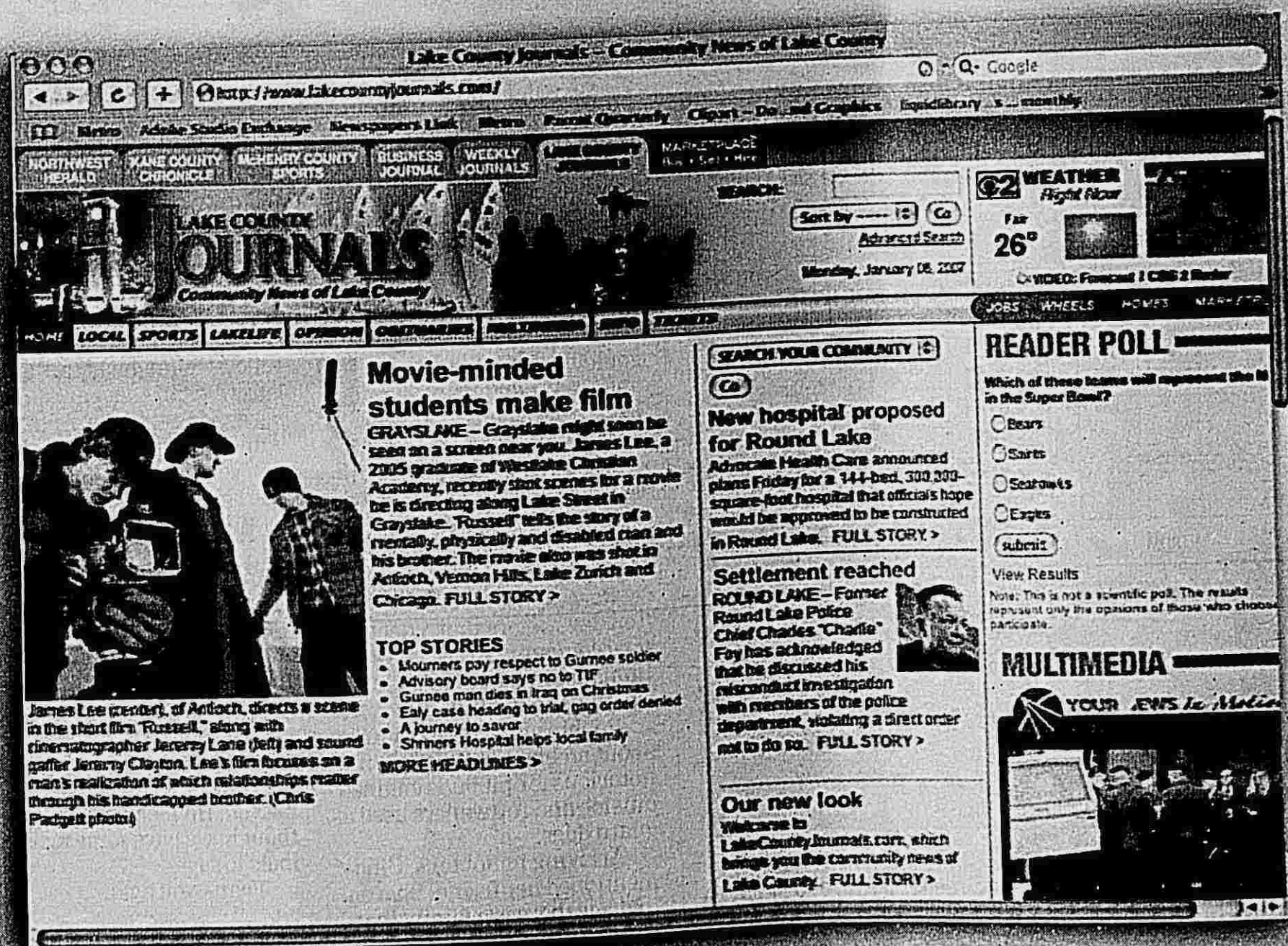
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'Two Jima' tells Japan's viewpoint of World War II

• WESTHOFF

Continued from C4

The most sympathetic of these men is Saigo (Kazunari Ninomiya), a baker from Tokyo.

Although "Flags" and "Letters" are differently structured, they fit together. American soldiers venturing into caves in "Flags" find dismembered Japanese soldiers and ask, "What happened here?" "Letters" gives the answer.

The Japanese were ordered to kill themselves by pressing live grenades to their stomachs.

This mania for honorable suicide frustrates Kuribayashi, who knows he cannot defend the island if his officers and enlisted men kill themselves. The atrocities are not one-sided though.

Expect to hear conservative radio hosts question Eastwood's patriotism for a disturbing scene where an American soldier shoots his Japanese prisoners because he would rather sleep than spend the night guarding them.

"Letters" is an even less political film than "Flags," although it will be argued that making a World War II film sympathetic to the Japanese is itself a political act.

After 60 years, though, we should be willing to explore the experience of a onetime enemy that is now, and has been for decades, an ally. By telling this story with such a familiar structure, Eastwood illustrates the universal evil of war.

Even though their government's cause is unjust, many just men will be sent to fight. Many of them will kill, and many will die. "Letters From Iwo Jima" should remind us that even a "good war" is an ugly thing.

• Jeffrey Westhoff is a movie critic for the Northwest News Group. He can be reached by e-mail at sidetraks@nwnnewsgr.com.

SUDOKU

CROSSWORD

VERY EASY

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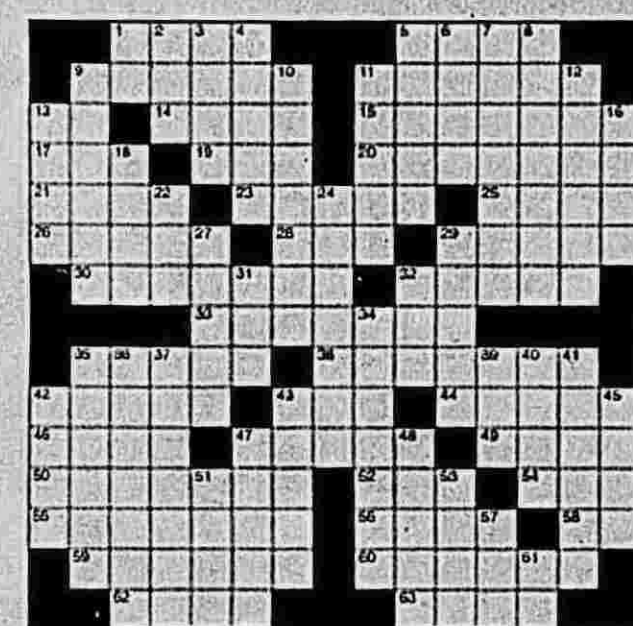
CLUES ACROSS

1. City transportation
5. Listen
9. Of the lower back
11. High quality French brandy
13. Red cross (abbr.)
14. Mother
15. First letter of a name
17. Paddle
19. ___ Boot: 1981 film
20. Matter that remains
21. Group of three
23. Indian dresses
25. The central idea
26. Deep Space Nine writer Ethan H.
28. Crunches federal numbers
29. First king of Egypt
30. No attempt at concealment
32. Distinctively sharp tastes
33. Not professional
35. Ancient region on Aegean Sea
38. Farmer's calendar
42. Horse trained to a special gait
43. El ___: hero of Spain
44. Anwar ___: Egyptian statesman
46. A single article
47. Exchange of goods for money

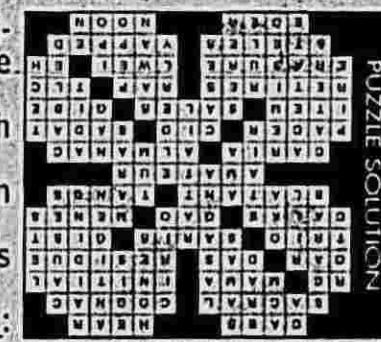
49. Make taunting remarks
50. Withdraws
52. Modern musical style
54. Trading Spaces channel
55. Penciled correction
56. Monetary unit of Angola
58. Popular Canadian expression
59. Central portions of a vascular plant
60. Yelped
62. German river
63. Time of day

CLUES DOWN

1. Western state abbreviation
2. 1st computing society
3. A thin wire nail
4. Spa at the Park Hotel Kenmare
5. Sharpens on a whetstone
6. Breastplate
7. Stimulates the production of antibodies
8. Marauding
9. Ancient Egypt's divine beetle
10. Large flat strips of pasta
11. Boojum tree
12. Campaigns
13. College army
16. Rents
18. Rivulet



22. River of W. Russia
24. Grenadier fish
27. Step
29. ___ chino cherry
31. Doctors' group
32. Stomach
34. Aged
35. Provides food service
36. Salt of acetic acid
37. Surrendered claim
39. To be a constant annoyance
40. A nearly horizontal entrance to a mine
41. Secured with a steel rope
42. ___ ili: Italian tire mfg.
43. Occurrences of a disease
45. GA ___
- Atlanta school
47. Language of W. Africa
48. 5th month of the Hindu calendar
51. Decide with authority
53. Melon, cucumbers, pumpkin
57. Initial public offering
61. ___ route: on the way



● Horoscope

CAPRICORN - Dec 22/Jan 20

A financial folly leaves you coming up short, Capricorn. It's time to buckle down and stretch those dollars as far as they can go. Otherwise, you could end up in a pickle by mid year.

AQUARIUS - Jan 21/Feb 18

Why wrestle with a concern alone when you have loved ones you can trust to assist you, Aquarius?

PISCES - Feb 19/Mar 20

You will find hidden meanings in the most mundane things, Pisces.

ARIES - Mar 21/Apr 20

Feeling fizzled out, Aries? It could be because you pushed yourself too hard partying in the last few weeks.

TAURUS - Apr 21/May 21

Something that seems insurmountable is

actually much easier to scale than you think, Taurus.

GEMINI - May 22/Jun 21

Think before you speak when you're called to intervene, Gemini.

CANCER - Jun 22/Jul 22

There is success coming your way, you just need to keep your eyes peeled in anticipation, Cancer.

LEO - Jul 23/Aug 23

You sometimes have to lose before you can win, Leo, and this will become apparent in the next few days.

VIRGO - Aug 24/Sept 22

If you have all the answers, Virgo, why aren't people asking your advice?

LIBRA - Sept 23/Oct 23

If you're in the mood for romance, Libra,

then you'll be justly rewarded.

SCORPIO - OCT 24/NOV 22

Quiet contemplation is the key this week, Scorpio. Mull over all of your problems, and you'll soon find you have the solutions right at your fingertips.

SAGITTARIUS - Nov 23/Dec 21

Silence can be deafening, especially while waiting for an outcome, Sagittarius.

Wintry wonders to be explained during forest preserve programs

Various, fun-filled events to take place in Lake County

How to participate

Cost to attend the Lake County Forest Preserve District's winter programs is \$5 for Lake County residents and \$7 for nonresidents. To register, call (847) 968-3321, or visit www.LCFPD.org and click on Calendar of Events. Registration is required.

Area residents are invited to join three Lake County Forest Preserve District winter programs this month. Participants can bring a friend for free.

Winter Wonders will take place Jan. 13; Footprints in the Snow will take place Jan. 14;

and Feathered Winter Friends will take place Jan. 21.

During Winter Wonders, a naturalist will talk about the survival adaptations of hibernation and migration.

The program is offered from 2:30 to 4 p.m. at Rollins

Savanna, near Grayslake.

Participants will meet at the main entrance to Rollins Savanna, located on Washington Street, between Routes 45 and 83. Winter Wonders is open to all ages.

Weather pending. Footprints

in the Snow will have people following the footprints of both humans and animals. Off-trail exploring will take place. The program is offered from 10 a.m. to noon at Van Patten Woods, near Wadsworth.

The entrance is located on Route 173, east of Route 41. The program is for adults and children age 6 and older.

Feathered Winter Friends will have family members hiking to find birds that stay in the area during winter. A natural-

ist will talk about how birds have adapted to chilly air and why their feet don't freeze. The program will finish at the Ryerson Woods Welcome Center, where participants will make edible, take-home treats for backyard birds. The program is offered from 1:30 to 3:30 p.m. at Ryerson Woods, near Deerfield.

The entrance to Ryerson Woods is located on Riverwoods Road, south of Route 22 and north of Deerfield Road.

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CONDELL

Caregivers Support

Support group for those caring for a family member with Alzheimer's disease, dementia or other chronic illness. Condell Day Center. Call for date and time. 847-990-5817.

Breastfeeding Support Group

If you feel frustrated or isolated, or simply lack knowledge about breastfeeding, join nurse experts at Condell's new breastfeeding support group. Meets the second and fourth Monday of each month, 6:30 to 8:30 pm, Condell Day Center, 700 Garfield Ave., Libertyville. (847) 990-5407.

Childbirth Education

Offering a variety of childbirth education classes to help you before and after baby arrives. Classes cover topics such as labor alternatives, breastfeeding, child development, Boot Camp for New Dads, and tips just for grandparents. Register early in pregnancy. New Life Maternity Center, 801 S. Milwaukee Ave., Libertyville. (847) 990-5407 or Español (847) 362-2905, ext. 1289. Fees apply.

CPR Training

For family or friends, including instruction for children with special needs. \$35 fee per person. Meets at PACT, 755 S. Milwaukee, Libertyville. Call for date and time. (847) 367-3344.

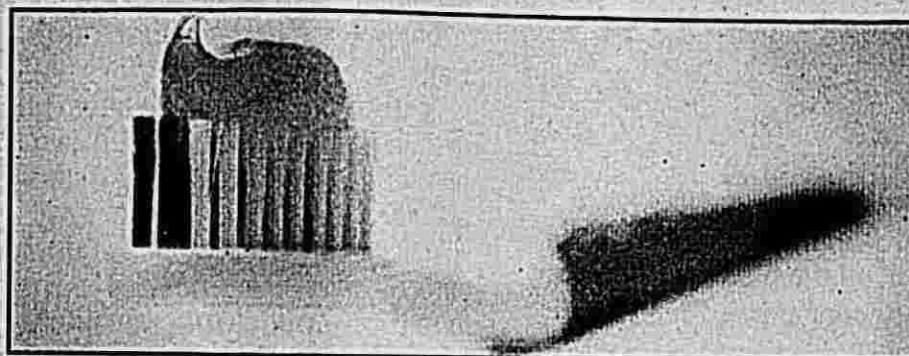
How safe is fluoride for my child?

Fluoride is found in everything from drinking water to toothpaste. The public has long been told that fluoride is instrumental in preventing dental decay, but there are detractors who believe that fluoride is an unsafe substance that should not be used - especially for children's dental health.

Fluoride has been studied extensively for more than 50 years, from when the U.S. decided its use should be part of a greater public health measure. It is one of the most extensively studied health supplements in the history of science. Major health organizations around the world have endorsed it as safe, including the American Dental Association, the American Medical Association, the Environmental Protection Agency, the World Health Organization, the National Research Council, and many others. So why the doubts?

I've heard fluoride is toxic

Just like many other chemicals and substances, fluoride gets a bad name because it can be toxic in high doses. In fact, fluoride has been used in rat poisons and insecticides because it is dangerous at extremely high levels, none of which are ever present in dental health products. Many other seemingly mundane substances may also be unhealthy if consumed in large amounts, such as salt, over-the-counter medications, and even types of vita-



mins and minerals. Experts feel that there is no reason to condemn the use of something because it can be dangerous in high doses. Properly regulating use is more practical.

If fluoride is so safe, why shouldn't my young child use toothpaste containing fluoride?

Fluoride occurs naturally or is supplemented in public water supplies in many areas. Typically, the amount of fluoride present is 1 part per million. The sodium fluoride that is added to drinking water is exactly the same level as what occurs naturally - the ideal level for optimum health.

Young children who are unable or do not know how to spit out excessive toothpaste from brushing may end up consuming more than is healthy, especially for their small size. As such, unless a child is able to spit out toothpaste while brushing, he or she should not use a product that contains fluoride. There are many fluoride-free toothpastes on the market that can teach toddlers how to brush

to get them ready for regular toothpaste.

Why can too much fluoride be bad?

Excessive consumption of fluoride can actually be detrimental to the very objects it is supposed to protect - the teeth. Enamel fluorosis is the name of the condition caused by ingesting too much fluoride. In very minor cases it can result in white specs or imperfections on the surface of the teeth. In serious cases the tooth enamel may be rough, pitted, and hard to clean. Plus, defects can carry over to a child's permanent teeth. Sometimes when a water supply has a high level of fluoride naturally, children suffer from fluorosis. The safest way to consume the right amount of fluoride is through carefully monitored fluoridated water supplies or by drinking bottled fluoridated water.

When my child starts using fluoride toothpaste, how much is recommended?

A pea-sized amount or even smaller will provide enough cav-

ity prevention and be safe, even if the child swallows a little toothpaste in the brushing process. Focus more on technique when teaching a child to brush rather than excessively coating brush bristles with toothpaste.

What else can I do to safeguard my child's dental health?

As soon as your child's first baby (or milk) teeth arrive, you should start practicing oral health. To limit the amount of dental caries or decay, do not send a child to bed with a bottle or sippy cup full of milk or juice. Additionally, do not dip pacifiers in honey or other sweet substances before administering to a child. This can cause damaging substances to remain close to your child's teeth for a long time.

For very young children, wipe the gums and teeth with a wet rag or use a special rubber finger brush that is sold to clean off any bacteria and food that may be on baby's teeth. As children grow, explore the variety of soft-bristled toothbrushes and pastes that are available to clean teeth.

Most dentists and pediatricians also recommended that habits such as thumb sucking or pacifier use be discouraged after age 2 (many children give up this behavior naturally around this time anyway). These habits may cause permanent teeth to later grow in improperly.



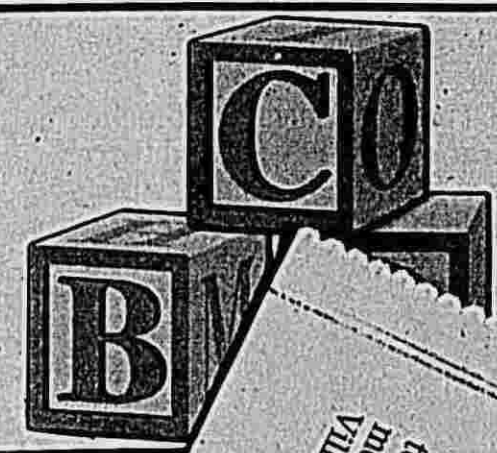
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Soldier enjoys time home before redeployment

• SOLDIER

Continued from A16

His mother, Cynthia Wells, of Wauconda, said she accompanied her son to the hospital to get some quality time.

"It was funny because I wanted him to be able to spend time with his friends so I just said, 'Work me in when you can,'" she said. "A couple days ago I went, 'OK, you're not working hard enough.'"

During the time Kempski has served in Iraq, Lake Forest Hospital employees have put together care packages for him and his fellow soldiers.

Kempski's boss, Mike Cundiff, the hospital's director of safety, security and telecommunications, said the attention was warranted.

"Mike is one of our best officers, always has been, and I think you get an idea of that from the response of the people here," he said.

A large contingent of employees contributed to the effort, and one individual stood out in particular.

Margaret Berg, a resident of the hospital's Westmoreland Nursing Center, who celebrated her 100th birthday on Dec. 23, donated \$500 to the care package



Sandy Bressner - sbressner@nwnewsgroup.com

Army Sgt. Mike Kempski talks to a friend on the phone during a party in his honor at Lake Forest Hospital. effort in early November. She worked for 17 years as a volunteer at the Downey Veteran's Affairs Hospital, now the North Chicago VA Medical Center.

Kempski also visited with Berg during a small party at the nursing center on Jan. 4.

"[I] took a look at this young man and I liked him and I just said, 'I want to help,'" Berg said. "It was a pleasure to do it."

Kempski will head back to Iraq on Jan. 11. He said he plans to resume working at Lake Forest Hospital when his tour is completed, and plans to finish his degree and pursue law school.

"The average tour is 12 to 13 months but, with the whole situation over there now, you never know," he said. "I'm kind of eyeing ... April 1, keeping that on the radar."

Picnic areas, ponds might be golf course replacement

• GOLF COURSE

Continued from A11

Tom Hahn, the forest preserve's executive director, said that the appraisal was done for its highest and best use of the land, at \$100,000 an acre.

"There is a need for the picnic area and trailers and there are a couple of ponds, which would be good fishing areas for kids," he said. "Our attitude and interest survey showed that hiking and biking were the top interests. It already looks like a park."

Committee members said that the site has been on their priority list for months, if not years.

"My goal is to get Lakewood to 4,000 acres," said committee member Suzi Schmidt, R-Lake Villa.

Hahn said that the revenue department had examined the golf course operation and found that it had lost money for the last five years.

That was one of the first items that the forest preserve considered, he said.

"It became unfeasible to operate it as a golf course," Hahn said.

Hahn said that the property borders Lakewood Forest Preserve on two sides.

Picnic uses could be moved from Lakewood, which would total 3,500 acres with the new acquisition.

Hahn also noted the area is near the fast-growing communities of Wauconda, Mundelein and Hawthorn Woods.

• For updates on this story, visit www.lakecountyjournals.com

Many factors influence county's gangs

• GANGS

Continued from A11

Aponte's surroundings contained not only entrenched siblings, but also a mother raising six children on welfare checks. According to the National Youth Gang Council, risk factors for gang membership include early delinquency, low school achievement, and availability of drugs and guns.

The council's surveys of law enforcement agencies have found the opportunity to make money and sell drugs also, but less frequently, encourages youths to join gangs. Its research pointed to poverty as an influence. Aponte said all of these reasons led to his gang entanglements. In varying degrees, those conditions still exist in Lake County.

A checkered county

Aponte said he joined a gang because it was "the thing to do." He also pointed to his family's financial struggles proximate to communities, like Gurnee or Wadsworth.

"It is rough when you're less fortunate and you see kids who have more money," Aponte said. "You get mad."

Alyssa Koepsal oversees Waukegan Township's Coalition to Reduce Recidivism's Reclaim, Reconnect, Re-enter program, where Aponte went for help during his job search. Whether economic disparity prompts striving, despair, or an appeal to illegitimate means, depends on the person, Koepsal said. A recent study from the University of Colorado found that peers and parents more greatly impacted children's success than socio-economics or violence in their communities.

But Lake County Metropolitan Enforcement Group Director Keith Fredrick said his experience has proved economic factors paramount.

During the past decade, Waukegan's average unemployment rate (7.19 percent) was close to double Gurnee (3.92 percent), according to the Northeastern Illinois Planning Commission.

Waukegan Det. Andy Ulloa spent a decade on the city's gang unit. Ulloa pointed out that gang activity can discourage investment in communities, which impacts commerce and education. However, the NYGC pointed to the difficulty of estimating gangs' economic impacts due to law enforcement agencies' non-systematic records. Fredrick af-



Chris Padgett - cpadgett@nwnewsgroup.com

Luis Aponte walks on 10th Street in Waukegan where he used to live as a key figure in Waukegan gangs in the past. Now Aponte looks back on his gang-life as a way to spread his message against gang violence and drugs.

firmed that Lake County's agencies share information, but do not consolidate data.

Ten percent of Koepsal's clients have college-level degrees, but most don't have a high school diploma and half lack a GED. Aponte, who left school after ninth grade, said he expects to complete his GED in two

than \$86,000) and much less than adjacent Gurnee (\$75,742).

Koepsal said that during the past two years, 887 ex-offenders have turned to her for help finding work; of those, 81 have found and kept jobs between six months and one year. Koepsal said most positions pay \$8 or \$9 an hour. Fifteen percent of Koepsal's clients have admitted past gang affiliations, but she said clients volunteer that information.

"[It] makes the employment really difficult," Koepsal said. "They have to start at the very bottom with minimum wage ... [When] that same person has been hitting the pavement and looking hard, there's that voice in the back of your voice saying, 'You can fix this.'"

Aponte also spoke to this temptation.

"It's easy to resort to old behavior," he said. "People complain because people break into their cars and houses ... but nobody wants to give them a job."

Cycle continues

"We're dealing with the third and fourth generation," Ulloa said of many young gang members.

Koepsal, too, has seen a cyclical pattern.

"You're looking at generation to generation ... who've been born into poverty," said Koepsal.

According to Ulloa, most of Lake County's gangs have the capability to provide ex-offenders with alternatives to traditional jobs. Actually, Ulloa said, prison enhances gang members' status and subsequent potential to earn money, though Aponte disputed the former point.

"It's like a revolving door," Ulloa said. "They try to stay out, but they have this history."



For a video of Zion's town hall meeting visit www.lakecountyjournals.com. A panel will discuss youth violence and gang activity.

weeks.

Less than 15 percent of people in Lake County lack high school degrees, and less than 6 percent are living in poverty, according to a Heartland Alliance report from 2003. But education levels varies widely between communities and, while most Illinois counties' poverty rates have stabilized or are decreasing, Lake County's is rising.

Ex-offender exasperation

Aponte was able to earn money by dealing drugs, but a 1998 study from the National Bureau of Economic Research found that gang leaders make more than their underlings, who usually earn less than minimum wage.

North Chicago, Waukegan and Zion have higher rates of poverty and unemployment than nearby Wadsworth and Gurnee, whose populations boast higher incomes and education levels.

In 1999, median household incomes were \$46,590 in the state and \$42,335 in Waukegan, less than half of Wadsworth (more

CONSTANCE M. BALDWIN

Born: Aug. 22, 1906

Died: Dec. 17, 2006

Was instrumental in a program of correlating math and reading test scores

LIBERTYVILLE — Constance M. Baldwin (nee Stockwell), age 100 of Libertyville, died on Sunday, Dec. 17, 2006. She was born Aug. 22, 1906 in Irvington, N.Y., the daughter of the late Mary Emma (Cooke) and William R. Stockwell. While studying in Chicago, she met her husband-to-be, Vincent Baldwin on a double blind date. They moved to Libertyville in 1934 and both immediately became involved in community affairs. She was on the boards of both the Libertyville Grade School and Libertyville Township High School and was instrumental in carrying out a program of correlating math and reading test scores to help evaluate high school student's needs.

Surviving are four children, Mary Stockwell (John Nelson), Priscilla (Walter) Cane, Richard (Kathleen) Baldwin, David (Bonnie) Baldwin; six grandchildren; two step-grandchildren; and two great-grandchildren. She was preceded in death by her husband, Vin, on Jan. 25, 1998.

Visitation was held from 4:30 to 7:30 p.m. Jan. 5 at the Burnett-Dane

Funeral Home in Libertyville and at St. Lawrence Episcopal Church in Libertyville from 9 a.m. until the time of service at 10 a.m. Jan. 6. Interment followed at Lakeside Cemetery. If desired, memorials may be made to any of the organizations mentioned above or charity of one's choice. Please sign the Guest Book at www.WeeklyJournals.com/obits

PATRICK WAYNEN

Born: Sept. 29, 1966

Died: Jan. 1, 2007

Owned and operated Westosha Aviation Inc.



RUNAWAY BAY, TEXAS — Patrick Waynen, age 40 of Runaway Bay, Texas, an aircraft mechanic, died on Monday, Jan. 1, 2007, in Decatur, Texas. Patrick was born on Sept. 29, 1966 in McHenry, to Clarence E. and Loretta (Sink) Waynauskas. He was preceded in death by his father in June 2006.

Patrick graduated from Grant Community High School in Fox Lake. He earned an Associates Degree from Southern Illinois University Carbondale. He was a private pilot and an A&P Mechanic with an

Inspector Authorization. Patrick owned and operated Westosha Aviation Inc. in Wilmot, Wis. He enjoyed flying, fishing, and gaming.

Survivors include his mother, Loretta Waynauskas; brother, Michael Waynen and wife, Denise; niece, Kaitlyn Waynen; and nephew, Christopher Waynen, all of Runaway Bay Texas.

Graveside service was held at 11 a.m. Friday, Jan. 5, in Eternal Oaks Cemetery, Runaway Bay, Texas. Visitation was from 6 to 8 p.m. Thursday, Jan. 4 at the Hawkins Funeral Home in Bridgeport, Texas. Please sign the Guest Book at www.WeeklyJournals.com/obits

FLOYD W. SCHOENHERR JR.

Born: April 23, 1935

Died: Dec. 30, 2006

Served in the U.S. Army in two tours to Vietnam



NORCROSS, GA. — Floyd W. Schoenherr Jr., age 71, of Norcross, Ga., died Saturday, Dec. 30, 2006 in Duluth, Ga. He was born in Chicago. Floyd was a retired Sergeant First Class (E7) with the U.S. Army, having

served for 22 years of active duty including two tours in Vietnam.

Surviving are his wife, Jane (Johnson) Schoenherr; his mother, Edith (nee Collins) Leu of McHenry; brother, Russell (Terry) Schoenherr of Libertyville and Uncle "Meany" to many nieces and nephews. He was preceded in death by his father, Floyd W. Schoenherr Sr., of Chicago and his brothers, Kenneth (Linda) and Terry, both of McHenry.

Visitation began at 10 a.m., followed by a funeral service at noon on Jan. 6, at the Burnett-Dane Funeral Home in Libertyville. Interment followed at Ridgewood Cemetery in Des Plaines. Please sign the Guest Book at www.WeeklyJournals.com/obits

COEL D. KRUEGER

Born: Aug. 6, 1968

Died: Jan. 2, 2007

Was a graduate of Libertyville High School

TOMBALL, TEXAS — Coel D. Krueger, age 38, a former resident of Libertyville, died suddenly Tuesday, Jan. 2, 2007 at his home in Tomball, Texas. He was a graduate of Libertyville High School.

Surviving are his mother, Audrey Krueger and brother, William "Skip" (Karen) Krueger, both of Libertyville

and his long time friend, Michael Johnson. He was preceded in death by his father, William E. Krueger on Jan. 5, 1999.

Private family services were held at the Burnett-Dane funeral Home in Libertyville, with interment at Lakeside Cemetery. Please sign the Guest Book at www.WeeklyJournals.com/obits

ROBERT J. LA LUZERNE

Born: Dec. 29, 1932

Died: Jan. 1, 2007

Was interested in genealogy and enjoyed traveling

DRUCE LAKE — Robert J. LaLuzerne, age 74 of Druce Lake, formerly of Libertyville, died Monday, Jan. 1, 2007 at the Condell Medical Center in Libertyville. He was employed at Abbott Laboratories.

Surviving are his wife, Corinne LaLuzerne; three children, Lawrence R. LaLuzerne of Vernon Hills, Laura (Jim) Humen of Libertyville and Jill (Christopher) Sokley of Huntersville, N.C.; nine grandchildren; many nieces and nephews; former wife, Marilyn LaLuzerne of Vernon Hills; his stepchildren, Les (Elise) Dettterbeck, Wendi (Bill) Gaune, Bruce (Jennifer) Dettterbeck and John (Virginia)

See OBITUARIES, page A20

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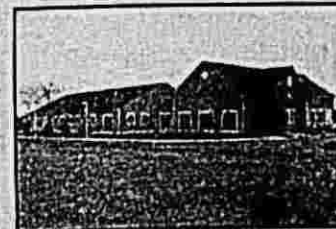
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OBITUARIES, continued from page A19

Detterbeck; 11 step-grandchildren; four step-great-grandchildren; a sister and two brothers. He was preceded in death by his son, Scott, in 1975, by a step-daughter, Cheryl Martin, in 1996 and his parents, Lawrence and Marie LaLuzerne.

Visitation was from 4 to 8 p.m. Jan. 4 at the Burnett-Dane Funeral Home in Libertyville and one hour prior to mass at the church on Jan. 5. Mass of Christian Burial was at 10 a.m., Jan. 5, at St. Paul the Apostle Catholic Church in Gurnee. Interment followed at Ascension Cemetery. In lieu of flowers, contributions can be made to Children's Memorial Hospital or St. Jude Children's Research Hospital. Please sign the Guest Book at www.WeeklyJournals.com/obits

WALENTYNA BURCZYK

Born: Dec. 22, 1925

Died: Jan. 1, 2007

Was an animal lover and lover the outdoors

LAKE COUNTY — Walentyna Burczyk, age 81, formerly of Chicago, and recently of Lake County, died on Monday, Jan. 1, 2007. She was born on Dec. 22, 1925 in Poland, moved to England and came to Chicago.

Surviving are two children, Elizabeth (Ben) Campobasso of Wildwood, and Edward Burczyk of Indiana; four grandchildren; three great-grandchildren; two sisters, Jackie (Andrew) and Janima; and dear friends, Carol and Tim Johnson. She was preceded in death by her parents, her husband, Frank Burczyk, on Nov. 5, 1978 and also by her brother, Leon Zacharewicz.

Visitation was from 3 p.m. until the time of services at 5 p.m. on Jan. 6, at the Burnett-Dane Funeral Home in Libertyville. Memorial contributions may be made to the American Cancer Society. Please sign the Guest Book at www.WeeklyJournals.com/obits

MICHAEL D. HENDON

Born: March 7, 1961

Died: Jan. 1, 2007

Had been a Lake County resident for most of his life

WAUKEGAN — Michael D. Hendon, age 45, of Waukegan, passed away Monday, July 1, 2007 at his home.

Surviving are his wife, Sheryl (nee Tersar) Hendon, and four children, Michael, Patrick, Brittney and Rachel Hendon; his brother; and three sis-

ters. He was preceded in death by his father, Raymond Hendon, and by his mother, Patricia Hendon Peery.

Visitation was from noon until 3 p.m. on Jan. 7, with services being held during the visitation at the Burnett-Dane Funeral Home in Libertyville. Interment was in Ascension Cemetery. Please sign the Guest Book at www.WeeklyJournals.com/obits

MARGARET CARDIN McHARG PICKEREL

Born: Nov. 25, 1908

Died: Jan. 1, 2007

Was a manager of D.L. Toffenti's and Mr. G's in Chicago

GRAYSLAKE — Margaret Cardin Pickerel, of Grayslake, died on New Year's Day, Monday, Jan. 1, 2007, at age 98 and one month at Condell Hospital in Libertyville, with her sons and two of her grandsons at her bedside. She was born Margaret Lorraine McHarg on Nov. 25, 1908, in Dodge City, Kan., the middle child of the three children of Frank S. and Ellen McHarg, who died in 1957 and 1934, respectively. In 1910, her family moved to Pekin, Ill. She graduated from Pekin High School in 1926, and after being introduced by her cousin, Tad Ayer, she fell madly in love with a Chicago man and former Kentuckian, Hickman Cardin, and moved to Chicago where they were married in June 1927. They later had two sons and lived in the southwest suburbs until Hickman died in 1952. Afterward, Margaret moved back to Chicago. Her long working life was in the restaurant business as a waitress, hostess, and finally as a manager, first Chicago's old D.L. Toffenetti's and at Mr. G's, at 10 S. LaSalle St. She moved back to Pekin in 1964, was married to Lee Pickerel for a short time while there, worked in the restaurant business at the Pekin Holiday Inn and returned to this area in 1984 to reside at Hawley Manor, in Grayslake, until her death.

She was preceded in death by her sons' father, Hickman Cardin; her older sister, Alice Wells; and younger brother, Frank J. McHarg. She is survived by her beloved sons, Jerald Cardin and Michael Cardin; her adored grandchildren, Erin, Erik, and Greg by Jerald and Sharon Cardin, and grandson Nicholas Cardin, by Michael and the late Joy Cardin; as well as six great-grandchildren, combined from both families. She is also survived by a few of her remaining friends and school chums in Pekin, especially Carol and Eben Campbell, as well as friends and neighbors in Grayslake and at Hawley Manor, especially her good pal and neighbor, helpmate

Hannah Becker and good friend and former neighbor Eleanor Pidgeon, as well as the fine home aides from Home Instead. An avid reader of novels, as well as newspapers, Margaret will be missed as a keen user of the Homebound Services Program of the Grayslake Area Public Library. Services were private for the family. Please sign the online guest book at congdonfuneralhome.com. Also, please sign the Guest Book at www.LakeCountyJournals.com/obits

FRANK S. WEISSMULLER

Born: Oct. 22,

1926

Died: Jan. 6,

2007
Loved to play golf, and the horses



ANTIOCH — Frank S. Weissmuller, 80, of Antioch, died Saturday, Jan. 6, 2007, at Condell Medical Center in Libertyville. He was born Oct. 22, 1926, in Chicago to the late John and Katherine Bauer Weissmuller. He moved to Antioch in 1993. Frank served in the U.S. Navy during World War II, and he was an electrician for the city of Chicago, retiring in 1993. On June 27, 1969, he married Peggy Schaeffer in Chicago, and she preceded him in death on March 6, 1992.

Survivors are two daughters, Katherine A. Weissmuller of Antioch, and Karen (Edward) Beth of Evanston; two grandchildren; a great-grandson; two sisters-in-law; and his beloved dog, Mitzi.

Services were held at 11 a.m. Wednesday, Jan. 10, at Strang Funeral Home of Antioch, followed by interment at St. Joseph Cemetery in River Grove. Please sign the guest book at www.strangfh.com, and also the Guest Book at www.LakeCountyJournals.com/obits

JUDITH A. MINER KNUTH

Born: May 7, 1940

Died: Jan. 5, 2007

Former teacher of Adler School in Libertyville

LIBERTYVILLE — Judith A. Knuth, 66, of Libertyville, died Friday, Jan. 5, at the Condell Medical Center in Libertyville. She was born May 7, 1940, in Hillsdale, Mich., was a graduate of Eastern Michigan University in Ypsilanti, and moved to Libertyville in 1962. A former teacher at Adler School in Libertyville, she was later a teller and personal banker at what is now Chase Bank in Libertyville.

Surviving are her husband, Leslie A. Knuth; a daughter Melissa (Robert) Barnett of Peoria; and many friends.

She was preceded in death by her parents, Hershel and Luella Miner.

Services were at 11 a.m. Tuesday, Jan. 9, at St. John's Lutheran Church in Libertyville. Interment followed at Lakeside Cemetery. Memorial contributions can be made to the women's guild of St. John's Lutheran Church in Libertyville. Also, please sign the Guest Book at www.LakeCountyJournals.com/obits

FRANK H. DAVIS

Born: March 14, 1923

Died: Jan. 5, 2007

Member of Grayslake Masonic Lodge

PROSPECT HEIGHTS — Frank H. Davis Jr., 83, of Prospect Heights, died Friday, Jan. 5, at Northwest Community Hospital in Arlington Heights. He was born March 14, 1923, in Crossville, Ala., to Frank and Elsie Gilbreath Davis. On May 22, 1943, he was married to Dorothy Higgenbotham in Gadsden, Ala. He was a 53-year resident of Prospect Heights. In 1971, he moved to the Round Lake Area and continued his career in the flooring industry, operating Frank's Floors for 35 years. He enjoyed golfing and was an avid water skier and boater, and was also a great joke teller. He was also a member of A.F.&A.M. Masonic Lodge 115 of Grayslake, and a Past Master Medinah Shriner. He also carried membership in the Scottish Rite, York Rite, and the White Shrine of Jerusalem. He was a Past Patron of the Eastern Star 329 of Grayslake. He was also a founding member of the Wheeling First Baptist Church.

Surviving are his wife, Dorothy Davis, of Prospect Heights; his children, Thomas (Mary) Davis of Walworth, Wis., Sylvia Vedral-Davis, of Prospect Heights, and Frankie (Frank) Desmond of Wauconda; four grandchildren; and nine great-grandchildren. He was preceded in death by his parents.

Visitation was from 4 to 9 p.m. Tuesday, Jan. 9, at Justen's Round Lake Funeral Home in Round Lake. A Masonic service was held at 7:30 p.m., with an Eastern Star service at 8 p.m. A second visitation was held from 5 to 8 p.m. Thursday, Jan. 11, at Collier-Butler Funeral Home in Gadsden, Ala. Services will be at 11 a.m. Friday, Jan. 12, at the Pleasant Valley Baptist Church in Collinsville, Ala. Interment will follow at Pleasant Valley Cemetery in Collinsville. To send condolence to the family, sign the guest book at www.justenfth.com. Also, please sign the Guest Book at www.LakeCountyJournals.com/obits

MADELINE C. MICK WINCHESTER

Born: July 22, 1927

Died: Jan. 6, 2007

Past president of Morton Grove Women's Club

McHENRY — Madeline C. Mick Winchester, 79, of McHenry, died Jan. 6, 2007, at Winchester House in Libertyville. She was born July 22, 1927, in Chicago, was a former resident of Riverwoods, living in McHenry for the past year. She enjoyed spending her winters in Lake Havasu, Ariz.

Surviving are three daughters, Mary Pat Fritzinger of Chicago, Jana (Mark) Hoke of Barrington, and Teri Elstrom of McHenry; five grandchildren; and one great-grandson. She was preceded in death by her husband, Thomas Mick, in 1998.

Prayers will begin at 11:30 a.m. Friday, Jan. 12, at the Burnett-Dane Funeral Home in Libertyville, and services will continue to St. Joseph Church for a funeral mass at noon. Interment will follow at Ascension Cemetery. Visitation will be at the funeral home from 3 to 8 p.m., on Thursday, Jan. 11. Memorial Contributions can be made to Winchester House in her memory. Please sign the Guest Book at www.WeeklyJournals.com/obits

LEJEHN "JANE" OLSON McMAHON

Died: Jan. 5, 2007

A member of the Kenliworth Union Church

LAKE FOREST — Lejehn "Jane" Olson McMahon of Lake Forest, died Friday, Jan. 5, 2007, at the Lake Forest Place Balmoral Care Center in Lake Forest. Born in Anderson, Ind., she was a former resident of Glenview, living in Lake Forest for the past 10 years. She was a member of the Kenliworth Union Church and had been active with her book club, and Koinonia Group.

Surviving are three sons, A. Andrew (Kristen) Olson III of Glenview, B. Tucker (Cheryle) Olson of Libertyville, and Stephen L. Olson of Avon, Colo.; nine grandchildren; and two great-grandchildren. She was preceded in death by her first husband, Harry T. McMahon, Jr., in 2005.

A gathering celebrating Jane's life will be in late spring. A private service will be at Kenliworth Union Church, with interment in the church's memorial garden. Memorial contributions can be made to the Cradle Foundation, the Guadeloupe After School Program of Florida, and the

nlworth Union Church. Please sign the Guest Book at www.WeeklyJournals.com/obits

LILLIAN R. WRIGHT

Born: May 19, 1925
Died: Jan. 7, 2007
was an active member of St. John's Lutheran Church

LIBERTYVILLE - Lillian R. Wright, of Libertyville, died on Sunday, Jan. 7, 2007, at ManorCare Health services in Libertyville. She was born May 19, 1925, in Wakefield, Mich., and has been a Libertyville resident since 1944. She was an active member of St. John's Lutheran Church in Libertyville.

Surviving are her daughter, Debra (David) Pauley, and a grandson, both of Glendale, Ariz.; two brothers; two sisters; a brother-in-law; and a sister-in-law. She was preceded in death by her parents, Victor and Helmi Maki; her husband, Roy F. Wright Jr., in 1999; a brother; and a sister.

Funeral services will be at 11 a.m. Friday, Jan. 12, at St. John's Lutheran Church in Libertyville. Interment will follow a luncheon at the church at Highland Memorial Park in

Libertyville. Visitation will be from 3 to 8 p.m. on Thursday at the Burnett-Dane Funeral Home, and for one hour prior to services at the church. Memorial contributions can be made to the church in her memory. Please sign the Guest Book at www.WeeklyJournals.com/obits

JANE N. THOMPSON

Born: May 22, 1918
Died: Jan. 6, 2007
Retired to Fort Myers, Fla.

LIBERTYVILLE - Jane N. Thompson, 88, of Libertyville, died on Saturday, Jan. 6, 2007, at Condell Medical Center in Libertyville. She was born May 22, 1918, in Chicago, and was a former resident of Mount Prospect and Antioch. Following retirement in Fort Myers, Fla., she lived in Libertyville for the past year.

Surviving are three children, Adrienne (Richard) Tuescher of Fishers, Ind., Jan (Jim) Jones of Colville, Wash., and Richard Thompson of Palatine; eight grandchildren; and 12 great-grandchildren. She was preceded in death by her husband, Harry Thompson, and by her son, Scott (Dianna) Thompson.

Private services were held on Monday, Jan. 8 at the Burnett-Dane Funeral Home in Libertyville. Please sign the Guest Book at www.WeeklyJournals.com/obits

DR. MELVIN F. PLATENKA

Born: Sept. 6, 1926
Died: Jan. 4, 2007
Oldest living volunteer of the Fox Lake Rescue Squad



FOX LAKE - Dr. Melvin F. Platenka, 80, a lifetime resident of Fox Lake, died Thursday, Jan. 4, 2007, at Centegra Medical Center in McHenry. He was born Sept. 6, 1926 in Cicero, to Frank and Anne Eleanor (nee Kral) Platenka. Melvin was a veteran of World War II, having served in the U.S. Navy. In 1954 and 1955, he worked as a Fox Lake Policeman, and was a volunteer for the Fox Lake Fire Department/Rescue Squad; until his death on Jan. 4, he was the oldest living volunteer member of the squad. After working for the police department, Mr. Platenka began his career

in dentistry, where he practiced in Norridge for more than 35 years. He was an avid fisherman and really, "just loved life."

Survivors include his wife, June M. (nee O'Connell) Platenka of Fox Lake; his brother-in-law Donald (Susan) O'Connell of Riverside; his nieces and nephews, Bridget, John, Kathleen, and Patrick; and his great nephew Kevin. He was preceded in death by his parents.

Private arrangements were completed by K.K. Hamsher Funeral Home in Fox Lake. Please sign the Guest Book at www.WeeklyJournals.com/obits

LEE SCHINDLER

Born: Aug. 4, 1935
Died: Jan. 8, 2007
Enjoyed jewelry-making and wood-working

FOX LAKE - Lee Schindler, 71, a resident of Winchester House in Libertyville, formerly of Fox Lake and Ingleside for 37 years, died Monday, Jan. 8, 2007, at Winchester House. He was born in Chicago on Aug. 4, 1935, to Joseph and Christine (nee Tomacek) Schindler. He was trained

as a chef and met his wife when they worked at the Deerpath Inn in Lake Forest. He recently was employed at Intermatic Corporation in Spring Grove for 10 years, before his retirement. He was an avid outdoorsman, and had a talent and passion for growing orchids. He was a long-time member of St. Bede Catholic Church in Ingleside.

Surviving are his wife, Jeanette "Jan" (nee Adams) of Fox Lake, whom he married on July 15, 1957, at St. Mary's Church in Lake Forest; his children, Mark (Myrna) Schindler of Fox Lake, Deborah (Steve Davis) Schindler of Morton Grove, Elizabeth Schindler of Round Lake, and Chris (Karen) Schindler of Batavia; eight grandchildren; two sisters; and many nieces, nephews, relatives and dear friends. He was preceded in death by his parents and a granddaughter.

Visitation was held from 5 to 9 p.m. on Wednesday, Jan. 10 at K.K. Hamsher Funeral Home in Fox Lake. A funeral mass will be celebrated at 10 a.m. Thursday, Jan. 11 at St. Bede Catholic Church in Ingleside. Entombment will follow at Ascension Cemetery in Libertyville. Please sign the Guest Book at www.WeeklyJournals.com/obits

To submit an obituary, please call Nancy Thielsen at (847) 223-8161, ext. 143, or e-mail wjobs@weeklyjournals.com. Obituaries must be received by noon on Tuesday.

Build Our Snowman Contest Winners!

From Dec. 8th - Dec. 22nd, one piece of our snowman's body was hidden in the pages of each week's Lake County Journal. The challenge was to find those pieces and build our snowman. Many entered and three were chosen as winners of our contest. Winners below each received a \$50 Best Buy Gift Certificate! Congratulations to the winners and thanks to all who entered.

Winners

Vida Ambolo, Fox Lake

Judy Neeve, Lake Villa

Richard Szybkowski, Vernon Hills

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NASCAR THIS WEEK

Goody's disappointed, but still committed despite snub

■ Goody's officials expressed disappointment at being supplanted, after nearly 30 years, as NASCAR's "official pain reliever" by Tylenol. Marketing Vice President Darren Singer said, "It became apparent to us early on that NASCAR was interested in going in another direction." The company isn't leaving the sport, however. The spring race at Martinsville Speedway will be the Goody's 500, and the company will continue to be represented by Richard Petty

BURNING ISSUES

and Tony Stewart.

■ Dale Earnhardt Jr.'s sister, Kelley Elledge, is his business manager as well, and she defended her brother against suggestions by their stepmother, Teresa Earnhardt, that he needed to "decide on whether he wants to be a NASCAR driver or whether he wants to be a public personality." Junior's contract with the family team, DEI, expires at the end

of the coming season. "I think most everybody in the industry knows that Dale's focus has been at its highest," said Kelley. "His number one desire and his passion is driving that race car, and that'll never change."

■ Still no signs of a thaw in the frosty relationship between drivers Stewart and Carl Edwards. Stewart said on his Sirius Satellite radio show: "The next time that I hear Carl Edwards tell me that he's going to make me bleed, he better be

ready to do it right then and there. Straight up. I don't care what the fine is from NASCAR. I've got \$50,000 saved."

■ The move from Hendrick Motorsports to Bill Davis Racing by engine builder Dr. Andrew L. Randolph fuels the widespread resentment by established teams that Toyota is raiding the other manufacturers for top talent.

■ Benny Parsons is cancer-free. His current difficulties relate to damage to one of his lungs caused by the harsh

treatment required to eradicate the disease.

■ The Busch Series race on Aug. 19, 2006, at Michigan International Speedway — the one where Dale Earnhardt Jr. bumped Carl Edwards' car out of the way near the end — was voted by fans as the track's most exciting moment of the year. Edwards later purposely ran into Junior's car and angrily confronted him in victory lane. There are, however, no lingering hard feelings between the two.

HE SAID WHAT?

■ "I had it in my head that I wanted to lead the first lap, and I wrecked all the way from the bottom of the hill to the top." — **Jamie McMurray**, after a Sonoma crash.

■ "Somebody ran into somebody, and then it just starts gathering cars as it goes." — **Ken Schrader**, after crashing on the ninth lap of a Talladega race.

■ "Kings Royal by Crown Royal. If you can't say it three times, you haven't been drinking responsibly." — **Tony Stewart**, announcing the name of a race at his Eldora (Rossburg, Ohio) dirt track.

■ "I'm sure Sterling Marlin's hairpiece fell down in his face and he couldn't see me." — **Ryan Newman**, assigning blame for a Texas crash.

■ "You know, we don't help each other in Europe. If you see somebody struggling in Formula One, you're never going to go and say, 'You're doing this wrong.' What you do is go to your guys and say, 'You see what they're doing wrong?'" — **Juan Pablo Montoya**

WHO'S HOT AND WHO'S NOT

► **Who's hot** — This is the best time of the year for Robby Gordon, who, at least so far, has been more competitive in the Dakar Rally than while driving his own Chevy in the Nextel Cup Series.

► **Who's not** — Jacques Villeneuve wants to go racing in NASCAR, but his attempt to land a Roush Racing ride in the Busch Series has hit snags. Now Villeneuve's reportedly trying to land a Craftsman Truck Series ride.



Robby Gordon, shown here racing in Nextel Cup, is competing in the Dakar Rally.

FEUD OF THE WEEK



Stewart



Edwards

Tony Stewart vs. Carl Edwards

Stewart still holds a grudge against Edwards, who criticized him (and rammed his car on pit road) after a crash at Pocono last July. On his Sirius Satellite Radio show, Stewart said: "I don't know, but obviously, being as nice as he is hasn't gotten him very far because he didn't even win a race last year. Maybe he ought to try being a jerk this year, see if he can win a couple more races." Stewart also revived his depiction of Carl Edwards as "Eddie Haskell," referring to the character from the old television series "Leave It to Beaver."

NASCAR This Week's Monte Dutton gives his take: "This all started because Stewart, not Edwards, caused a wreck. Stewart's car bored into Clint Bowyer's, and it appeared intentional in part because Stewart was shaking his fist at Bowyer at the time. Edwards was an unwitting victim, but the crash was a major blow that may have ended Edwards' chances of making the Chase."

Hylton, 72, enters Daytona 500 one more time

By Monte Dutton
NASCAR This Week

James Hylton, who will receive the Junie Donlavey Spirit of the Sport Award on Jan. 27 at the annual Eastern Motorsports Press Association awards banquet in Treve, Pa., is going to enter the Daytona 500 one more time.

The Inman, S.C., driver has mainly competed in ARCA in recent years, though he also competed once in the Busch Series last year.

Hylton, 72, was once NASCAR's rookie of the year ... in 1966. He finished second in the

NUTS AND BOLTS

Grand National (now Nextel Cup) point standings in 1966, 1967 and 1971. He won major races at Richmond in 1970 and Talladega in 1972 and had four poles. Last year he was 18th in ARCA points.

Hylton has entered a Chevrolet, No. 58, built and prepared by Richard Childress Racing. It will be sponsored by the GramFest, a music festival, and Mountain Rock Music, owned by his longtime friend J.C. Weaver. Hylton will also go to Daytona with Childress engines under the hood.

After Daytona, Hylton's

team will enter select races with Damon Lusk, of Kennewick, Wash., behind the wheel with Hylton moving to crew chief. Hylton said the team plans to enter 19 races and has a Car of Tomorrow under construction at the Ronnie Hopkins shop. The Daytona car is also a Hopkins chassis.

Hospitalized — Benny Parsons was, as these words were written, hospitalized in the intensive-care unit at Carolinas Medical Center in Charlotte. The 1973 Winston Cup champion, still

a familiar face in the sport thanks to his work as a television analyst and radio personality, has experienced complications stemming from his treatment last year for lung cancer.

Though the cancer was eradicated, Parsons continues to suffer breathing difficulties associated with the damage caused by radiation and chemotherapy. If you'd like to drop him a line, he can be reached at bp@gopr.com.

Randolph switches — Bill Davis Racing has hired Dr. An-

drew L. Randolph, previously director of engine development at Hendrick Motorsports, to serve as BDR's engine technical director.

A release stated Randolph will "lead a development team that defines the engine architecture for the Toyota engines used in the ... Nextel Cup Series."

Randolph holds a Ph.D. in chemical engineering from Northwestern University. He has worked for 22 years at General Motors and in NASCAR. Supposedly, he is "one of the world's foremost authorities on combustion analysis."

Thank You

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GIRLS BASKETBALL:
MUNDELEIN 54, GRANT 47

Mustangs thrive in big game

Younger kids' lift
Mustangs past Grant

By STEVE PETERSON
speterson@nwnewsgroup.com

FOX LAKE - Fresh off from beating a previously undefeated Huntley team for its own tournament championship, Mundelein's girls basketball team proved to be giant killers once again.

The Mustangs outscored Grant, 7-3, in the final 2 minutes, 30 seconds for a 54-47 win.

Long before Mundelein had its late game run, a 21-7 domination from the free-throw line was the difference as the Mustangs earned their 10th victory.

"We all shoot free throws very well," Mustangs junior Samantha Panitch said. "Earlier in the year, we would have lost a close game, but now we keep our composure."

Panitch backed up her words by hitting 9-of-13 free throws, while sophomore teammate J.J. Sawchuk added another important free throw down the stretch.

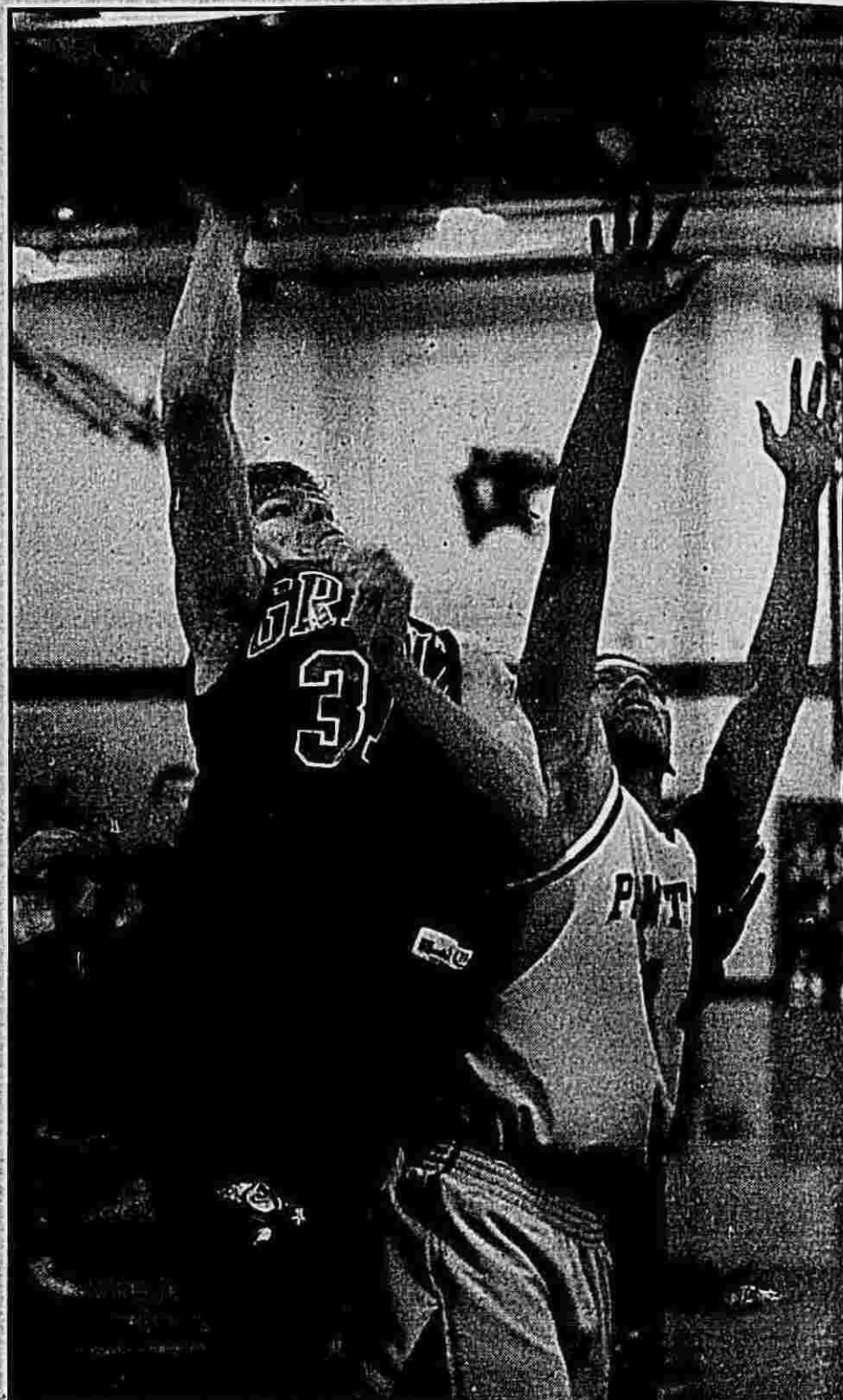
But both players did more than hit free throws as Sawchuk finished with 14 points and Panitch scored 13. Teammate Brooke Evans chipped in six points.

"The younger kids stepped up," Mundelein coach Brian Evans said. "They're getting older, and you can tell by the way they play."

Grant's Becka Gonyo finished with 10 points, 10 rebounds and seven blocks. Hill led the Bulldogs (15-3) with 12 points.

Grant's season-long bugaboo - free throws - continued to haunt the team. The Bulldogs were 7-of-18 from the line.

"We did not play smart basketball. It looked like we had not played since Dec. 22," Grant coach Tom Oeffling said.



Chris Padgett - cpadgett@nwnewsgroup.com

Grant's Marc Grischeau (left) drives for a layup against Round Lake's Eric Watts during Saturday's game in Round Lake.

BOYS BASKETBALL: GRANT 55, ROUND LAKE 48 (OT)

Grant fends off Panthers

By STEVE PETERSON
speterson@nwnewsgroup.com

ROUND LAKE - Funny, these basketball quirks known as overtime games. They have a way of making winners sound like losers, and losers sound like winners.

The only time Grant dominated Round Lake was a 11-4 run in the extra session. But if it wasn't for two Mike Shields free throws, Grant wouldn't have even had the chance to dominate.

With 2.2 seconds remaining in regulation, a two-point Bulldogs deficit and the gym shaking from a hostile crowd, Shields calmly drilled two free throws to put the game into a 4-minute OT.

After the game, Shields said he was more worried about his fellow Bulldogs' reactions on the charity stripe than any catcalls he received from the crowd.

"I'm glad I did not let my

teammates down," Shields said. "We work on free-throw shooting a lot in practice."

Despite the close win and a 12-2 overall record, Grant coach Phil Ralston believes there is much to be done before his Bulldogs are ready for the postseason.

"We're not a happy team. We have a tremendous amount of potential, [but] we have not come out ready to play games," Ralston said. "We let a team like that hang around."

Still, 12-2 is 12-2, and the Bulldogs are still tops at 3-1 in the North Suburban Conference Prairie Division. Grant received a 20-point effort from senior Jeremy Shedrick, who played at Round Lake last year. Marc Grischeau added 13 points.

Round Lake coach Jeremy Fisher was happy with the work he got from his Panthers.

See BOYS BASKETBALL, page A26

BOYS BASKETBALL: CARY-GROVE 48, LAKES 41

Cary-Grove overcomes Eagles' late collapse

By DANIEL J. PATRICK
dpatrick@nwnewsgroup.com

CARY - While the rest of the country was watching a national championship blowout, the Cary-Grove and Lakes boys basketball teams quietly put together their own impressive game.

Lakes and Cary-Grove battled back and forth for three and a half quarters until one fateful shot.

All it takes is one shot to change the course of the game, and that shot was a deep three-point dagger from the top of the key that came from the hands of Cary-Grove guard Mark Tometich, leading C-G to a 48-41 win.

After Lakes (8-8, 4-2 North Suburban Prairie Division) had continually fought back from deficits as large as eight points,

With less than 5 minutes remaining in the game, a 5-0 Lakes run, courtesy of stars Sean Hertz and Chuck Kempf, pulled the Eagles to within one with a 42-41 deficit. But Kempf's bucket would be the final Lakes score of the game.

Despite the offensive collapse, Lakes' tenacious defense kept the Eagles within a shot. But Tometich's three, which gave C-G a 47-41 lead with 2:14 remaining, seemingly broke the Eagles' back.

"Offensively, we're just not getting the ball in the hole," Lakes coach Brian Phelan said. "You make some shots and it looks fine; you miss some shots and it doesn't. We got shots within our offense, [but] they just didn't connect."

While the Eagles had trouble hitting big shots, the rim was quite friendly to Cary-Grove down the stretch. In the

fourth quarter, the Trojans outscored Lakes, 12-5, and hit six threes in the game.

"[Lakes] got a little run toward the end of the first half; we stayed with them in the third and then we just pulled away in the fourth," Tometich said. "We hit some shots, got inside and we finished the easy buckets."

As deadly as Cary-Grove (11-6) was from behind the arc, the Eagles matched the Trojans with six three-pointers of their own, including four long balls from Hertz. Hertz led all scorers with 17 points, five rebounds and two blocks, while Kempf had a double-double with 11 points and 11 boards. Kevin Guirand was held to only two points and four rebounds in the loss.

See COLLAPSE, page A26

● On the Sidelines

Upsets and clichés speaking volumes

I don't know about you, but I'm pretty tired of upsets these days, and I hope the football gods got the upset bug out of their system with Ohio State's 41-14 beating against No. 2 Florida.

I was looking forward to a potential BCS shakedown with Ohio State and Michigan running over Florida and USC, making everyone question who should have been in the national championship game.

But alas, it was not to be. So, with the Bears carrying the top ranking in the NFC, I certainly hope that the only time the word "upset" crosses anyone's lips during the next week, it's about a Seahawks fan's state of mind.

If things were more like Major League Baseball, Bears fans like myself could sleep a little better at night as unexpected things are, well, truly unexpected.

Boy, Cal Ripken and Tony Gwynn in the Hall of Fame? Never would've guessed that. Oh, and Mark McGwire getting the cold shoulder? Never would have thought of that, either!

Even with future Hall of Famers, baseball can be about as predictable as your grandpa's old clock in the corner. After all, with Ken Griffey Jr. overcoming yet another bad injury – this time a broken hand – there's just something nice about having something constant and stable in today's topsy-turvy world.

Down here at the prep level, one thing that remains constant in my line of work is the good ol' sports cliché. I know you've all heard them before as well, the obligatory "thanks" to family and team-

mates after a big win, the ever-present "one game at a time," and many other things that players and coaches just can't help but say when they can't think of anything else.

It's almost a shame to talk to a young athlete that has become used to talking to the media because they almost lose their ability to speak frankly and start spewing out clichés like a dictionary.

Now, I can definitely understand some athletes' intent to censor what they say to reporters, but please, can you guys stop with the clichés?

When I was covering the Lakes-Cary-Grove boys basketball game, Lakes coach Brian Phelan said something to me that really made me laugh.

"It was a good game, [but] we didn't cease the opportunity," Phelan said. "Any other clichés I can get from www.sportscliches.com that I can throw out there, I'll use."

Well Brian, let me tell you, sometimes it's pretty darn hard to not write with those clichés, too.

Just a word of note, there is no www.sportscliches.com Web site, but there is a www.bestsportscliches.com. Unfortunately, it's nothing more than a commercial for the "Best Sports Cliches Ever!" book by, and I'm not making this up, Dr. Cliché.

Now that's one doctor that I don't want to go to for a physical.

As for Phelan, the man lived up to his word. After his sports cliché joke, he finished off our interview with, "We'll just get back after it tomorrow."

Yeah, and I'll bet he'll "give 110 percent."

• Daniel J. Patrick is the sports editor for the Lake County Journals. Write to him at dpatrick@nwnews-group.com.



Daniel J. Patrick

BOYS BASKETBALL: JOHNSBURG 52, GRANT 48

Skyhawks deliver Grant 2nd loss

By STEVE PETERSON

speterson@nwnews-group.com

FOX LAKE – The Johnsburg boys basketball team did not mind waiting a few weeks to play Grant.

A holiday concert bumped the original Grant-Johnsburg game to Jan. 4, but the visiting Skyhawks were the ones who were singing after a 52-48 win against the previously once-beaten Bulldogs.

Johnsburg freshman C.J. Fiedorowicz scored 24 points, and freshman Mike Dixon sealed the Bulldogs' fate with two free throws with 0.3 seconds remaining.

Dixon came up with the ball after a mad scramble after Nick Mason had missed a shot for Grant.

"Down the stretch, the key was we did not get pushed around," Johnsburg coach Ed Sennett said. "We played hard and well, and for a young team, had a lot of poise. We knew this would be a physical game



Annie Christie-achristie@nwnews-group.com

Grant's Jacob Sparrowgrove grabs a rebound during last Thursday's game against Johnsburg.

and we were ready for it."

Johnsburg (5-9) got the most resistance from Grant star Jeremy Shedrick. Shedrick tallied 20 points, including a powerful slam dunk, and pulled down 13 rebounds. Fellow Bulldog Marc Grischeau had nine points, including some key free throws down the stretch.

With the loss, the Bulldogs drop to 11-2.

"At no point did we show that we did want to win it more than they did," Grant coach Phil Ralston said.

Senior Ryne Valentine scored nine points in the first half as Johnsburg led, 17-3, early on. Valentine's performance came as a bit of a surprise to Sennett as he had previously been out with a concussion.

"He has shown flashes of brilliance, but this was [Valentine's] best game overall," Sennett said.

Grant recovered from its slow start to gain a tie at 28-all on two free throws by Grischeau with 3:55 remaining in the third quarter. Two baskets by Fiedorowicz gave Johnsburg a 42-40 lead with 2:41 remaining in the fourth.

Curtis Oler hit a three-pointer for Grant to cut the deficit to 49-48, but the Bulldogs stayed behind for the remainder of the game.

Shields' late free throws provide momentum

• BOYS BASKETBALL

Continued from A25

"We came out ready to play with intensity," Fisher said. "I ask for four quarters of effort from the kids, but tonight, it went to a fifth quarter."

Jaquan Glover scored 14 points and Jerome Brown tallied 11 for the Panthers (3-12, 0-5 NSC-Prairie). Glover had the last shot in regulation, but the potential game-winning three-pointer fell short.

Round Lake led, 42-40, following a Glover free throw with 33.2 remaining in regulation. Grischeau gained Grant a tie with a pump fake and lay-in. Brown answered for Round Lake on a tip-in with 5.9 remaining.

Shields (eight points) tried an off-balance shot, but was fouled with 2.2 remaining. He made the first free throw. Then, after a timeout to try to ice him, Shields calmly hit the second.

"[Shields] has ice water in his veins. It's nothing new for him," Ralston said.

Shedrick scored 20 points in his return to Round Lake after breaking into the varsity game with the Panthers. Last season, Shedrick was one of Round Lake's standouts, but a coaching change and a transfer later, Shedrick is now suiting up in red and white.

"It was weird seeing him play for Grant; we wish he could have finished his senior year here," Fisher said. "We knew he was a good athlete and the way he played. We're proud of him."

Eagles' D strong, but offense comes up short

• COLLAPSE

Continued from A25

On Cary-Grove's end, twin brothers Paul and Mark Tometich made quite the dynamic duo as Mark led the way with 15 points and four rebounds, while Paul chipped in 11 points and nine rebounds. Despite the production from the Tometich household, Phelan was pleased with his team's defensive performance.

"We held them to under 50

points, so that's a pretty big improvement over the beginning of the season when we were giving up like 78 points a game," Phelan said. "Defensively, I think we did some nice things, but I just think that down the stretch, we missed quite a bit of shots."

While it was the Eagles that collapsed in the final stanza, coincidentally, Cary-Grove has had the same problem for quite some time.

"Lately, we were having some troubles finishing in the fourth

quarter," Tometich said. "We had three quarters and we just couldn't put the fourth one together. But I think tonight, we really did that and didn't let anything slip away."

From a scoring perspective, Kempf said his players won't make the same mistake again in the future.

"It was a physical game throughout the whole night," Kempf said. "It's no excuse for the missed shots; they should have went in."

Outdoor Experience

For the sake of fishing, let there be ice in '07

Northern Illinois winters, high bills for heating gas, endless miles of bumper-to-bumper traffic, where have you all been?

In this recent spell of weather that's been way too good to be true, I cannot believe that I am going to type the following words: I want subzero temperatures!

People who enjoy winter outdoors activities are in the doldrums because they can't practice their sports. There's no snowshoeing, ice skating, downhill or cross-country skiing, and for me, no ice fishing. What I am most concerned about is the possibility that a couple of great events are in jeopardy.

Scheduled for Jan. 27 and 28, The Ice Team brings one of its qualifying events in the 2007 Trap Attack to the Chain of Lakes. This event, offering more than \$25,000 in prizes, is one stop on the ice fishing world's most prestigious circuit. But it's not the prizes that brings some of the best, it's the fact that Trap Attack qualifiers



Steve Sarley

become eligible to fish in the championship which will be held in early 2008.

The base of operations for the Trap Attack will be the Thirsty Turtle on Channel Lake. On Saturday, Jan. 27, organizers will have a kids clinic from 9 a.m. to noon.

There are three sessions lasting 1 hour apiece. The sessions begin with indoor instruction, discussing ice safety. The Ice Team's legendary Dave Genz will be on hand to deliver an exciting morning of fishing fun for the young ones.

When class ends, all participants will hit the ice and practice their newly learned skills with their own equipment or using gear that the Ice Team will provide. Bait will be provided and participants will be delivered to their freshly drilled ice holes via snowmobile-pulled toboggans. Shelters and heaters will be available, but please dress the kids warmly.

On Sunday, Jan. 28, the real business begins. About 150 two-man teams will hit the ice. There will be a short opening ceremony at 7:15 a.m., and then the anglers head out at 7:30 a.m.

See SARLEY, page A28

WRESTLING: BAD MARK TOURNAMENT

Wauconda duo bouncing back

Waukegan wins title; Wauconda runner-up

By STEVE PETERSON

speterson@nwnewsgr.com

WAUCONDA - Injuries already are tough for a team to bounce back from, but injuries to a team's standouts can be downright crippling.

That's what Wauconda's wrestling team has had to deal with this season after losing standouts Scott Hoy and Robert Champion. Well guess what? They're back.

Wauconda wrestling welcomed two of the stalwarts from the last couple of seasons, Hoy and Champion, back to the lineup for the team's annual "Bad Mark" tournament at Wauconda.

The pair bounced back from injury well, as Champion won at 215 pounds and Hoy at heavyweight as Wauconda finished a strong second in the six-team meet. As it turned out, it was a battle of the Bulldogs, as Waukegan won the team title, 162.5 to Wauconda's 148.5.

Champion was out with a heart problem but got clearance to wrestle Jan. 6. Hoy had missed a handful of meets with an ACL injury. Both are seniors, and both are looking to finish off their prep careers in style.

"For me, it was more the mental side. I wanted to finish my senior year with 100 wins, but now I will not be able to,"

Hoy said.

Hoy will have to have surgery in the off-season, placing his role on the baseball team in doubt. Hoy injured a knee against Lakes' Tyler Hall in a dual meet match. The two eventually could meet again in the North Suburban Conference Tournament on Jan. 27, at Grant.

Champion said the thing that was frustrating about his injury was that he could not train as hard as he usually does. The team is glad to have the undefeated wrestler (20-0) back in the lineup, coach Tom Nance said.

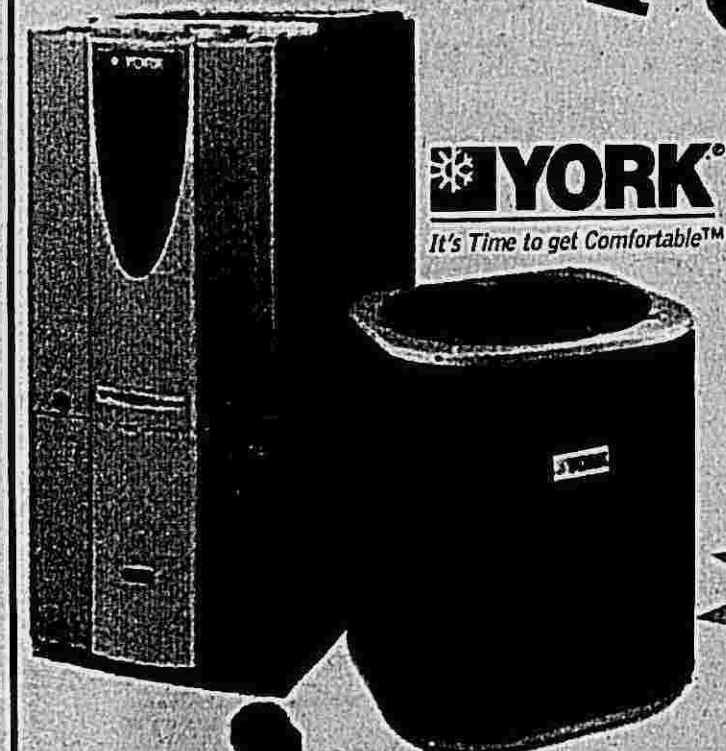
"We did all right [in the tournament]," Nance said. "We had a lot of kids who lost three of five matches, but we're young."

Wauconda 140-pounder Nick Swanson, and 145-pound sophomore Scott Carlson both won their weight classes. Jeff Costa was second at 119 and Mike Brown fourth at 103 in the six-team meet. Max Bernard took third at 152.

Waukegan was able to steal the tournament win from the host with wins from Mykel Reddick at 112, Damen Curry at 119, Marvin Reddick at 130, and Joe Dunn at 152.

Team scores were: Waukegan 162.5, Wauconda 148.5, Huntley 134.5, Hope 106.5, Johnsburg 106 and Zion-Benton, 104.

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LAKE COUNTY JOURNALS

SPORTS

Walk on Water coming to Bangs Lake

• SARLEY

Continued from A27

Fishing begins at 8 a.m. and continues until 1 p.m. The weigh-in and awards ceremony will be held from 1 to 3 p.m.

The cost to compete in this tournament is \$240 a team, and spots are still open. The different Trap Attacks target different species of fish. The Chain of Lakes qualifier, which is restricted to Channel Lake, will target bluegill/sunfish exclusively. Fisherman may use shelters, but most do not. Teammates must remain within 30 paces of each other at all times and cannot move within 10 feet of a competitor. Only one line per angler is allowed.

The public is invited to come out and walk the ice and watch the anglers fish. But please use common sense in determining how close you can get to the fishermen. For additional information, visit www.iceteam.com.

The second reason I am praying for a temperature plunge is for enough ice to hold the "Walk on Water" ice fishing benefit for the American Cancer Society on Saturday, Feb. 3, on Bangs Lake in Wauconda.

Crystal-Lake's Brent Beckwith has poured his heart into his "WOW" tournaments the last three years. Warm weather stifled his efforts last year and I hope that Mother Nature will be more cooperative in 2007. For Beckwith, the tournament is about much more than fishing.

"I initially became involved with fundraising due to a health crisis with a family mem-

ber," Beckwith said. "We turned our emotion into effort and organized fundraising events so others won't have to endure the same hardships."

"Today, cancer hits home for many, if not directly through family, then through friendships or co-workers."

All proceeds from the event, including entry fees, raffle ticket sales and other donations, will be submitted to the American Cancer Society.

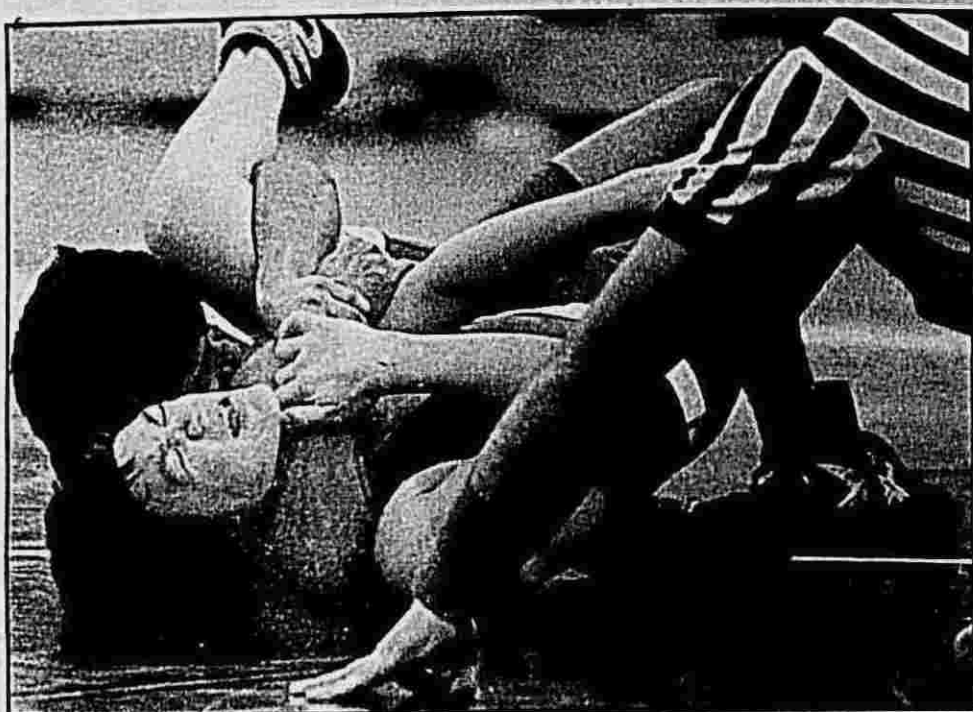
"The ACS is making a difference every day in the lives of people touched by cancer," Beckwith said.

The Walk on Water event offers fishing, prizes, raffles, food and fun. The adult fishing event runs from 7 a.m. to noon. There are prizes for the largest fish in the categories of northern, walleye and bass, all of which must be released. There are prizes for the largest and biggest baskets of panfish, as well. Kids compete in their own event.

Beckwith has spent the past year assembling an incredible array of prizes from a great list of contributors. He's collected enough gear to overstock a tackle store! Prizes include ice fishing shelters, electronic sonar units, guided trips, sleds, rods, reels, clothing and tackle.

For more information on Walk on Water, e-mail Brent Beckwith at admin@icebenefit.com or check the Web site at www.icebenefit.com.

• Steve Sarley can be contacted through the Lake County Journals or through his Web site at www.oexperience.com. His e-mail address is steve@oexperience.com.

Annie Christie - achristie@nwnewsgroup.com

East Aurora's Danny Hernandez puts Grayslake North's R.T. Taylor in a headlock during their 103-pound match at Grayslake North. Despite being in trouble here, Taylor came back to win his match by a pin.

WRESTLING ROUNDUP

Grayslake North captures first win

LAKE COUNTY JOURNALS

Finally, Grayslake North's wrestling team has its first dual meet win.

Freshman Tyler Barbokobi was a big part in the historic Knights victory as the freshman captured two wins in his first two matches at the varsity level.

Barbokobi's victories propelled North to a convincing 54-24 victory against South Elgin in a triple dual meet at Round Lake last weekend.

Unfortunately for the Knights, they were unable to come away from the meet with any more wins, thanks to a 55-23 loss at the hands of Round Lake and a 73-3 drubbing from undefeated Warren.

Overall, Grayslake North stands at 1-13.

Antioch 34, Lakes 33

Antioch escaped crosstown rival Lakes with a big one-point win on the Eagles' home mats.

Eagles Tyler Hall, Ben Rehm, Aaron Cashmore, Matt Holmes, Grant Franson and Tony Bean all had wins for Lakes, but it just wasn't enough to overcome the Sequoits.

Lakes coach Curt Onstad was pleased with the way his Eagles handled the close meet, but blamed the loss on his team coming into the competition short-handed. The Eagles gave up 12 team points to Antioch because of forfeits.

Chris Padgett - cpadgett@nwnewsgroup.com

Lakes' Damian Brown holds himself up as Antioch's Matt Keller attempts to bring him down during a meet last Friday.

Libertyville 31, Barrington 30

One point was all Libertyville (10-4) needed to overcome Barrington (6-5) in a close non-conference win.

The Wildcats got big wins from Justin Martin and Eric Klein, along with a pinfall victory from heavyweight Tom Nield.

Mundelein 58, Stevenson 20

From Eduardo Dominguez's win in the 112-pound weight class to Fredy Martinez's win in heavyweight, Mundelein (10-6, 3-1 North Suburban Conference Prairie Division) controlled its dual meet against Stevenson up and down the roster.

Mustangs Tanis Arcos (119), Nick Kainrath (130), Dylan Hendrix (135), Devin Ringwald (140), Steven Avalos (171) and Adam Avalos (189) all got wins to beat Stevenson by 38 points.

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Pro Football WEEKLY

—● One Man's Opinion

Saban jumps ship, loses trust factor

Finding any words to disparage Nick Saban that recently haven't been printed or broadcast already is an extremely daunting task. But let's face it, with the way he has indelibly stained the Miami Dolphins, the NFL and major college football, doesn't he deserve my very best effort?

The best thing I can think of to say about Saban is that in spite of the fact he has proven himself, beyond any doubt, to be completely devoid of character, integrity, honor, honesty or decency, he actually doesn't disgust me at the moment nearly as much as the University of Alabama. The university has made itself the poster child for everything that is wrong with college athletics today with the hiring of Saban.

Let's keep it simple with Saban. Two years ago, he accepted a five-year contract believed to be worth about \$20 million to rebuild the Dolphins' football operation, demanding and receiving complete control to get the job done. His record during those two years was 15-17, one game better than the 14-18 record of Dave Wannstedt and Jim Bates the prior two years, and the second-worst two-year stretch for the Dolphins since they were 14-18 under Don Shula in 1988 and '89.

It is the third-worst two-year performance by the Dolphins since the NFL-AFL merger in 1970, and Saban leaves the Dolphins with three years remaining on his contract/commitment, and the worst record of any head coach in team history with the exception of George Wilson, who was 15-39-2 from 1966-69. So much for char-

acter or honor.

During the past two months, as rumors repeatedly leaked out of Tuscaloosa that he would be the Crimson Tide's next head coach, Saban continually looked into the eyes of the media and their microphones and cameras, stating unequivocally that he would be neither leaving the Dolphins nor going to Alabama. On Dec. 27, after denying there was any truth to the 'Bama rumors for the umpteenth time, Saban actually attacked the media for asking the question, saying, "I'm not talking about any of that stuff, and I'd appreciate the courtesy of it not being asked."

Now we have come to find out that the entire time, Saban's agent, at his behest, was negotiating his new deal at Alabama. So much for honesty or integrity.

And in closing the book on his brief pillaging of the Dolphins organization, I think I'm correct in assuming that Saban isn't returning any of the more than \$7 million he took for his failed effort of the past two years.

We also came to learn that Saban felt no need to meet with the Dolphins' players he was deserting, and that his 21-man coaching staff, the NFL's largest, was informed he was leaving via conference call on a speaker phone. So much for decency.

Let's imagine you're the parent of a prospective student-athlete, and Alabama coach Nick Saban is in your living room, giving you all the reasons your son should come to Alabama and telling you all the things he wants to teach him. How do you react when he says "trust me" as he looks you in the eye? I can't imagine what could possibly motivate any parent to trust their child to this man.

• Hub Arkush is the publisher of Pro Football Weekly.



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The Bears host Seattle on Sunday at Soldier Field in an NFC playoff game. If the old adage is true – that numbers never lie – then it's fair to say that a Bears victory is no guarantee. Let's let the numbers do the talking:

OFFENSE (NFL RANK)

YARDS/GAME

Bears: When you're 15th out of 32 teams, that officially qualifies you as average.

15

RBs Thomas Jones and Cedric Benson are a dangerous combination, but QB Rex Grossman is inconsistent enough that opposing defenses don't have to take him seriously.

Seahawks: This mediocre number is influenced by injuries to Seattle's two

19

most important offensive players: RB Shaun Alexander and QB Matt Hasselbeck, both of whom missed time. If healthy, this NFL rank no doubt would have been considerably higher.

PENALTIES COMMITTED

Bears: It's the little things in the playoffs that can make or break a game. A nice diving catch, a call

6

going your way – not jumping offside at key moments. See where we're going with this? Only five teams this year committed more penalties than the Bears.

Seahawks: Seattle was penalized 22 less yards than the Bears during the regular season. That's the length of about

16

2.25 football fields. Now that Hasselbeck and Alexander are healthy, can the Bears afford to give them even more yards on stupid penalties?

POINTS/GAME

Bears: Why so high when Grossman seemingly struggles every other game? Because the NFL fac-

3

tors all points into this category, not just those scored by the offense. Return man Devin Hester has six special-teams TDs, and the defense scored twice in one game. Arizona.

Seahawks: Seattle averages about a touch-down less a game than the Bears, but if the Bears aren't

14

scoring on special teams or defense, they're in trouble. The Seahawks have to enjoy the fact (purely offensively) they have the advantage.

DEFENSE (NFL RANK)

TURNOVER MARGIN

Bears: The Bears' plus-eight margin is solid and a true credit to their

4

defense. The offense has committed the fifth-most turnovers of any of the 32 NFL teams, but no team's defense forced more turnovers than the 44 forced by the Bears.

Seahawks: Now we start to see where the Bears' real advantage

27

lies. Seattle loves to give the ball to the other team, and the Bears love to take it away. If the Bears win, check back with this stat, because odds are they will produce an advantage.

YARDS/GAME

Bears: There was a time earlier in the season when the Bears were in position to be ranked

5

No. 1 in this category, but the last six games caused them to plummet. The stat's only good if your offense can score. Remember, the lowly Raiders are ranked third.

Seahawks: If Grossman keeps his head and doesn't start winging balls to

19

the other team, Seattle will give the Bears opportunities to put up some points. The Seahawks aren't world beaters this year, merely the beneficiary of playing in a so-so division.

OPPOSING FIELD-GOAL %

Bears: Something about the Bears makes opponents miss. The Bears' special teams

1

allowed opposing kickers to land only 66.7 percent of their attempts. If the defense can keep Seattle out of the end zone, it's a good bet at least one Seattle field-goal attempt will fail.

Seahawks: No decisive edge for the Bears on this one, because Seattle is almost as stingy. It's

3

an interesting matchup, because no NFL kicker has made more field goals this season than the Bears' Robbie Gould. He's as reliable as they come at Soldier Field.

► VIEWS

Time for Bears to flip on switch

Winning your division and wrapping up a No. 1 seed with nearly a month left in the season can be both a blessing and a curse. It's a chance to get healthy, but it's also very easy to lose your edge in the process (note the 26-7 loss to the Packers).

The Bears have had two weeks to regroup, refocus and reflect. It's time to flip the switch back on.

What's at stake: It's tournament time. Winner moves on, loser goes home. For the first time in a month, the Bears will play a meaningful game as the Seahawks come to town. With the table set perfectly and the road to Miami cutting straight through the Windy City, anything less than a trip to the NFC title game likely would cost a few people their jobs.

Seahawks' most dangerous player: When given time, veteran Matt Hasselbeck will pick your secondary apart. Hasselbeck is a streaky QB who can take control of a game if he's allowed to find his rhythm early.

Why the Bears will win: If the Bears are to move on, they must win the battle at the line of scrimmage. With nothing to play for during the last several weeks, the offensive line has been allowed to heal and recharge, meaning the fellas are ready to maul someone.

With Seattle missing three of its top four cornerbacks, offensive coordinator Ron Turner will be tempted to air it out with QB Rex Grossman. But common sense will take over.

If Grossman does struggle early, he will get a quick hook. But it won't get to that. I have visions of Cedric Benson running over Seahawks DE Grant Wistrom, and Thomas Jones running around DE Bryce Fisher.



TOM WADDLE

When it is time to throw the ball, get a hat on a blitzing LB Julian Peterson and get the ball to Bears TE Desmond Clark. Grossman is at his best when Clark is involved early.

Why the Seahawks will win: If the Bears don't get to Hasselbeck, it will be a long day. Aside from DE Mark Anderson, the Bears haven't pressured the quarterback consistently for weeks.

Hasselbeck has an impressive group of receivers that include TE Jerramy Stevens, who missed the Week 4 matchup. At 6-foot-7, Stevens will be a handful for the Bears' safeties. Look for the Seahawks to try and get him isolated on rookie Danieal Manning.

While RB Shaun Alexander has been slowed by a foot injury, he is the best back the Bears have faced in a month.

Who will win: Bears Nation is in a state of panic. People, I know you are concerned, and rightfully so. But trust me when I say you will see a refocused Bears team that will play with a sense of urgency that it hasn't had in a month.

This isn't the same Seahawks team that made it to the Super Bowl last year.

PREDICTION: Bears 23, Seahawks 17

• Former Bears wide receiver Tom Waddle is the NorthWest News Group's Bears expert.

Photographer takes an icy-cold plunge

NOTE TO READERS

Lake County Journals' Photo Editor Sandy Bressner decided to brave the icy elements of Lake Michigan during the 8th Annual Polar Bear Plunge in Waukegan. Below is an account of her experience.

By SANDY BRESSNER

sbressner@nwnewsgroup.com

From the moment I took my shoes and socks off and my feet came into contact with the cold sand at Waukegan's municipal beach, I was officially freezing.

I lost all feeling in my lower extremities almost immediately.

After watching the first few waves of plungers, it was my turn.

I looked around, and no one else was going in with me. Oh well, I thought,

it's either now or never. So I ditched my camera, with the help of City of Waukegan public relations staff member Kelly Link, and went for it.

It's a lot harder than it looks to run into freezing cold water without any feeling in your legs. It felt more like slow motion.

So I "ran" into the water and got about halfway to the fire department dive team members, who served as the plunge boundary markers.

I turned around, sat in the water up to my chest, to at least make it look like I had plunged, and slowly picked up my heavy legs to get out of the water.

The cold water stole my breath.

As is common when I am in the water, I was colder once I got out.

I quickly towed off, getting sand

everywhere, and put on two pairs of pants, my sweater, jacket and scarf and went back to work taking pictures as other plungers hit the water for their second, third, fourth, and even fifth times.

I'm not really sure what made me open my big mouth and volunteer to participate in this year's Polar Bear Plunge in Waukegan.

I had been contemplating it for the last few years, so I thought I better stop talking about it and just do it.

As a photographer, I much prefer watching from the sidelines and being a fly on the wall to document what others are doing.

But for some reason, the Polar Bear Plunge was an exception. Now I can check that off my life list.

What better way to start the year

than by jumping into refreshing 34-degree water?

After years of early morning swim team practices and now, as an adult, new challenges of open water swimming, I can almost say that I'm used to the cold water.

It was my frozen feet that I wasn't used to.

Two hours post-plunge, I was just getting feeling back into my feet and legs and the goose bumps stuck around until the first of my two hot showers that night.

I was cold to the core and my muscles were stiff just from shivering. I'm glad I did it, but I'm not so sure I'll do it again.

I have to admit that I didn't put my head in the water.

Now that would be crazy.



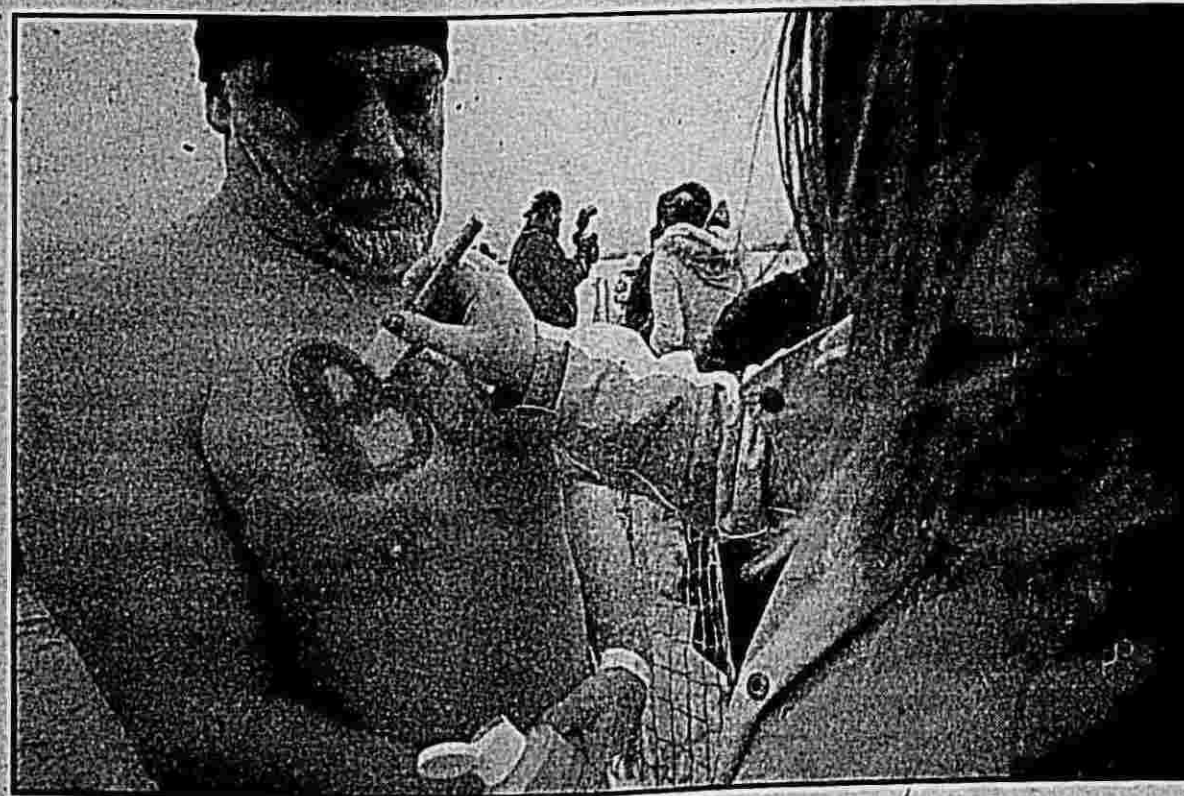
Lynn Barthel, of Libertyville, participates in his fifth Polar Bear Plunge into Lake Michigan at Waukegan's municipal beach on Monday, Jan. 1.



Photos by
Sandy
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Waukegan City Clerk Wayne Motley, who is also treasurer of the Waukegan Park District Board of Commissioners, and Bill Durkin, vice president of the board of commissioners, show off their baby costumes before participating in Waukegan's annual Polar Bear Plunge into Lake Michigan.



Mickey Peterson, of Round Lake, shows his support for the Chicago Bears, as his daughter, Sarah Pfleeger, paints his chest. Peterson hit the water for the annual Polar Bear Plunge into Lake Michigan at Waukegan's municipal beach.

David Hay, of Round Lake, and John Sota, of Zion, exit the water during the annual Polar Bear Plunge into Lake Michigan at Waukegan's municipal beach Monday, Jan. 1. Proceeds from the event will benefit Special Recreation Services of Northern Lake County, which offers recreation and various team and individual sports for special-needs athletes.

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